

HOSPITAL  
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Lerner Children's Pavilion

# PEDIATRIC ORTHOPAEDICS

*for the Primary  
Care Provider*

November 7, 2014



LIVE  
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**ACCREDITATION** This activity has been approved for *AMA PRA Category 1 Credits™*  
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Lerner  
Children's

HOSPITAL  
FOR  
SPECIAL  
SURGERY

Hospital for Special Surgery  
535 East 70th Street  
New York, NY 10021

# PEDIATRIC ORTHOPAEDICS

## for the Primary Care Provider

November 7, 2014

SPONSORED BY Hospital for Special Surgery Office of Continuing Medical Education

### LOCATION

Hospital for Special Surgery  
Richard L. Menschel Education Center, 2<sup>nd</sup> Floor  
535 East 70th Street, New York City

### STATEMENT OF NEED

Care of the musculoskeletal system is a major component of pediatric primary care, but clinical practice is sometimes hampered by limited knowledge of the musculoskeletal system or limited clinical exposure to certain conditions. In order to advance their practice, pediatric providers continuously improve their knowledge of the pediatric musculoskeletal system with up-to-date information about common as well as more complex conditions in children. The fast pace of new treatments and the importance of subtleties of managing varying injuries and conditions can pose challenges for primary care physicians. This course will cover a full range of conditions, reinforce basic knowledge and provide updates regarding the latest treatment innovations.

### TARGET AUDIENCE

This activity is targeted to primary care providers, pediatricians, nurse practitioners, school nurses, physician assistants, practitioners of family, general and emergency medicine, residents, fellows and medical students.

### LEARNING OBJECTIVES

HSS continuing medical education activities are intended to improve the quality of patient care and safety. At the completion of the course, the participant should be able to:

- ✓ Identify the correct treatment of musculoskeletal issues in the child athlete and make appropriate sub-specialist referrals.
- ✓ Recognize and discuss current treatment approaches for pediatric musculoskeletal tumors and recommend the most appropriate option.
- ✓ Determine and select appropriate treatment approaches to sports-related hand and wrist injuries.

- ✓ Identify and discuss the correct treatment of simple pediatric fractures and make appropriate specialist referrals when necessary.
- ✓ Recognize musculoskeletal deformities in children such as cerebral palsy, scoliosis, club foot and leg length discrepancy, and diagnose and treat patients who present with these deformities.

### ACCREDITATION AND CREDIT DESIGNATION



Hospital for Special Surgery is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Hospital for Special Surgery designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits*<sup>™</sup> onsite and online. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### SPECIAL NEEDS

Hospital for Special Surgery is accessible for individuals with disabilities or special needs. Participants with special needs are requested to contact the Office of Continuing Medical Education at 212.606.1812.

### FINANCIAL DISCLOSURE

In accordance with the Accreditation Council for Continuing Medical Education's Standards for Commercial Support, all CME providers are required to disclose to the activity audience the relevant financial relationships of activity directors, planning committee members, presenters, authors and staff involved in the development of CME content. An individual has a relevant financial relationship if he or she has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the CME activity content over which the individual has control.

It is the policy of Hospital for Special Surgery to request all financial relationships that activity directors, planning committee members, presenters, authors and staff have with commercial interests, but to disclose to the activity audience only the **relevant** financial relationships.

### FOR MORE

Go to [www.hss.edu/cme](http://www.hss.edu/cme) for a complete calendar of scheduled live and online CME activities.



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# PROGRAM AGENDA

Faculty and agenda are subject to change

8:30a	<b>Registration and Breakfast*</b>
9:00a	<b>Welcome and Introduction*</b> Roger F. Widmann, MD
9:10a	<b>Medical Issues in the Child Athlete</b> <i>Are you confident the young athlete can return to that sport?</i> Lisa R. Callahan, MD
9:30a	<b>It's Not Just About the Pitch Count</b> <i>Management of pediatric upper extremity conditions – trauma and overuse injuries</i> Aaron Daluiski, MD
9:50a	<b>Assessment of Sports Injuries in Children: The Knee</b> <i>How to protect, maintain and restore knee function in the growing athlete</i> Daniel W. Green, MD, MS, FAAP, FACS
10:10a	<b>Q&amp;A</b>
10:25a	<b>Break*</b>
10:40a	<b>Musculoskeletal Tumors in the Pediatric Population</b> <i>Evaluation and management of neoplasms in skeletally immature patients</i> Shevaun M. Doyle, MD
11:00a	<b>The Limping Child</b> <i>How to strategically assess the young child that limps into your office</i> Cathleen L. Raggio, MD
11:20a	<b>Rotational and Angular Deformities of the Lower Extremities</b> <i>Sorting through lower extremity alignment</i> John S. Blanco, MD
11:45a	<b>Leg Length Discrepancy and Limb Lengthening</b> <i>To lengthen or shorten? Evaluation and treatment of children and adolescents with unequal leg lengths</i> Roger F. Widmann, MD

12:05p	<b>Q&amp;A</b>
12:20p	<b>Lunch*</b>
1:20p	<b>Office Management of Pediatric Fractures</b> <i>Splint and send: Triage simple pediatric fractures of the extremities</i> David M. Scher, MD
1:40p	<b>Management of Hip Disorders: Developmental Dysplasia, Perthes, Slipped Capital Femoral Epiphysis and Impingement</b> <i>Hip pain? Knee pain? Evaluation and treatment of hip disorders from infancy through adulthood</i> Emily R. Dodwell, MD, MPH, FRCS
2:00p	<b>Pediatric Foot and Clubfoot Deformity</b> <i>Evaluate, diagnose and treat congenital and acquired foot conditions in infants and children</i> David M. Scher, MD
2:20p	<b>Q&amp;A</b>
2:35p	<b>Break*</b>
2:50p	<b>Torticollis and Pediatric Cervical Spine</b> <i>Why the wryneck? Cervical spine disorders in infants and children</i> Shevaun M. Doyle, MD
3:10p	<b>Scoliosis in Childhood</b> <i>Overview of congenital and idiopathic scoliosis: Etiology, diagnosis and treatment</i> Roger F. Widmann, MD
3:30p	<b>Understanding Juvenile Arthritis</b> <i>What to order, when to order and what do the results mean?</i> Nancy Pan, MD
3:50p	<b>Q&amp;A</b>
4:05p	<b>Closing Remarks*</b>

\*Not designated for AMA PRA Category 1 Credits™

## ACTIVITY DIRECTORS



**Lisa S. Ipp, MD**  
Chief, Pediatric Medicine  
Hospital for Special  
Surgery  
Associate Professor of

Clinical Pediatrics  
Weill Cornell Medical College  
Associate Director of  
Adolescent Medicine  
NewYork-Presbyterian Hospital/  
Phyllis and David Komansky Center  
for Children's Health



**Roger F. Widmann, MD**  
Chief, Pediatric  
Orthopaedic Surgery  
Attending Orthopaedic  
Surgeon

Hospital for Special Surgery  
Professor of Clinical  
Orthopaedic Surgery  
Weill Cornell Medical College

## CURRICULUM ADVISORS

### Shevaun M. Doyle, MD

Assistant Attending  
Orthopaedic Surgeon  
Hospital for Special Surgery  
Assistant Professor of  
Orthopaedic Surgery  
Weill Cornell Medical College

### Maura D. Frank, MD

Medical Director of Ambulatory Care  
NewYork-Presbyterian Hospital/  
Phyllis and David Komansky Center  
for Children's Health  
Assistant Professor of  
Clinical Pediatrics  
Weill Cornell Medical College

## HSS FACULTY

### John S. Blanco, MD

Associate Attending  
Orthopaedic Surgeon  
Associate Professor of  
Orthopaedic Surgery  
Weill Cornell Medical College

### Lisa R. Callahan, MD

Associate Attending Physician  
Medical Director  
Women's Sports Medicine Center  
Associate Professor of  
Medicine (Family)  
Weill Cornell Medical College

### Aaron Daluiski, MD

Assistant Attending  
Orthopaedic Surgeon  
Assistant Professor of  
Orthopaedic Surgery  
Weill Cornell Medical College

### Emily R. Dodwell, MD, MPH, FRCS

Assistant Attending Pediatric  
Orthopaedic Surgeon  
Instructor of Orthopaedic Surgery  
Weill Cornell Medical College

### Daniel W. Green, MD, MS, FAAP, FACS

Associate Attending  
Orthopaedic Surgeon  
Associate Professor of  
Orthopaedic Surgery  
Weill Cornell Medical College

## PROGRAM FACULTY

### Nancy Pan, MD

Assistant Attending Pediatrician  
Assistant Professor of Pediatrics  
Weill Cornell Medical College

### Cathleen L. Raggio, MD

Assistant Attending  
Orthopaedic Surgeon  
Assistant Professor of Clinical  
Orthopaedic Surgery  
Weill Cornell Medical College

### David M. Scher, MD

Associate Attending  
Orthopaedic Surgeon  
Associate Professor of  
Clinical Orthopaedic Surgery  
Weill Cornell Medical College

## PROGRAM COORDINATOR

### John Deneen, MSPT

Pediatric Orthopaedic  
Surgery Service Administrator

## TWO EASY WAYS TO REGISTER!

**1** Register and pay online at [www.hss.edu/cme-calendar](http://www.hss.edu/cme-calendar).

**2** Register by mail using the registration form.

### PAYMENT BY MAIL

Make check payable to:  
Hospital for Special Surgery

Mail registration form to:  
Hospital for Special Surgery  
Professional Education Department  
Education & Academic Affairs  
535 East 70th Street  
New York, NY 10021

### CONFIRMATIONS

All registered participants will receive a confirmation via email.

### REFUND POLICY

A handling fee of \$75 is deducted for cancellation. Written refund requests must be received one week prior to the course. No refund will be made thereafter.

### FOR MORE INFORMATION, PLEASE CONTACT

Melody Mokhtarian, JD  
Marketing and Events Coordinator  
Professional Education  
Education & Academic Affairs  
Hospital for Special Surgery  
Tel: 212.606.1812  
Email: [mokhtarianm@hss.edu](mailto:mokhtarianm@hss.edu)

### PARKING & ACCOMMODATIONS

For information on parking and accommodations, please go to [www.hss.edu/visitor-information.asp](http://www.hss.edu/visitor-information.asp) and view our Neighborhood Directory. Local accommodations are limited and early reservations are recommended.

### TRANSPORTATION

**Airport:** LaGuardia (LGA) is 8 miles northeast of the city. Kennedy International (JFK) is 15 miles southeast of the city. Newark International (EWR) is 16 miles southwest of the city.

**Bus:** M72, M31 stop at East 69th Street and York Avenue.

**Subway:** Nearest line is the 6 train stop at East 68th Street and Lexington Avenue.

**Car (FDR Drive):** Driving south, exit at 71st Street. Driving north, exit at 63rd Street. Continue on York Avenue.

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## for the Primary Care Provider

November 7, 2014

## REGISTRATION

Please print legibly.

\_\_\_\_ - \_\_\_\_ - \_\_\_\_\_  
DATE (MONTH-DAY-YEAR)

Check here to receive the HSS eNewsletter.  
Please include email address below.

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\$ \_\_\_\_  American Express  MasterCard  Visa  Check enclosed  
AMOUNT ENCLOSED

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How did you hear about this course?

Print brochure  Email blast  HSS website  Journal advertisement  
 LinkedIn ad  Recommendation  Google ad  Other \_\_\_\_\_

### REGISTRATION FEES

Registration fees include online access to lecture handouts and credits, and breakfast and lunch for onsite participants. All registered participants will receive a confirmation via email.

**REGISTER EARLY, SPACE IS LIMITED! (EARLY BIRD REGISTRATION CLOSSES SEPT. 30 AT 5 PM)**

	PHYSICIANS		NON-PHYSICIANS		RESIDENTS/FELLOWS/ MEDICAL STUDENTS	
	Early Bird	Regular	Early Bird	Regular	Early Bird	Regular
ONSITE	\$215	\$225	\$165	\$175	\$65	\$75
LIVE STREAMING WEBCAST	\$185		\$135		\$35	

Regular registration closes **November 5 at 5pm** for both the live streaming webcast and onsite course. For day-of registration for the onsite course, add \$75 to the appropriate category above (available only if space permits – please call first). Please note: Registration will not be processed unless accompanied by payment.

\*Your email address is required for administrative purposes. Please note that we may use your email to communicate with you regarding updates and content from Education & Academic Affairs. You can unsubscribe at any time.

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