

INITIAL VISIT
PEDIATRIC QUESTIONNAIRE
Brett Toresdahl, MD

Name: _____ Age: _____ Today's Date: _____

Were you referred to Dr. Toresdahl by another healthcare provider? Yes No

If yes, who referred you? _____

Would you like the referring provider to be sent notes from today's visit? Yes No

Current Problem: _____

Which side is affected? Right Left Both

When did the injury occur or symptoms begin? _____

How did the injury occur or symptoms begin? _____

What is the status of your symptoms, e.g., stable, improving, worsening? _____

When are your symptoms most severe, e.g., morning, evening, at night? _____

What makes your symptoms better? _____

What makes your symptoms worse? _____

Rate your pain on a scale of 0-10 (0 = no pain, 10 = extreme pain):

Right now: _____ At best: _____ At worst: _____

What is the quality of your pain, e.g., sharp, dull, burning? _____

Is the pain constant or intermittent? _____

What other symptoms do you have, e.g., stiffness, weakness, popping, swelling, numbness, tingling? _____

Have you seen another physician for your injury/symptoms? Yes No

If yes, please describe: _____

Have you experienced anything similar to this in the past? Yes No

If yes, please describe: _____

Have you had any of the following tests or treatments for this problem?

<i>Tests</i>	<i>Date(s) of your tests</i>	<i>Treatments</i>	<i>Describe the treatment – did it help?</i>
<input type="checkbox"/> X-ray	_____	<input type="checkbox"/> Medications	_____
<input type="checkbox"/> MRI	_____	<input type="checkbox"/> Injections	_____
<input type="checkbox"/> CT scan	_____	<input type="checkbox"/> Surgery	_____
<input type="checkbox"/> Bone scan	_____	<input type="checkbox"/> Physical therapy	_____
<input type="checkbox"/> Ultrasound	_____	<input type="checkbox"/> Bracing	_____
<input type="checkbox"/> Other	_____	<input type="checkbox"/> Other	_____

Medical History

Please list your medical problems, e.g., asthma, allergies, high blood pressure, depression, ADHD, etc.: _____

Surgical History

Have you ever had surgery? Yes No

If yes, please describe: _____

Family History

Please list the medical problems of your immediate family, e.g., arthritis, bleeding problems, cancer, diabetes, heart disease, high blood pressure, neurologic problem, osteoporosis, etc.:

Mother: _____

Father: _____

Sibling(s): _____ Not applicable

Social History

School: _____ Grade: _____ Number of siblings: _____

Sports/extracurricular activities: _____

Before your current injury/symptoms, please describe your typical physical activity: _____

Are there any upcoming events that may affect your treatment plan, e.g., race, competition, travel? _____

Medications

Please list your current medications, both prescription and over-the-counter: _____

Please list any supplements that you take regularly: _____

Allergies

What medications are you allergic to? _____

Are you allergic to contrast dyes? Yes No Are you allergic or sensitive to latex? Yes No

Review of Systems

Please check any symptom below that you are currently experiencing or have experienced in the past few weeks:

Abdominal pain	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Headache	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Anxiety	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Heartburn	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Balance problem	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Hot flashes	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Blood clot	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Irregular heartbeat	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Chest pain	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Joint pain	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Cough	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Joint stiffness	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Depression	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Rash	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Easy bruising	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Shortness of breath	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Excessive thirst	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Skin infection	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Fever/chills	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Weight loss	<input type="checkbox"/> Yes	<input type="checkbox"/> No

What goals do you have for today's visit? _____

Patient Signature: _____

Date: _____

Physician Signature: _____

Date: _____