



HSS Rehabilitation National Network Orthopedic PT Residency Program

Site Medical Conditions Chart

(adapted from ABPTRFE)

Please complete the chart beginning on the next page by filling in all medical conditions seen by your PT staff over the past 12 months. You will complete 1 chart for the entire clinic.

The patient's medical condition is only counted during the first patient encounter. Patient encounters beyond the initial visit should not be included in the frequency count. ***Every patient is only counted once.***

- The below medical condition chart is adapted from the ABPTRFE and is used to ensure the resident will receive adequate exposure to all body-regions.
- The medical conditions do not specify between operative and non-operative diagnoses. Use your clinical judgement regarding which category is most appropriate for each patient.
- Only use the "Other" categories for each body-region sparingly and only if it cannot be assigned to any other listed medical condition within that body-region.
- For those conditions not included in the chart that also are unable to be assigned to a specific body-region, utilize the last "General Other" section. For entries in the "General Other" section, please list each diagnosis as well as the # of patients seen for that specific diagnosis.
- Please see the addendum for an example of how the site medical condition should be completed.

Name of Clinic: _____

Timeframe of Recorded Diagnoses (Beginning Month – End Month): _____

Medical Condition	# of Patients Evaluated, Treated, or Managed
Nervous System	
Carpal Tunnel Syndrome	
Cervical Radiculopathy	
Cubital Tunnel Syndrome	
Lumbar Radiculopathy	
Thoracic Outlet Syndrome	
Chronic Pain	
Chronic Pain Syndromes (i.e. RA, Fibromyalgia)	
Ankle/Foot	
Ankle/Foot Fracture	
Ankle/Foot Ligamentous Injuries	
Ankle/Foot Tendinopathies	
Hallux Valgus	
Plantar Fasciitis	
Other Disorders of the Lower Leg, Ankle, Foot	
Elbow/Forearm	
Elbow/Forearm Fracture	
Elbow Instability (i.e., subluxation/dislocation, ligamentous)	
Elbow Tendinopathies	
Other Disorders of the Elbow and Forearm	
Wrist, Hand, Finger	
Wrist, Hand, Finger Fracture	
Wrist, Hand, Finger Instability (i.e., subluxation/dislocation, ligamentous)	
Wrist, Hand, Finger Tendinopathies	
Other Disorders of the Wrist and/or Hand	
Cervical Spine	
Cervical Disc Pathologies (i.e., DDD, protrusion, herniation)	
Cervical Instability	
Cervical Sprain/Strain	
Cervicogenic Headache	
Other Disorders of Cervical Spine	
Temporomandibular Joint	
Temporomandibular Dysfunction	

Medical Condition	# of Patients Evaluated, Treated, or Managed
Hip	
Femoroacetabular Impingement	
Hip Fracture	
Hip Osteoarthritis	
Hip Tendinopathies	
Trochanteric Bursitis	
Other Disorders of the Hip and Thigh	
Knee	
Knee Fracture	
Knee Ligamentous Injuries	
Knee Osteoarthritis	
Knee Tendinopathies	
Meniscal Pathology	
Patellofemoral Dysfunction	
Other Disorders of the Knee	
Lumbar Spine	
Lumbar Disc Pathologies (i.e., DDD, protrusion, herniation)	
Lumbar Instability	
Lumbar Spondylosis/Spondylolisthesis	
Lumbar Strain	
Other Disorders of the Lumbar Spine	
Sacroiliac/Pelvic Girdle	
Piriformis Syndrome	
Sacroiliac Dysfunction	
Other Disorders of the Pelvic Girdle	
Shoulder	
Rotator Cuff Pathology	
Shoulder Adhesive Capsulitis	
Shoulder Labral Pathology	
Shoulder Complex/Arm Fracture	
Shoulder Instability (i.e., subluxation/dislocation, ligamentous)	
Shoulder Osteoarthritis	
Other Disorders of the Shoulder Complex	
Thoracic Spine/Ribs	
Rib Dysfunction	
Thoracic Sprain/Strain	
Other Disorders of the Thoracic Spine	

Medical Condition	# of Patients Evaluated, Treated, or Managed
General Other	

ADDENDUM: SITE MEDICAL CONDITIONS CHART EXAMPLEName of Clinic: **HSS Example PT Clinic**Timeframe of Recorded Diagnoses (Beginning Month – End Month): **June 2022-May 2023**

Medical Condition	# of Patients Evaluated, Treated, or Managed
Nervous System	
Carpal Tunnel Syndrome	1
Cervical Radiculopathy	34
Cubital Tunnel Syndrome	2
Lumbar Radiculopathy	85
Thoracic Outlet Syndrome	4
Chronic Pain	
Chronic Pain Syndromes (i.e. RA, Fibromyalgia)	
Ankle/Foot	
Ankle/Foot Fracture	37
Ankle/Foot Ligamentous Injuries	28
Ankle/Foot Tendinopathies	66
Hallux Valgus	8
Plantar Fasciitis	8
Other Disorders of the Lower Leg, Ankle, Foot	88
Elbow/Forearm	
Elbow/Forearm Fracture	4
Elbow Instability (i.e., subluxation/dislocation, ligamentous)	2
Elbow Tendinopathies	17
Other Disorders of the Elbow and Forearm	5
Wrist, Hand, Finger	
Wrist, Hand, Finger Fracture	8
Wrist, Hand, Finger Instability (i.e., subluxation/dislocation, ligamentous)	0
Wrist, Hand, Finger Tendinopathies	4
Other Disorders of the Wrist and/or Hand	19
Cervical Spine	
Cervical Disc Pathologies (i.e., DDD, protrusion, herniation)	33
Cervical Instability	0
Cervical Sprain/Strain	18
Cervicogenic Headache	2
Other Disorders of Cervical Spine	37
Temporomandibular Joint	
Temporomandibular Dysfunction	2

Medical Condition	# of Patients Evaluated, Treated, or Managed
Hip	
Femoroacetabular Impingement	32
Hip Fracture	12
Hip Osteoarthritis	246
Hip Tendinopathies	47
Trochanteric Bursitis	19
Other Disorders of the Hip and Thigh	69
Knee	
Knee Fracture	11
Knee Ligamentous Injuries	84
Knee Osteoarthritis	353
Knee Tendinopathies	22
Meniscal Pathology	62
Patellofemoral Dysfunction	68
Other Disorders of the Knee	91
Lumbar Spine	
Lumbar Disc Pathologies (i.e., DDD, protrusion, herniation)	79
Lumbar Instability	3
Lumbar Spondylosis/Spondylolisthesis	85
Lumbar Strain	8
Other Disorders of the Lumbar Spine	84
Sacroiliac/Pelvic Girdle	
Piriformis Syndrome	1
Sacroiliac Dysfunction	3
Other Disorders of the Pelvic Girdle	0
Shoulder	
Rotator Cuff Pathology	136
Shoulder Adhesive Capsulitis	29
Shoulder Labral Pathology	13
Shoulder Complex/Arm Fracture	15
Shoulder Instability (i.e., subluxation/dislocation, ligamentous)	23
Shoulder Osteoarthritis	44
Other Disorders of the Shoulder Complex	48
Thoracic Spine/Ribs	
Rib Dysfunction	2
Thoracic Sprain/Strain	7
Other Disorders of the Thoracic Spine	21

Medical Condition	# of Patients Evaluated, Treated, or Managed
General Other	
Gait/Balance	7
Concussion	5
Cerebral Palsy	1
Developmental Delay	3