

FOLLOW-UP VISIT

NEW PROBLEM

Brett Toresdahl, MD

Name: _____ Age: _____ Today's Date: _____

Current Problem: _____

Which side is affected? Right Left Both

When did the injury occur or symptoms begin? _____

How did the injury occur or symptoms begin? _____

What is the status of your symptoms, e.g., stable, improving, worsening? _____

When are your symptoms most severe, e.g., morning, evening, at night? _____

What makes your symptoms better? _____

What makes your symptoms worse? _____

Rate your pain on a scale of 0-10 (0 = no pain, 10 = extreme pain):

Right now: _____ At best: _____ At worst: _____

What is the quality of your pain, e.g., sharp, dull, burning? _____

Is the pain constant or intermittent? _____

What other symptoms do you have, e.g., stiffness, weakness, popping, swelling, numbness, tingling? _____

Have you seen another physician for your injury/symptoms? Yes No

If yes, please describe: _____

Have you experienced anything similar to this in the past? Yes No

If yes, please describe: _____

Have you had any of the following tests or treatments for this problem?

<i>Tests</i>	<i>Date(s) of your tests</i>	<i>Treatments</i>	<i>Describe the treatment – did it help?</i>
<input type="checkbox"/> X-ray	_____	<input type="checkbox"/> Medications	_____
<input type="checkbox"/> MRI	_____	<input type="checkbox"/> Injections	_____
<input type="checkbox"/> CT scan	_____	<input type="checkbox"/> Surgery	_____
<input type="checkbox"/> Bone scan	_____	<input type="checkbox"/> Physical therapy	_____
<input type="checkbox"/> Ultrasound	_____	<input type="checkbox"/> Bracing	_____
<input type="checkbox"/> Other	_____	<input type="checkbox"/> Other	_____

Medical History

Has there been any change in your health, e.g., new diagnoses, recent/upcoming surgeries? _____

Females only – Do you think you might be pregnant at this time? Yes No

Social History

Has there been any change in your life, e.g., major events, new job, recent/upcoming travel, etc.? _____

Review of Systems

Please check any symptom below that you are currently experiencing or have experienced in the past few weeks:

- | | | | | | |
|--------------------|------------------------------|-----------------------------|----------------|------------------------------|-----------------------------|
| Abdominal pain | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Fever/chills | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Anxiety/depression | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Heartburn | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Balance problem | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Rash | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Chest pain | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Skin infection | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Easy bruising | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Weight loss | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

What goals do you have for today's visit? _____

Patient Signature: _____

Date: _____

Physician Signature: _____

Date: _____