Staged Bilateral Surgery Timeline
Pre Op
Week 0
(Left Side Surgery)
Week 6
(Right Side Surgery)
Week 12
(Removal of Left Frame)
Week 18
(Removal of Right Frame)
Time in Frame Graphic

- **Right**
  - Frame: 6-12 months
  - Brace: 13-18 months

- **Left**
  - Frame: 0-6 months
  - Brace: 13-18 months (same as Right)
Work Schedule and Crutches Use

Months

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<tr>
<th>Crutches</th>
<th>Work</th>
<th>Time off</th>
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Weeks

0  2  4  6  8  10  12  14  16  18  20