68. The Book of Patients

Chapter 1. The saying that sickness is expiation for sins.

1949. Narrated Abu Sa'id Al-Khudri and Abu Huraira: The Prophet said, “No fatigue, no disease, nor sorrow, nor sadness, nor hurt, nor distress befalls a Muslim, even if it were the prick he receives from a thorn, but that Allah expiates some of his sins for that.” [7:545-O.B]

1950. Narrated by Abu Huraira: Allah’s Messenger said, “The example of a believer is that of a fresh tender plant: from whatever direction the wind comes, it bends it but when the wind becomes quiet, it becomes straight again. Similarly, a believer is afflicted with calamities (but he remains patient till Allah removes his difficulties.) And Al-Fajir (an impious wicked evil-does) is like a pine tree which keeps hard and straight till Allah cuts (breaks) it down when he wishes.” [7:547-O.B]

Surah 2.
Al Baqarah (The Cow)
Section 22
177. It is not righteousness
That ye turn your faces
Towards East or West;
But it is righteousness—
To believe in Allah;
And the Last Day;
And the Angels;
And the Book;
And the Messengers:
To spend of your substance, Out of love for Him,
For your kin,
For orphans,
For the needy,
For the wayfarer,
For those who ask,
And for the ransom of slaves;
To be steadfast in prayer,
And practice regular charity;
To fulfill the contracts
Which ye have made;
And to be firm and patient,
In pain (or suffering)
And adversity,
And throughout
All periods of panic.
Such are the people Of truth, the Allah-fearing.

Surah 112.
Al Ikhlas (The Purity of Faith)
In the name of Allah, Most Gracious,
Most Merciful.
1. Say: He is Allah, The One and Only.
2. Allah, the Eternal, Absolute.
3. He begetteth not,
Nor is He begotten.
4. And there is none
Like unto Him.

Surah 113.
Al Nas (Mankind)
In the name of Allah, Most Gracious,
Most Merciful.
1. Say: I seek refuge
With the Lord,
And Cherisher of Mankind.
2. The King (or Ruler)
Of Mankind
3. The God (or Judge)
Of Mankind—
4. From the mischief,
Of the Whisperer,
(Who withdraws
After his whisper)—
5. (The same) who whispers,
Into the hearts of Mankind—
6. Among Jinns
And among Men.