



## Hospital for Special Surgery Guide to the Pediatric Pre-Operative Process

Prior to your child's surgery, it is likely that he or she will be scheduled for a pre-operative medical clearance appointment with one of our board-certified pediatricians.

This guide will provide helpful information regarding this process.

- The pediatric pre-admission testing department is open from 8am to 4pm, Monday through Friday. Appointments for pre-operative medical clearances are scheduled between the hours of 8am and 1pm. The department is located at Hospital for Special Surgery, 535 East 70<sup>th</sup> Street, New York, NY, in the main hospital building on the 5<sup>th</sup> floor, "5-West Pediatric Outpatient" unit. The telephone number is 212.774.7182.
- ***A parent or documented legal guardian must accompany the child to the pre-operative clearance appointment. If you are the child's legal guardian, you must provide official documentation.***
- Please allow approximately three hours for this comprehensive pre-operative clearance visit.
- If your child is ***not*** having surgery on the day of the pre-operative clearance appointment, there is no need for the child to fast (not eat) for the appointment, and you may bring snacks for your child.
- You will be required to complete the **Pediatric Patient Database** to inform us of your child's medical history. [These forms are available online.](#)
  - ***Visit our website at <http://www.hss.edu/pedsforms>***
  - ***Print out Registration (Part A) and Pre-op (Part B).***
  - ***If your child is having spine surgery, you will also need to complete the SRS-22 form.***

If you cannot access a computer, we can give you a copy of these forms prior to your visit to complete.

- A copy of your child's immunization record is **required on** the day of your pre-operative clearance visit. You may bring a copy with you, or you may fax it anytime **before** your pre-operative clearance appointment. Our fax number is 212.606.1614; you may have it sent to Dr. Cha and/or Dr. Perlman's attention. Please advise our department of any special circumstances concerning your child's immunizations **before** your appointment.
- If your child has seen a specialist for any health conditions, please let the orthopedic surgeon's office, and the pediatric clearance nursing and medical staff know. Please have the name, phone numbers, and any other medical documentation from the specialists available on the day of your appointment.
- Bring a list of **medications** (both prescription and over-the-counter) that your child is currently taking. Please include the dosage and how often he or she takes the medication.
- If your child has specific nutritional needs, such as a formula supplement, please call the pediatric pre-admission testing department (212.774.7182) at least 2 weeks prior to your child's scheduled surgery to discuss your child's particular needs.
- For some procedures, you will be asked about blood donation. In some cases, the patient will be able to donate blood for themselves, and in others, a family member can donate on their behalf. If this is the case, the patient's blood type is helpful to have so that appropriate family members can be identified.
- Please inform your orthopedic surgeon's office if you need an interpreter before your appointment date, and one will be arranged for you.