

## A Blessing for Our HSS Caregivers

Almighty Lord, send our HSS caregivers to be messengers to bring Your divine help to those in need.

May their hands bring healing. May their voices sow peace. May their presence bring you comfort.

Bless them that they may flourish and confirm them in their commitment to serve those in need.

Strengthen their skills, sharpen their minds, and bless their hands to be instruments of Your healing. Amen.

## Prayer for My Doctor

Thank you, O Lord, for my doctor.

Give her/him insight that she/he may be compassionate and understanding. Steady her/his hand and guide her/him by your strong hand. Look over her/his shoulder, O Lord and endow her/him with power to heal. Amen.

## Think of Others

Keep your heart  
free from hate,  
your mind free from worry.

Live simply, expect little,  
give much.

Fill your life with love.  
Scatter sunshine, forget self.  
Think of others, and  
Do as you would be done by.

## FROM YOUR CHAPLAINS

We hope your stay at Hospital for Special Surgery will help make you healthy in body, mind, and spirit. To arrange to see a Chaplain ask your nurse to contact us using PerfectServe or call extension 6630.

## IN THE CHAPEL

Come visit our Chapel on the First Floor 1W-021. The chapel is available 24 hours a day for prayer and reflection for people of all faiths.

Programs for patients, family and staff are televised to patient rooms on Channel 92 or 92.1.

- Catholic Mass: Sundays at 9:00 AM and holydays
- Prayerful Reflections: Wednesdays at 11:00 AM
- Shabbat Reflections: Friday at 11:00 AM
- Muslim Prayer: individually according to prayer-time schedule

## CONTACT US

The chaplains of this hospital are at your service. To arrange to see one of us, call 646. 714.6630.

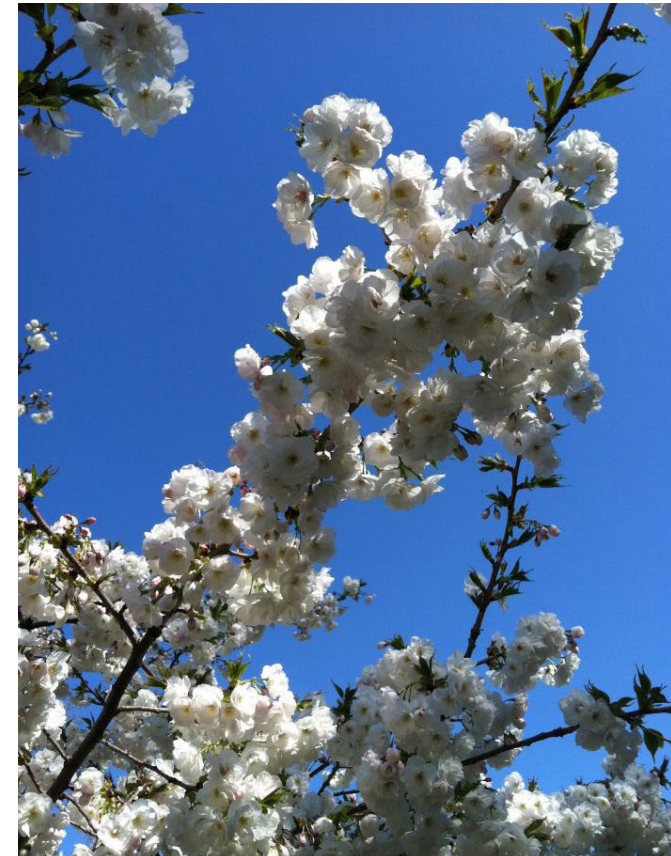
To page the on-call Chaplain, please call the page operator at 212.606.1188.

## DAILY MASS

7:00 am and 5:15 pm at  
**St Catherine of Siena Church**  
**68<sup>th</sup> Street between York and**  
**First Ave.**



# Spiritual Care



Spiritual Care Department  
Hospital for Special Surgery  
9th Floor, 9W-105  
TEL: 212.606.1757

## The Serenity Prayer

God grant me the serenity  
to accept the things I cannot change,  
Courage to change the things I can,  
and the Wisdom to know the difference.

## Prayer When Worried

Dear Lord, I'm worried and full of fear. Anxiety and apprehension fill my mind. Could it be that my love for You is weak and imperfect and as a result I am plagued by worry?

I have tried to reassure myself that there is nothing to worry about. But such reassurances do not seem to help. I know that I should just rest myself confidently upon Your loving care and guidance. But I have been too nervous even to rest.

Touch me, dear Lord, with Your peace and help my disturbed mind to know that You are God and that I need fear no evil. Amen.

## Prayer for Self When Ill

Dear Lord, you who are the great physician, I turn to You in my sickness asking You to help me.

Put Your hand upon me as You did long ago and let health and wholeness come into me from You.

I put myself under Your care and affirm my faith that even now Your marvelous healing grace is making me well and strong again.

I know that I ask more than I deserve, but You never measure our benefits on that basis. You just love us back into health. Do that for me, I earnestly ask, and I will try to serve You more faithfully. Amen.

## Before an Operation

Loving God, I entrust myself to Your care this day; guide with wisdom and skill the minds and hands of those who heal in Your name, and grant that every cause of illness being removed, I may be restored to soundness of health and learn to live in more perfect harmony with You and all people. Amen.

## After an Operation

God, I thank You that this operation is safely past, and now I rest in Your abiding presence, relaxing every tension, releasing every care and anxiety, receiving more and more of Your healing life into every part of my being. In moments of pain I turn to You for strength, times of loneliness I feel Your loving nearness, grant then that Your life and love and joy may flow through me for the healing of others. Amen.

## In the Evening

The Lord is my shepherd, I shall not want. . .  
I will fear no evil, for You are with me; Your rod and your staff comfort me.

Into Your hands I commend my body and soul. Amen.

## Morning Prayer in a Hospital

Today, O Lord, I begin a new day in the hospital and I'm just a little afraid and nervous about it.

Help me to realize that this hospital has been built to help me in this time of need.

May I also realize that the doctors and nurses desire to help me get well. May I find in this strange world of sickness much love and perhaps many new insights.

But above all may I hear Your footfalls along the hospital corridors and feel Your presence by my bed day and night.

So I stay in the hospital without fear and in perfect confidence. Amen.

## Prayer for Energy

Dear Lord, I need more energy and strength. I seem drained and tired. I do not possess the vitality to do all that I must do.

I have been told, O Lord, that the wrong kind of thoughts can make one tired. Change my thoughts that they may be in harmony with Your Divine power.

Keep me in close contact with You who are the source of energy, the energy that never runs down. I accept this great new energy now, and give You thanks. Amen.

