

We want to celebrate you!

Join our LIVE STREAM PROGRAMS in honor of Lupus Awareness Month

Thursday, May 5th, 2:00pm-3:00pm

LANtern®/NY Presbyterian/Lower Manhattan Hospital Health Talk

Join **Sophia Deng**, HSS RN, as she helps you understand the importance of different types of vaccines including COVID-19, and how they may protect your health. **This program is in Cantonese. For more information & registration**, please contact **Eliza Ngan-Dittgen** at lantern@hss.edu or **646.797.8338**.

Thursday, May 5th, 5:00pm-6:00pm

COVID-19 Updates for Patients with Lupus

Join **Dr. Andy Miller**, Chief of Infectious Diseases at Hospital for Special Surgery, as he shares updates on COVID-19, access to treatment modalities and boosters for the Lupus community.

Register via Zoom: [CLICK HERE](#)

Monday, May 9th, 12:15pm-1:00pm

Meditation Workshop

Join **Claudia Zurlini**, Certified Meditation Instructor and take a break in your day for meditation & relaxation. These techniques will focus on mindfulness of breath and body awareness to reduce stress of the body and mind.

Register Here: [CLICK HERE](#)

Thursday, May 12th, 5:30pm-6:30pm

Living Healthy with Lupus: Lupus & The Skin

Join **Dr. Henry Lee**, Associate Attending Physician of Dermatology at New York Presbyterian, as he provides an interactive presentation on how lupus impacts the skin, treatment options and sun safety precautions as the summer approaches.

Register via Zoom: [CLICK HERE](#)

Tuesday, May 17th, 5:30pm-6:30pm

Mental Health & Lupus in Latinx Communities: Overcoming the Stigma

Join **Dr. Ruth Fernandez Ruiz**, Assistant Attending, Rheumatology at Hospital for Special Surgery, as she shares her expertise on mental health & lupus with a focus on Hispanic/Latinx communities. She will be sharing some coping strategies to boost your emotional wellbeing while living with lupus.

This program will be conducted in Spanish.

Register via Zoom: [CLICK HERE](#)

Tuesday, May 24th, 5:30pm-7:00pm

Navigating Bias in the Healthcare Setting: Strategies for Empowering the Patient Voice

Join the **Lupus Foundation of America**, **Dr. Jillian Rose**, AVP Community Engagement, Diversity & Research, **Dr. Ashira Blazer**, Assistant Attending Rheumatologist at Hospital for Special Surgery, and a **patient advocate**, for an important conversation on how our own biases may impact medical decision-making, how to identify bias in the medical setting and how to strengthen your voice as a lupus patient.

Register Here: [CLICK HERE](#)

In the Community

Saturday, May 7th, 11:00am-12:30pm

LANtern's Support Group

This Cantonese-speaking support group is for Asian American patients and their loved ones, facilitated by **Eliza Ngan-Dittgen**, Program Supervisor, LANtern® (Lupus Asian Network).

For meeting details, please contact **Eliza** at lantern@hss.edu or **646.797.8338**.

Monday, May 9th-May 31st

Asian American Pacific Islander (AAPI) Heritage Festival

Featuring a virtual information booth on the AAPI digital platform, this educational outreach is coordinated by LANtern® (Lupus Asian Network) **Please visit capaonline.org to learn more.**

Thursday, May 19th, 5:30pm-8:00pm

Teen, Young Adult and Parent Virtual Support Group

Coordinated by Charla de Lupus (Lupus Chat)® Program Coordinator, Giselle Rodriguez, LCSW, Senior Program Associate, Lillian Mendez and Program Associate, Kimberly Cabrera.

For meeting details, please contact **Giselle** at charla@hss.edu.

Saturday, May 21st

Arthritis Foundation of New York Walk to Cure Arthritis

To walk with the HSS Department of Social Work Programs, please contact: **Rosalia Duarte**, LMSW, at **212-774-7605**.

September 2022-April 2023

SLE Workshop

The SLE Workshop is a monthly support and education program for people with lupus and their loved ones. **For meeting details** and new member registration, please contact the **SLE Workshop Coordinator** at 212.774.7654.

If you would like more information about the community activities above, please contact: Assistant Director for Lupus Programs & Community Engagement, **Priscilla Calvache**, LCSW, at **212.774.2108**.