

# New Patient Questionnaire – HIP

## Adult Reconstruction & Joint Replacement

|         |         |      |       |
|---------|---------|------|-------|
| Name:   |         | DOB: | Date: |
| Height: | Weight: |      | Age:  |

### Chief Complaint

|                   |      |       |      |
|-------------------|------|-------|------|
| <b>Laterality</b> | Left | Right | Both |
|-------------------|------|-------|------|

Please describe your symptoms: (Mark all that apply)

|                  |                |           |             |
|------------------|----------------|-----------|-------------|
| Throbbing pain   | Radiating pain | Dull pain | Sharp pain  |
| Catching/Locking | Swelling       | Stiffness | Instability |
| Other:           |                |           |             |

Where is the pain located in your hip? (Mark all that apply)

|       |       |         |          |        |
|-------|-------|---------|----------|--------|
| Groin | Thigh | Outside | Buttocks | Other: |
|-------|-------|---------|----------|--------|

### Current Pain Level (no pain 0 – 10 highest)

While Walking

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|----|

While negotiating stairs

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|----|

At rest (sitting, lying down, sleeping)

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|----|

When did this condition start? \_\_\_\_\_

How did start? \_\_\_\_\_

What makes the pain better? \_\_\_\_\_

What makes the pain worse? \_\_\_\_\_

| Have you EVER tried any prior conservative treatment?         | Yes | No | How long? | Did it help? |
|---|-----|----|-----------|--------------|
| Acupuncture or holistic remedies                              |     |    |           |              |
| Arthroscopic surgery  |     |    |           |              |
| Brace / Cane / Crutches / Walker                              |     |    |           |              |
| Cortisone injections  |     |    |           |              |
| Dietary supplements   |     |    |           |              |
| Viscosupplementation (Gel injections)                         |     |    |           |              |
| NSAIDS (eg: Ibuprofen, Aspirin, Naproxen, Celebrex, Voltaren) |     |    |           |              |
| Narcotics   |     |    |           |              |
| Physical therapy  |     |    |           |              |
| Weight loss   |     |    |           |              |
| Exercise program  |     |    |           |              |
| Activity modification / Lifestyle change                      |     |    |           |              |

## Functional Assessment

Do you have a limp?

|    |        |          |        |
|----|--------|----------|--------|
| No | Slight | Moderate | Severe |
|----|--------|----------|--------|

What type of support do you use for walking?

|      |                   |                  |            |        |
|------|-------------------|------------------|------------|--------|
| None | Cane (long walks) | Cane (full time) | Crutch(es) | Walker |
|------|-------------------|------------------|------------|--------|

What distance are you able to walk?

|           |          |            |           |              |
|-----------|----------|------------|-----------|--------------|
| Unlimited | 6 blocks | 2-3 blocks | < 1 block | Bed to chair |
|-----------|----------|------------|-----------|--------------|

How do you climb stairs?

|          |               |                             |        |
|----------|---------------|-----------------------------|--------|
| Normally | With banister | With assistance of a person | Unable |
|----------|---------------|-----------------------------|--------|

To what extent are you able to put on shoes and socks?

|      |           |        |
|------|-----------|--------|
| Easy | Difficult | Unable |
|------|-----------|--------|

Describe the extent to which you are able to sit:

|                   |                        |        |
|-------------------|------------------------|--------|
| Any chair, 1 hour | High chair, 30 minutes | Unable |
|-------------------|------------------------|--------|

Are you able to use public transportation?

|     |    |
|-----|----|
| Yes | No |
|-----|----|

Do you find this situation to be:

|            |              |
|------------|--------------|
| Acceptable | Unacceptable |
|------------|--------------|

## HOOS, JR. Hip Survey

**Instructions:** This survey asks for you view about your hip. This information will help us keep track of how you feel about your hip and how well you are able to do your usual activities.

Answer every question by ticking the appropriate box, only one box for each question. If you are unsure about how to answer a question, please give the best answer you can.

**Which Hip:**

|      |       |      |
|------|-------|------|
| Left | Right | Both |
|------|-------|------|

**Pain:** What amount of hip pain have you experienced the last week during the following activities?

1. Going up or down stairs:

|      |      |          |        |         |
|------|------|----------|--------|---------|
| None | Mild | Moderate | Severe | Extreme |
|------|------|----------|--------|---------|

2. Walking on an uneven surface:

|      |      |          |        |         |
|------|------|----------|--------|---------|
| None | Mild | Moderate | Severe | Extreme |
|------|------|----------|--------|---------|

**Function, daily living:** The following questions concern your physical function. By this we mean your ability to move around and to look after yourself. For each of the following activities, please indicate the degree of difficulty you have experience in the last week due to your hip.

3. Rising from sitting:

|      |      |          |        |         |
|------|------|----------|--------|---------|
| None | Mild | Moderate | Severe | Extreme |
|------|------|----------|--------|---------|

4. Bending to floor/pick up an object:

|      |      |          |        |         |
|------|------|----------|--------|---------|
| None | Mild | Moderate | Severe | Extreme |
|------|------|----------|--------|---------|

5. Lying in bed (turning over, maintaining hip position):

|      |      |          |        |         |
|------|------|----------|--------|---------|
| None | Mild | Moderate | Severe | Extreme |
|------|------|----------|--------|---------|

6. Sitting:

|      |      |          |        |         |
|------|------|----------|--------|---------|
| None | Mild | Moderate | Severe | Extreme |
|------|------|----------|--------|---------|

**Medications:** Please list the medications that you CURRENTLY take

| Medication | Route (oral, injection, etc.) | Dose | Frequency |
|------------|-------------------------------|------|-----------|
| 1.         |                               |      |           |
| 2.         |                               |      |           |
| 3.         |                               |      |           |
| 4.         |                               |      |           |
| 5.         |                               |      |           |
| 6.         |                               |      |           |
| 7.         |                               |      |           |
| 8.         |                               |      |           |

**Allergies:** Please include any known allergies

| Allergy | Reaction |
|---------|----------|
| 1.      |          |
| 2.      |          |
| 3.      |          |
| 4.      |          |
| 5.      |          |

Are you allergic to iodine? Yes No

Are you allergic to latex? Yes No

Are you to metal, jewelry, or nickel? Yes No

**Medical History**

| Please select any past or current medical conditions below: |                     |                             |                      |
|---|---------------------|-----------------------------|----------------------|
| Anxiety   | Depression          | Kidney disorder             | Pulmonary embolus    |
| Arrhythmia (Irregular heartbeat)                            | Diabetes            | Low acting thyroid          | Reflux               |
| Asthma  | Heart attack        | Open wounds/Ulcers          | Rheumatoid arthritis |
| Bleeding problems   | Heart failure (CHF) | Osteoarthritis              | Seizures             |
| Blood clots (DVT-PE)  | High blood pressure | Osteoporosis                | Stomach ulcers       |
| Cancer  | High cholesterol    | Peripheral vascular disease | Stroke               |
| Coronary artery disease                                     | Infection           | Pneumonia                   | Other:               |

**Surgical and Hospitalization History**

| Previous operation/Hospitalization | Occurrence date (approx.) |
|------------------------------------|---------------------------|
| 1.                                 |                           |
| 2.                                 |                           |
| 3.                                 |                           |
| 4.                                 |                           |
| 5.                                 |                           |

Have you ever had a problem with anesthesia? Yes No Problem: \_\_\_\_\_

Have you ever had complications from prior surgery? Yes No Problem: \_\_\_\_\_

**Family History**

What medical problems run in your direct family?

| Family member | Problem | Alive/Deceased |
|---------------|---------|----------------|
| Father        |         |                |
| Mother        |         |                |
| Brother       |         |                |
| Sister        |         |                |
| Grandfather   |         |                |
| Grandmother   |         |                |

**Social History**

Are you a tobacco user? Yes No

If yes, what? \_\_\_\_\_ How much? \_\_\_\_\_

Do you consume alcohol? Yes No

If yes, what kind? \_\_\_\_\_ Drinks per week? \_\_\_\_\_

Recreational drug use? Yes No

If yes, what drug? \_\_\_\_\_ How much and how often? \_\_\_\_\_

List any recreational activities / sports that you enjoy: \_\_\_\_\_

What do you do for a living? \_\_\_\_\_

With whom do you live? \_\_\_\_\_

**Screening Questions (Coordination of Care)**

Are you currently on any blood thinners? Yes No

Have you ever had a MRSA Infection? Yes No

Do you have any of the following medical devices? (Mark all that apply)

| Pain Pump | Neurostimulator | Pacemaker and/or Defibrillator | Shunt for hydrocephalus |
|-----------|-----------------|--------------------------------|-------------------------|
|-----------|-----------------|--------------------------------|-------------------------|

Do you have diabetes? Yes No

If yes, do you have an insulin pump? Yes No

Have you been taking opioids for 6 months or more (e.g. codeine, percocet, morphine, Vicodin, etc.)? Yes No

**Immunizations and Falls Screening**

Have you received the pneumonia vaccine? Yes No

If yes, date? \_\_\_\_\_ If not, why? \_\_\_\_\_

In the past year, did you received the Influenza (flu) vaccine between October 1st and March 31st? Yes No  
If yes, date? \_\_\_\_\_

Have you fallen 2 or more times within the past year, or fallen with injury in the past year? Yes No

If yes, do you have vision problems that may have contributed to your fall? Yes No

## **Review of Systems**

Are you currently having, or have you had any of these problems in the past year? (Select all that apply):

| <b>Constitutional</b> | <b>Hematologic</b>     | <b>Respiratory</b>   | <b>Skin</b>  |
|-----------------------|------------------------|----------------------|--------------|
| Chills                | Easy bruising/bleeding | Increased sputum     | Sores/ulcers |
| Fever                 | Blood clots in legs    | Cough                | Itching      |
| Sleep difficulty      | Blood clots in lungs   | Difficulty breathing | Dryness      |
| Fatigue               |                        | Wheezing             | Hives        |
| Night sweats          |                        | Excessive snoring    | Rash         |
| Weight Change         |                        |                      | Mole changes |
| None                  | None                   | None                 | None         |

| <b>ENT</b>    | <b>Cardiovascular</b> | <b>Endocrine</b> | <b>Musculoskeletal</b> |
|---------------|-----------------------|------------------|------------------------|
| Double vision | Chest pain            | Cold intolerance | Joint pain             |
| Headaches     | Leg swelling          | Heat intolerance | Arthritis              |
| Hearing loss  | Palpitations          | Excessive thirst | Muscle pain            |
| Cataracts     | Poor circulation      | Excessive hunger | Joint swelling         |
| Glaucoma      | Cold hands            |                  | Muscle cramps          |
| Dry eyes      | Cold feet             |                  | Muscle weakness        |
| Sinus problem |                       |                  | Joint stiffness        |
| None          | None                  | None             | None                   |

| <b>Gastrointestinal</b> | <b>Genitourinary</b> | <b>Neurological</b> | <b>Psychiatric</b> |
|-------------------------|----------------------|---------------------|--------------------|
| Abdominal pain          | Bladder incontinence | Seizures            | Depression         |
| Trouble swallowing      | Blood in urine       | Dizziness           | Anxiety            |
| Heartburn               | Urinary difficulty   | Weakness            | Mood swings        |
| Nausea                  | Painful urination    | Loss of balance     | Memory problems    |
| Vomiting                | Urinary retention    | Numbness            | Nervousness        |
| Constipation            | Urinary urgency      | Paralysis           | Insomnia           |
| None                    | None                 | None                | None               |

| <b>Eyes</b>   | <b>Environmental Allergies</b> | <b>Mouth</b>   |
|---------------|--------------------------------|----------------|
| Dryness       | Pollen                         | Bad breath     |
| Discharge     | Dust Mites                     | Bleeding gums  |
| Double Vision | Pets/Animals                   | Sores – ulcers |
| Pain          | Mold/Mildew                    | Dental problem |
| Redness       | Metal                          | Loss of taste  |
| None          | None                           | None           |

## VR-12 Health Survey

**Instructions:** This questionnaire asks for your views about your health. Answer every question by marking the answer as indicated. If you are unsure how to answer a question, please give the best answer you can.

1. In general, would you say your health is:

|           |           |      |      |      |
|-----------|-----------|------|------|------|
| Excellent | Very Good | Good | Fair | Poor |
|-----------|-----------|------|------|------|

2. Does your health now limit:

- a. Moderate activities such as moving a table, pushing a vacuum, bowling or playing golf?

|                    |                       |                        |
|--------------------|-----------------------|------------------------|
| Yes, limited a lot | Yes, limited a little | No, not limited at all |
|--------------------|-----------------------|------------------------|

- b. Climbing several flights of stairs?

|                    |                       |                        |
|--------------------|-----------------------|------------------------|
| Yes, limited a lot | Yes, limited a little | No, not limited at all |
|--------------------|-----------------------|------------------------|

3. During the past 4 weeks, has your physical health resulted in:

- a. Accomplishing less than you would like?

|                  |                      |                  |                  |                 |
|------------------|----------------------|------------------|------------------|-----------------|
| None of the time | A little of the time | Some of the time | Most of the time | All of the time |
|------------------|----------------------|------------------|------------------|-----------------|

- b. Being limited in the **kind** of work or other activities you have attempted?

|                  |                      |                  |                  |                 |
|------------------|----------------------|------------------|------------------|-----------------|
| None of the time | A little of the time | Some of the time | Most of the time | All of the time |
|------------------|----------------------|------------------|------------------|-----------------|

4. During the past 4 weeks, as a result of any emotional problems (such as feeling depressed or anxious):

- a. Have you **accomplished less** than you would like?

|                  |                      |                  |                  |                 |
|------------------|----------------------|------------------|------------------|-----------------|
| None of the time | A little of the time | Some of the time | Most of the time | All of the time |
|------------------|----------------------|------------------|------------------|-----------------|

- b. Have you not completed work or other activities as **carefully** as usual?

|                  |                      |                  |                  |                 |
|------------------|----------------------|------------------|------------------|-----------------|
| None of the time | A little of the time | Some of the time | Most of the time | All of the time |
|------------------|----------------------|------------------|------------------|-----------------|

5. During the past 4 weeks, how much did **pain** interfere with your normal work (including both work outside the home and house work)?

|            |              |            |             |           |
|------------|--------------|------------|-------------|-----------|
| Not at all | A little bit | Moderately | Quite a bit | Extremely |
|------------|--------------|------------|-------------|-----------|

6. During the past 4 weeks, have you felt calm and peaceful?

|                 |                  |                      |                  |                    |                  |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|
| All of the time | Most of the time | Good bit of the time | Some of the time | Little of the time | None of the time |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|

7. During the past 4 weeks, did you have a lot of energy?

|                 |                  |                      |                  |                    |                  |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|
| All of the time | Most of the time | Good bit of the time | Some of the time | Little of the time | None of the time |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|

8. During the past 4 weeks, have you felt downhearted and blue?

|                 |                  |                      |                  |                    |                  |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|
| All of the time | Most of the time | Good bit of the time | Some of the time | Little of the time | None of the time |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|

9. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (such as visiting friends, relatives, etc...)?

|                  |                      |                  |                  |                 |
|------------------|----------------------|------------------|------------------|-----------------|
| None of the time | A little of the time | Some of the time | Most of the time | All of the time |
|------------------|----------------------|------------------|------------------|-----------------|

10. Compared to 1 year ago, how would you rate your **physical health** in general now?

|             |                 |                |                |            |
|-------------|-----------------|----------------|----------------|------------|
| Much better | Slightly better | About the same | Slightly worse | Much worse |
|-------------|-----------------|----------------|----------------|------------|

11. Compared to 1 year ago, how would you rate your **emotional problems now** (such as feeling anxious, depressed or irritable)?

|             |                 |                |                |            |
|-------------|-----------------|----------------|----------------|------------|
| Much better | Slightly better | About the same | Slightly worse | Much worse |
|-------------|-----------------|----------------|----------------|------------|

## ACTIVITY SURVEY (LEAS)

Please read through each description given below, pick only **ONE** description that best describes your regular daily activities and put a check in that box.

|   |
|---|
| <b>CHECK ONLY <u>ONE</u> (1) BOX ON THIS PAGE</b> |
|---|

- a. I am confined to bed all day.
- b. I am confined to bed most of the day except for minimal transfer activities (going to the bathroom, etc)
- c. I am either in bed or sitting in a chair most of the day.
- d. I sit most of the day, except for minimal transfer activities, no walking or standing.
- e. I sit most of the day, but I stand occasionally and walk a minimal amount in my house.  
(I may rarely leave the house for an appointment and may require the use of a wheelchair or scooter for transportation.)
- f. I walk around my house to a moderate degree but I don't leave the house on a regular basis. I may leave the house occasionally for an appointment.
- g. I walk around my house and go outside at will, walking one or two blocks at a time.
- h. I walk around my house, go outside at will and walk several blocks at a time without any assistance (weather permitting).
- i. I am up and about at will in my house and can go out and walk as much as I would like with no restrictions (weather permitting).
- j. I am up and about at will in my house and outside. I also work outside the house in a:
  - minimally
  - moderately
  - extremely active job
- k. I am up and about at will in my house and outside. I also participate in relaxed physical activity such as jogging, dancing, cycling, swimming:
  - occasionally (2-3 times per month)
  - 2-3 times per week
  - daily
- l. I am up and about at will in my house and outside. I also participate in vigorous physical activity such as competitive level sports
  - occasionally (2-3 times per month)
  - 2-3 times per week
  - daily