

### **Bikur Cholim Room • Kosher Hospitality Room**

The Bikur Cholim Room (a kitchenette) is located on the 2nd floor in Room 2W-167 (between the mail room and the East elevator). Light kosher food and snacks, a refrigerator, coffee urn, Shabbos warmer, "Shabbos in a box," and seforim (books for sacred study) are available for your use.

### **Chapel**

Our chapel, located in Room 1W-021 is open to everyone. It is a quiet room for prayer or meditation with no religious symbols. There are sid-durim (prayerbooks) available.

### **Sabbath Elevator**

HSS has a Sabbath Elevator located on the East side of the hospital which stops automatically on each floor. The elevator is programmed to go to the top floor and then stop on each floor on the way down and runs continuously from the hours of 4PM on Friday to 8PM on Saturday and all major Jewish holidays.

### **Candles • Sabbath Candles/Shabbos in a Box**

Candles can be obtained by calling the Spiritual Care Department at 212.606.1757 or by going to the **Bikur Cholim Room** located on the 2nd Floor. It is prohibited to light regular candles anywhere on the hospital premises. **NO EXCEPTIONS.**

### **Minyanim**

Mincha between Simchat Torah and Passover is held Mon-Thurs, 4PM at the chapel on the Main Floor of Memorial Sloan Kettering Hospital, 68th & York Ave. Daily Minyanim: Park East Synagogue (163 East 67th St. between Lex and Third Ave.) Shacharit Mon-Fri, 7:45AM; 8:30 or 9AM. Shabbat, 9AM Sunday. Call for Mincha/Marriv times: 212.737.6900. B'nai Israel (335 East 77th, between 1st and 2nd Ave.) Shacharit Mon-Fri, 6:30AM. Shabbat 9AM, Sunday 8AM. Call for Mincha/Maariv times: 212.879.1558.

### **Local Housing**

[Belaire Guest Facility](#) (in the HSS building)  
212.606.1989 (x1989)

### [Helmsley Medical Tower](#)

1320 York Avenue (between 70th and 71st Sts)  
212.472.8400 • Toll free: (800) HM TOWER

### **Home Hospitality for Shabbos and Yom Tov**

#### [Lenox Hill Bikur Cholim](#)

131 East 78th St (Park & Lex), Suite 1A  
212.744.4748

#### [Manhattan Friendship House](#)

434 East 66th St (between York & First Ave)  
212.933.9033

For additional resources contact the Department of Spiritual Care at 212.606.1757.

*Note: Out of consideration for others, please do not "overbook" by reserving more than one hospitality option. This creates difficulties for others who may be seeking a place to stay.*

### **Prayer Suggestions**

#### [Prayer for Healing on Behalf of a Patient](#)

May the One who was a source of blessing for our ancestors bring blessings of healing upon (insert name here), a healing of body and a healing of spirit. May those in whose care they are entrusted be gifted with wisdom and skill, and those who surround them be gifted with love and trust, openness and support in their care. And may they be healed along with all those who are in need. Blessed are You, Source of Healing

#### [Personal Prayer](#)

Hear my prayer, O Lord, heed my plea for mercy. In time of trouble I call You, for You will answer me. When pain and illness are my companions, let there be room in my heart for strength. Where there is darkness, let the light of courage find its place. Help me through the challenges and dissolve the fear. Renew within me the calm spirit of trust and peace.



## Information for Jewish Patients



For assistance with spiritual needs or information for patients, families, or staff, please contact our *Department of Spiritual Care* at 212.606.1757.

## Kosher Food

Glatt kosher meal service (including OJ acceptable items, a Chassidic certification) is available for patients through arrangements with department of Food and Nutrition. You will meet a dietician prior to and after surgery to discuss any dietary needs, and you can request kosher food at those times.

Glatt Kosher guest trays may be ordered by family and guests. As with all guest trays, there is a charge. Speak to the unit clerk by the nurse's station about ordering.

For Passover, to get Matzah and other Seder requirements, you must be on the Kosher Meal Plan.

Extra kosher food during your hospital stay may be ordered by contacting the Satmar Bikur Cholim at 718.387.7749 six days a week, Sunday—Friday, 8AM—10AM.

## Kosher Refrigerator

If you would like a refrigerator in your room, please contact a chaplain or your nurse to make arrangements.

There is also a kosher refrigerator on 8 East in the Nourishment Room (kitchenette). Please label your food clearly with name and date so that it is not discarded.

## Local Kosher Restaurants

**Bagels & Company** (dairy); NY Kosher  
1428 York Ave (76th St) tel 212.717.0505

**Saba's Pizza Dairy**; National Kosher Supervision  
1376 Lexington Ave (91st St) tel 212.987.9130

**VeBene** (dairy); OU  
1589 Second Ave (82-83 St) tel 212.517.4448

**Mendy's Deli** (meat); OU  
875 Third Ave (52–53 St) tel 212.308.0101

**Nargila Grill** (meat); OK  
1599 York Ave (84–85 St) tel 212.535.3700

**Tevere 84**; OU  
155 East 84th St (Lex-Third Ave) tel 212.744.0210

## LOCAL SYNAGOGUE DIRECTORY

### REFORM

**Congregation Emanu-El**  
Rabbi Joshua M. Davidson  
1 East 65th St at Fifth Ave • 212.744.1400

**Central Synagogue**  
Rabbi Angela Buchdahl  
652 Lexington Ave (between 54-55th St)  
212.838.5122

**Temple Shaaray Tefila**  
Rabbi Deborah Hirsch  
250 East 79th St (at Second Ave)  
212.535.8008

**Temple Israel**  
Rabbi David Gelfand  
112 East 75th St (between Park & Lexington)  
212.249.5000

### CONSERVATIVE

**Park Avenue Synagogue**  
Rabbi Elliot Cosgrove  
50 East 87th St (between Park & Madison)  
212.369.2600

**East 55th Street Conservative Synagogue**  
Rabbi Eugene Wernick  
308 East 55th St (between First & Second Ave)  
212.752.1200

**Congregation Or Zarua**  
Rabbi Scott N Bolton  
127 East 82nd St (between Park & Lexington)  
212.452.2310

**Sutton Place Synagogue**  
Rabbi Rachel Ain  
225 East 51st St (between Second & Third Ave)  
212.593.3300

### ORTHODOX

**Park East Synagogue**  
Rabbi Arthur Schneier  
163 East 67th St (between Lexington & Third Ave) • 212.737.6900

**Sephardic Synagogue of Fifth Ave**  
5 East 62nd St (between Fifth & Madison Ave) • 212.327.2611

**Fifth Avenue Synagogue**  
Rabbi Eli Babich  
5 East 62nd St (between Fifth & Madison Ave) • 212.838.2122

**Yorkville Synagogue**  
Rabbi David Bleich  
352 East 78th St (between First & Second Ave) • 212.249.0766

**Manhattan Sephardic Congregation**  
Rabbi Raphael Benchimol  
325 East 75th St (between First & Second Ave) • 212.988.6085

**Congregation B'nai Israel**  
Rabbi Ralbag  
335 East 77th St between First & Second Ave) • 212.877.1823

**Congregation Kehilath Jeshurun**  
Rabbi Chaim Steinmetz  
125 East 85th St • 212.774.5600

**Edmond J. Safra Synagogue**  
(Sephardic)  
Rabbi Elie Abadie  
11 East 63rd St • 212.754.9555

**Chabad of the Upper East Side**  
Rabbi Ben Tzion Kransnianski  
419 East 77th St • 212.717.4613