

Volunteering in Rehabilitation

Volunteering experiences in Rehabilitation include outpatient physical, occupational and speech therapy. Please be aware that we **do not offer inpatient acute care experiences**. Please check the specific requirements of any schools to which you may be applying. Additionally, volunteers **must be at least 18 years of age**.

Outpatient Areas:

- **Hand Therapy Center:** Physical and Occupational Therapy
- **Orthopedic Physical Therapy Center:** Physical Therapy
- **Pediatric Rehabilitation:** Physical, Occupational, and Speech Therapy
- **Spine Center**
- **Sports Rehabilitation and Performance Center:** Physical Therapy

Time Blocks, Hourly Maximums, and Application Deadlines:

Time Block for Volunteering	Application Deadline Must apply by:	Number of Minimum Hours in Total
January to mid-May	November 28	150
Mid-May to August	March 1	100
September to December	August 7	150

Volunteering Shifts:

- Half day (AM): 9:00am—12:00pm
- Half day (PM): 2:00pm—5:00pm
- Full day: 9:00am—5:00pm (with one hour for lunch)
- Please note: Sports Rehabilitation and Performance Center also has extended hours for volunteering from 7:00-9:00am and 5:00-8:00pm, based on availability.

Responsibilities:

- Prepare and store exercise equipment
- Prepare towels and pillowcases and restock supplies
- Assist in keeping treatment areas clean and free of clutter
- Assist in clerical support as requested
- Assist rehabilitation technicians, therapists, and clerical staff as requested

Qualifications:

- Strong interpersonal and communication skills
- Self-motivated
- Able to stand for long periods and lift light equipment

Dress Code:

- Business casual (no jeans, tank tops, open toe shoes)
- Sneakers are fine as long as they are clean
- Volunteer jacket and ID at all times

If you are interested in volunteering in Rehabilitation, please complete the Mandatory Information Sheet on the following page and email it to the volunteer department at Volunteering@hss.edu. Applying takes **at least 4 weeks** for processing and includes a mandatory orientation session and physical assessment at Occupational Health.



Mandatory Information Sheet

Name: _____

Date: _____

Email: _____

Phone: _____

1. Are you currently in school? If yes, please indicate the name of the school and anticipated date of graduation.

2. Are you currently pursuing or would like to pursue a career in Physical, Occupational, or Speech Therapy? Please explain.

3. Are you required to complete hours of outpatient rehabilitation volunteering for your school? If so, please indicate the number of hours and deadline.

4. What experiences are you hoping to gain from this volunteering opportunity?

5. Having read the information sheet on the first page, in what area(s) of Rehabilitation are you interested in volunteering (Hand Therapy Center, Orthopedic Physical Therapy Center, Pediatrics, Sports)? What days and times are you available to volunteer?

Please email this completed form to the Volunteer Department at Volunteering@hss.edu
Thank you.