

FOLLOW-UP VISIT

SAME PROBLEM

Brett Toresdahl, MD

Name: _____ Age: _____ Today's Date: _____

Current Problem: _____

Which side is affected? Right Left Both

How have your symptoms changed since your last visit? _____

What have you done to treat your pain since your last visit? _____

What is the status of your symptoms, e.g., stable, improving, worsening? _____

When are your symptoms most severe, e.g., morning, evening, at night? _____

What makes your symptoms better? _____

What makes your symptoms worse? _____

Rate your pain on a scale of 0-10 (0 = none, 10 = extreme):

Right now: _____ At best: _____ At worst: _____

What is the quality of your pain, e.g., sharp, dull, burning? _____

Is the pain constant or intermittent? _____

What other symptoms do you have, e.g., stiffness, weakness, popping, swelling, numbness, tingling? _____

Medical History

Has there been any change in your health, e.g., new diagnoses, recent/upcoming surgeries? _____

Females only – Do you think you might be pregnant at this time? Yes No

Social History

Has there been any change in your life, e.g., major events, new job, recent/upcoming travel, etc.? _____

Females only – Do you think you might be pregnant at this time? Yes No

Review of Systems

Please check any symptom below that you are currently experiencing or have experienced in the past few weeks:

Abdominal pain	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Fever/chills	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Anxiety/depression	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Heartburn	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Balance problem	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Rash	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Chest pain	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Skin infection	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Easy bruising	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Weight loss	<input type="checkbox"/> Yes	<input type="checkbox"/> No

What goals do you have for today's visit? _____

Would you like today's note to be sent to another physician? Yes No

Name: _____ Clinic/Organization: _____

Clinic Address: _____

Clinic Phone: _____ Clinic Fax: _____

Patient Signature: _____ **Date:** _____

Physician Signature: _____ **Date:** _____