Adult Flatfoot Correction

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pearls

- Calcaneal slide if no foot abduction
- Look for & treat knee & ankle valgus
- LCL + Calc slide. Preserve joint
- PTT recon if tendon insufficient
- Triple arthrodesis; LCL with CC fusion with arthritis
  - May need calc slide as well.
- Indications for frame
  - Massive deformity
  - Staged internal fixation