68. The Book of Patients

Chapter 1. The saying that sickness is expiation for sins.

1949. Narrated Abu Sa-id Al-Khudri and Abu Huraira: The Prophet said, “No fatigue, no disease, nor sorrow, nor sadness, nor hurt, nor distress befalls a Muslim, even if it were the prick he receives from a thorn, but that Allah expiates some of his sins for that.” [7:545-O.B]

1950. Narrated by Abu Huraira: Allah’s Messenger said, “The example of a believer is that of a fresh tender plant: from whatever direction the wind comes, it bends it but when the wind becomes quiet, it becomes straight again. Similarly, a believer is afflicted with calamities (but he remains patient till Allah removes his difficulties.) And Al-Fajir (an impious wicked evil-doer) is like a pine tree which keeps hard and straight till Allah cuts (breaks) it down when he wishes.” [7:547-O.B]

**Surah 2. • Al Baqarah (The Cow) Section 22**

177. It is not righteousness That ye turn your faces 
Towards East or West; 
But it is righteousness—
178 To believe in Allah, 
And the Last Day, 
And the Angels, 
And the Book, 
And the Messengers; 
To spend of your substance, 
Out of love for Him, 
For your kin, 
For orphans, 
For the needy, 
For the wayfarer, 
For those who ask, 
And for the ransom of slaves; 
To be steadfast in prayer, 
And practice regular charity; 
To fulfill the contracts 
Which ye have made; 
And to be firm and patient, 
In pain (or suffering) 
And adversity, 
And throughout 
All periods of panic. 
Such are the people 
Of truth, the Allah-fearing.

**Surah 112. Al Ikhlas (The Purity of Faith)**

In the name of Allah, Most Gracious, Most Merciful.

1. Say: He is Allah, The One and Only.
2. Allah, the Eternal, Absolute.
3. He begetteth not, Nor is He begotten.
4. And there is none Like unto Him.

**Surah 113. Al Nas (Mankind)**

In the name of Allah, Most Gracious, Most Merciful.

1. Say: I seek refuge, With the Lord, And Cherisher of Mankind.
2. The King (or Ruler) Of Mankind—
3. The God (or Judge) Of Mankind—
4. From the mischief, Of the Whisperer, (Of Evil), who withdraws (After his whisper)—
5. (The same) who whispers, Into the hearts of Mankind—
6. Among Jinns And among Men.

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**Spiritual Care Department**
The Chaplains of this hospital are at your service. To arrange to see one of us, call extension 1757.

**Juma Prayer**
1:00 MSKCC Hospital Chapel
1:30 New York Presbyterian Hospital

**Daily Prayer**
The five daily prayers can be said in the chapel every day at the normal prayer times, or in your room. A prayer time schedule, prayer rug, and Holy Quran are in the chapel.

**Come visit our chapel on the 1st Floor, Room 1W-021.**

**Halal Foods**
Halal food is available for patients and family members upon request. Circle halal food on your hospital menu, speak to the diettitian, or call extension 1292.

**Restaurants**
- **Omar’s Kitchen & Bakery**
  154 East 55th Street, New York, NY 10022
  (212) 207-8302
- **Halal Food Cart**
  68th Street between Lexington and 3rd Avenues, near Hunter College

**Nearest Masajid**
- **Islamic Center**
  1711 Third Avenue at 96th Street
  New York, NY 10022
  (212) 722-5234
- **Masjid Malcolm Shabazz**
  102 West 116th Street at Malcolm X Blvd., New York, NY 10026
  (212) 662-2202
- **Islamic Center of N.Y.**
  154 East 55th Street
  New York, NY 10022
  (212) 888-7838