

### **Bikur Cholim Room • Kosher Hospitality Room**

The Bikur Cholim Room (a kitchenette) is located on the 2nd floor in Room 2W-167 (between the mail room and the East elevator). Light kosher food and snacks, a refrigerator, coffee urn, Shabbos warmer, "Shabbos in a box," and seforim (books for sacred study) are available for your use.

### **Sabbath Elevator**

HSS has a Sabbath Elevator located on the East side of the hospital which stops automatically on each floor. The elevator is programmed to go to the top floor and then stop on each floor on the way down and runs continuously from the hours of 4PM on Friday to 8PM on Saturday and all major Jewish holidays.

### **Candles • Sabbath Candles/Shabbos in a Box**

Candles can be obtained by calling the Spiritual Care Department at 212.606.1757 or by going to the **Bikur Cholim Room** located on the 2nd Floor. It is prohibited to light regular candles anywhere on the hospital premises.

**NO EXCEPTIONS.**

### **Prayer/Davening Needs**

Our Chapel, located on the Main Floor near the main entrance, is a quiet room for prayer or meditation with no religious symbols. There are siddurim (prayerbooks) on or in the wooden stand. Please feel welcome to utilize this room for religious needs 24/7.

### **Minyanim**

Mincha minyan between Simchat Torah and Passover Mon.-Thurs., 4 p.m. at Memorial Sloan Kettering Hospital, 68th and York Ave. in the chapel on the Main Floor.

### **Daily minyanim:**

Park East Synagogue (163 East 67th St. between Lexington and Third Ave. For service times, call 212-737-6900 or visit <https://parkeastsynagogue.org/worship-with-us/daily-services/>

B'nai Israel (335 East 77th, between 1st and 2nd Ave.). For service times, call 212-879-1558.

### **Local Housing**

**Belaire Guest Facility** (in the HSS building)  
212.606.1989 (x1989)

### **Helmsley Medical Tower**

1320 York Avenue (between 70th and 71st Sts)  
212.472.8400 • Toll free: (800) HM TOWER

### **Home Hospitality for Shabbos and Yom Tov**

#### **Lenox Hill Bikur Cholim**

131 East 78th St (Park & Lex), Suite 1A  
212.744.4748

#### **Manhattan Friendship House**

434 East 66th St (between York & First Ave)  
212.933.9033

For additional resources contact the Department of Spiritual Care at 212.606.1757.

*Note: Out of consideration for others, please do not "overbook" by reserving more than one hospitality option. This creates difficulties for others who may be seeking a place to stay.*

### **Prayer Suggestions**

#### **Prayer for Healing on Behalf of a Patient**

May the One who was a source of blessing for our ancestors bring blessings of healing upon (insert name here), a healing of body and a healing of spirit. May those in whose care they are entrusted be gifted with wisdom and skill, and those who surround them be gifted with love and trust, openness and support in their care. And may they be healed along with all those who are in need. Blessed are You, Source of Healing.

#### **Personal Prayer**

Hear my prayer, O Lord, heed my plea for mercy. In time of trouble I call You, for You will answer me. When pain and illness are my companions, let there be room in my heart for strength. Where there is darkness, let the light of courage find its place. Help me through the challenges and dissolve the fear. Renew within me the calm spirit of trust and peace.



## **Information for Jewish Patients**



For assistance with spiritual needs or information for patients, families, or staff, please contact our *Department of Spiritual Care* at 212.606.1757.

## **Kosher Food**

Glatt kosher meals are available for patients through arrangements with the Food and Nutrition Department. Fresh entrees are under the kosher supervisions of OU and Tartikov, and frozen entrees are available under Volover supervision. Kosher meals may be requested prior to or after surgery when you meet with the Clinical Staff member.

Kosher guest trays for family and guests may be ordered by contacting a Dietary Assistant or by calling extension 3435 to ask to see a Dietary Assistant for such request. As with all guest trays, there is a charge.

On Shabbat, patients on the kosher meal plan will automatically receive grape juice and two challah rolls with Friday dinner and Saturday lunch.

For Passover, to receive matzah and seder requirements, patients must be on the kosher meal plan.

Extra kosher food may be ordered during your hospital stay by contacting Satmar Bikur Cholim at 718.387.7749 by 10 a.m. six days a week, Sunday-Friday.

## **Kosher Refrigerator**

Please contact your unit clerk, chaplain or nurse to make arrangements.

## **Local Kosher Restaurants**

**Bagels & Company** (dairy); NY Kosher  
1428 York Ave (76th St) tel 212.717.0505

**Saba's Pizza Dairy**; National Kosher Supervision  
1376 Lexington Ave (91st St) tel 212.987.9130

**VeBene** (dairy); OU  
1589 Second Ave (82-83 St) tel 212.517.4448

**Mendy's Deli** (meat); OU  
875 Third Ave (52-53 St) tel 212.308.0101

**Nargila Grill** (meat); OK  
1599 York Ave (84-85 St) tel 212.535.3700

**Tevere 84**; OU  
155 East 84th St (Lex-Third Ave) tel 212.744.0210

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## **Eruv**

The hospital and surrounding area are within the Upper Manhattan Eruv. To check on its status, please call 212-874-6100 x3.

## **LOCAL SYNAGOGUE DIRECTORY**

### **REFORM**

**Congregation Emanu-El**  
1 East 65th St at Fifth Ave • 212.744.1400

**Central Synagogue**  
652 Lexington Ave (between 54-55th St)  
212.838.5122

**Temple Shaaray Tefila**  
250 East 79th St (at Second Ave)  
212.535.8008

**Temple Israel**  
112 East 75th St (between Park & Lexington)  
212.249.5000

### **CONSERVATIVE**

**Park Avenue Synagogue**  
50 East 87th St (between Park & Madison)  
212.369.2600

**East 55th Street Conservative Synagogue**  
308 East 55th St (between First & Second Ave)  
212.752.1200

**Congregation Or Zarua**  
127 East 82nd St (between Park & Lexington)  
212.452.2310

**Sutton Place Synagogue**  
225 East 51st St (between Second & Third Ave)  
212.593.3300

The Spiritual Care Department has professionally trained Spiritual Care Providers who are trained to care for the spiritual, religious, and emotional needs of patients, families, and staff. To request a visit, please call us at (212) 606-1757 or if in the hospital, request your nurse to contact us via PerfectServe.

## **ORTHODOX**

**Park East Synagogue**  
163 East 67th St (between Lexington & Third Ave) • 212.737.6900

**Sephardic Synagogue of Fifth Ave**  
5 East 62nd St (between Fifth & Madison Ave) • 212.327.261

**Fifth Avenue Synagogue**  
5 East 62nd St (between Fifth & Madison Ave) • 212.838.2122

**Yorkville Synagogue**  
352 East 78th St (between First & Second Ave) • 212.249.0766

**Manhattan Sephardic Congregation**  
325 East 75th St (between First & Second Ave) • 212.988.6085

**Congregation B'nai Israel**  
335 East 77th St (between First & Second Ave) • 212.877.1823

**Congregation Kehilath Jeshurun**  
125 East 85th St (between Lexington & Park) • 212.774.5600

**Edmond J. Safra Synagogue (Sephardic)**  
11 East 63rd St (between Madison & 5<sup>th</sup>)  
212.754.9555

**Chabad of the Upper East Side**  
419 East 77th St (between York & 1<sup>st</sup>)  
212.717.4613