Techniques for Tibial Deformity Correction: State of the Art (R)

Co-Moderators: S. Robert Rozbruch, MD, New York, NY (a - Smith & Nephew, EBI) and Mark T. Dahl, MD Stillwater, MN (n)

State of the art techniques for tibial deformity correction include intramedullary nailing, plating, monolateral and circular external fixation. After a session on principles and planning, these approaches will be reviewed to highlight optimal indications for each method.

I. Principles and Planning
   Dror Paley, MD, Baltimore, MD (e - Smith & Nephew)

II. Intramedullary Nailing
   David L. Helfet, MD, New York, NY (e - Synthes)

III. Plating (Fixator assisted)
   Joachim Pfeil, MD, Wiesbaden, Germany (n)

IV. Monolateral External Fixation (Multi-axial correction)
   Richard S. Davidson, MD, Philadelphia, PA (EBI)

V. Circular External Fixation (Six axis correction)
   S. Robert Rozbruch, MD New York, NY (a - Smith & Nephew, EBI)