State-of-the-Science in the Prevention and Management of Osteoarthritis
Thursday, July 14th & Friday, July 15th, 2011
Richard Menschel Conference Center
Hospital for Special Surgery
535 East 70th Street, 2nd Floor
New York, New York

Agenda
Day 1: July 14th, 2011

11:00 – 1:00  Orientation Meeting & Lunch[Planning Committee only]

1:00 – 1:20pm  Welcome and Introductions

Laura Robbins, DSW, Hospital for Special Surgery
Stephanie Goldberg, MSN, NEA-BC, Hospital for Special Surgery
Shawn Kennedy, MA, RN, American Journal of Nursing
Marjorie G. Kulesa, BS, RN, ONC, CNOR, National Association of Orthopaedic Nurses; Winthrop University Hospital

1:20 – 1:35pm  Introduction: Charge to Working Group
Facilitator: Diana J. Mason, PhD, RN, FAAN
Center for Health Media and Policy
Hunter College, CUNY

1:35 – 2:00pm  Consumer Perspective: Living with OA

Kathy Geller

2:00 – 2:15pm  Reaction/comments from group

2:15 – 2:45pm  State-of-the-Science: What Do We Know about OA?
Factors related to onset and progression of osteoarthritis; comorbid conditions; socioeconomic impact, trends; demographic, cultural and health care system issues

Louise Murphy, PhD
Centers for Disease Control and Prevention

2:45- 3:00pm  Q&A: What do we not know about Osteoarthritis?

3:00-3:15pm  Break

3:15 – 3:35pm  OA National Initiatives
Patience H. White, MD, MA
Arthritis Foundation

3:35-3:50pm  Question: What is not being addressed in the current initiatives that need to be
3:50-4:20pm  State of the Science: Assessing for Risk and Progression of OA
What do we know about how people with OA are screened and diagnosed for OA?
Mary Carol Antonelli, RN, CRNP
Arthritis and Internal Medicine Associates
University of Pittsburgh Medical Center, Pittsburgh, PA

An Evidence-Based Tool: The OA Risk Self-Assessment Tool
Patience H. White, MD, MA
Arthritis Foundation

4:20-4:35pm  Q&A

4:35- 6:25pm  Group Work I: What are the barriers to early assessment and treatment for people with OA and what strategies might overcome them?
4:35- 4:45pm  Explain process
4:45 - 5:00pm  Small group work – identify barriers
5:00 – 5:20pm  Prioritize barriers (group chooses top 3 to address)
5:20 – 5:45pm  Small groups identify strategies to overcome barriers
5:45 – 6:05pm  Small groups report out to group as a whole
6:05 – 6:25pm  Review and choose top priorities to address

6:25 – 6:40pm  Summary of the Day

6:45 – 7:45pm  Networking Reception/Buffet

Day 2: July 15th, 2011

8:30 – 9:00am  Breakfast

9:00 – 9:15am  Welcome Back: Re Cap Day1; Charge for Day 2
Moderator: Diana J. Mason, PhD, RN, FAAN

9:15 – 10:15am  State of the Science: What Do We Know about Interventions to Relieve Symptoms and Minimize Disease Progression and Disability?

9:15-9:30am  What do we know about rehabilitation interventions to relieve symptoms and disability associated with OA?
Maura Daly Iversen, PT, DPT, SD, MPH
Northeastern University, Boston, MA
9:30-10:00am  What do we know about pharmacologic management to relieve symptoms and disability associated with OA?
M. Cary Reid, MD, PhD
New York-Presbyterian Hospital

10:00-10:15am  What do we know about alternative management modalities to relieve symptoms and disability associated with OA?
Judith Fouladbachsh PhD, APRN, AHN-BC, CHTP
Wayne State University, Rochester Hills, MI

10:15-10:30am  Q&A

10:30-10:45am  Successful Strategies to Promote Self Management of OA
Teresa J. Brady, PhD
Centers for Disease Control and Prevention

10:45-10:55am  Reaction/Q&A

10:55-11:10am  Break

11:10 – 11:40am  PANEL: Issues and Strategies for Nurses Caring for Adults with OA
What are the issues for nurses working with patients with OA in various settings?
What knowledge and skills do nurses need; what are the factors influencing the ability of nurses to educate and support adults with osteoarthritis; what tools are they using?
Panel members present for 10 min describing their work setting, identifying issues and strategies, followed by discussion.

Miki Patterson, PhD, NP, ONP-C, NP
Pediatric/Adolescent Nurse Practitioner
University of Massachusetts Memorial Orthopaedics, Lowell, MA

Doris Gould, RNc, ANP-BC, GNP-BC
Adult Orthopaedic Nurse Practitioner
Fallon Clinic, Worcester, MA

Charla Johnson, RN, MSN, ONC
Program Coordinator Orthopaedic Service Line
Our Lady of the Lake Regional Medical Center, Baton Rouge, LA

11:40am-12:00pm  Discussion/Q&A

12:00 - 12:45pm  Box Lunch

12:45 – 3:00pm  Group Work II: Identify the barriers in practice, education and policy that prevent implementing best practices for caring for people with OA.
12:45-1:00pm  Small groups identify barriers in three arenas
1:00 – 1:20pm  Prioritize top 3 barriers in each
1:20 – 2:00pm  Identify strategies to overcome the barriers
2:00 – 2:25pm  Groups report to group as whole
2:25-2:45 pm  Break/All choose top three
2:45 -3:10pm  Discussion

3:10 – 4:15pm  **Group Work III:** What are the priorities for future research related to nurses’s roles in the prevention and management of osteoarthritis across diverse populations?
3:10 -3:30pm  Small groups identify research priorities
3:30- 3:45pm  Groups choose top 3 research needs
3:45-4:15pm  Groups report

4:15 -4:30pm  **Summary and Next Steps**
Further refinement and achieving consensus
Dissemination plans

4:30pm  **Adjourn**
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Invited Speakers

Mary Carol Antonelli, RN, CRNP
Nurse Practitioner
Arthritis and Internal Medicine Associates
University of Pittsburgh Medical Center, Pittsburgh, PA

Teresas J. Brady, PhD, OT
Senior Behavioral Scientist, Arthritis Program
Centers for Disease Control and Prevention, Atlanta, GA

Maura Daly Iversen, PT, DPT, SD, MPH
Professor and Chair, Department of Physical Therapy
Northeastern University, Boston, MA
Assistant Professor of Medicine
Harvard Medical School, Boston, MA

Judith M. Fouladbakhsh, PhD, APRN, AHN-BC, CHTP
Assistant Professor
College of Nursing, Wayne State University, Rochester Hills, MI

Louise Murphy, PhD
Epidemiologist
Centers for Disease Control and Prevention, Atlanta, GA

M. Cary Reid, MD, PhD
Associate Attending Physician
New York-Presbyterian Hospital
Associate Professor of Medicine
Weill Cornell Medical College, New York, NY

Patience H. White, MD, MA
Vice President, Public Health
Arthritis Foundation
Professor of Medicine and Pediatrics
George Washington University School of Medicine and Health Sciences, Washington, DC

Panelists

Doris Gould, RNc, ANP-BC, GNP-BC
Adult Orthopedic Nurse Practitioner
Fallon Clinic, Worcester, MA
Charla B. Johnson, RN, MSN, ONC  
Director, Care Management  
Our Lady of the Lake Regional Medical Center, Baton Rouge, LA

Miki Patterson, PhD, NP, ONP-C, NP  
Assistant Professor of Nursing  
University of Massachusetts Lowell, Lowell, MA

Moderator

Diana J. Mason, PhD, RN, FAAN  
Rudin Professor of Nursing and Co-Director  
Center for Health Media & Policy, Hunter College, CUNY, New York, NY

Participants

Anita Bemis-Dougherty, PT, DPT, MAS  
Associate Director, Department of Practice  
American Physical Therapy Association

Carla Boutin-Foster, MD  
Associate Attending Physician  
New York-Presbyterian Hospital  
Associate Professor of Medicine and Public Health  
Weill Cornell Medical College, New York, NY

Verona Brewton  
Director of Minority Initiatives  
Zimmer, Inc.

Leigh F. Callahan, PhD  
Professor of Medicine and Social Medicine  
University of North Carolina, Chapel Hill, NC

Marie Callari, RN, BSN, ONC  
Nurse Coordinator Total Joint Program  
Winthrop University Hospital, Mineola, NY

Jack Davis, RN, MSN, ONC  
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Sharon Jaycox Diatz  
Regional Vice President, Programs, Northeast Region  
Arthritis Foundation, New York, NY

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Pediatric Nurse Practitioner  
Hospital for Special Surgery
Stephanie Goldberg, MSN, NEA-BC  
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Chief Nursing Officer  
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Marc C. Hochberg, MD, MPH  
Professor of Medicine  
University of Maryland School of Medicine, Baltimore, MD  
Head, Division of Rheumatology & Clinical Immunology  
University of Maryland School of Medicine, Baltimore, MD

Patrice A. Hood, DNP, ANP-BC, FNP-BC  
Director for Membership  
American College of Nurse Practitioners  
Assistant Professor  
New York Institute of Technology, New York, NY

Nadine T. James, PhD, RN, MSN  
President  
Association of Rheumatology Health Professionals

Penny Kaye Jensen, DNP, APRN, FNP-C, FAANP  
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Doreen Johnson, MSN, RN, ONC  
Nurse Educator  
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Vice President, Genzyme Corporation  
Global Medical Affairs, Genzyme Biosurgery, Cambridge, MA

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Christy E. Oakes, MSN, RN, ONC  
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National Association of Orthopaedic Nurses  
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Tri-Regional Administrator  
U.S. Administration on Aging for Regions I, II and III
Monica Richey, MSN, ANP-BC/GNP  
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Rheumatology Nurses Society  
Program Director  
Johns Hopkins Arthritis Center

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President  
National Association of Orthopaedic Nurses

Ann M. Schreier, PhD, RN  
President  
American Society for Pain Management Nursing  
Associate Professor and Director, Alternate Entry MSN Concentration  
East Carolina University School of Nursing, Greenville, North Carolina

Kimberly J. Templeton, MD  
Professor of Orthopaedic Surgery and Health Policy and Management  
University of Kansas, Kansas City, KS  
President  
United States Bone and Joint Initiative

Barbara Wukovits, RN, BSN BC  
Director of Pain Management Service, Department of Anesthesiology  
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Consumer Perspective

Kathy Geller  
Arthritis Foundation Exercise Trainer

Medical Writer

Joy Jacobson, MFA  
Medical Writer and Editor

Activity Directors

Laura Robbins, DSW  
Senior Vice President, Education & Academic Affairs  
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Maureen Shawn Kennedy, MA, RN  
Editor-in-Chief  
American Journal of Nursing, New York, NY
Marjorie G. Kulesa, BS, RN, ONC, CNOR
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