HOSPITAL FOR SPECIAL SURGERY

KEY RESOURCES for OLDER ADULTS

Information and Referral:

Hospital for Special Surgery Physician Referral Service: 1-877-606-1555, http://www.hss.edu/physician-referral-service.asp

New York City Department for the Aging: www.nyc.gov/aging Call 311 for information about **all** NYC programs and resources available.

NYS Office of the Aging & Senior Hotline: 1-800-342-9871, www.aging.state.ny.us

The Official Website of the City of New York: Information and access to all NYC government programs and services, Call 311, http://www1.nyc.gov

Health Insurance and Entitlement Assistance:

Community Service Society of New York: An advocacy organization (212-254-8900) and for assistance with the insurance marketplace. 1-888-614-5400, www.cssny.org

HIICAP (Health Insurance Information, Counseling and Assistance Program): Call 311

HRA Human Resources Administration: 718-557-1399, information on public assistance and food stamps, http://www.nyc.gov/html/hra/html/home/home.shtml

Medicaid: 1-888-692-6116, http://www1.nyc.gov/311

Medicare: 1-800-MEDICARE or 1-800-633-4227, www.medicare.gov

Medicare Rights Center: 1-212-869-3850, www.medicarerights.org

New York Medicaid Choice: 1-800-505-5678, http://www.nymedicaidchoice.com

NY State of Health, The Official Health Plan Marketplace: 1-855-355-5777, www.nystateofhealth.ny.gov

Social Security Administration: 1-800-772-1213, www.socialsecurity.gov

Nutrition:

City Meals-on-Wheels Meal delivery for homebound older adults**:** 1-212-687-1234, www.citymeals.org

SNAP (Food Stamps): Supplemental Nutrition Assistance Program, food pantries and community kitchens are available throughout New York City: Call 311 http://www.nyc.gov/html/hra/html/directory/food.shtml

These resources are provided by Hospital for Special Surgery VOICES 60+ Senior Advocacy Program http://www.hss.edu/voices60.asp and are for general information only. If you have any questions regarding your health ***ALWAYS CONSULT YOUR PERSONAL QUALIFIED HEALTHCARE PROVIDER.*** *www.hss.edu*

HOSPITAL FOR SPECIAL SURGERY

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Transportation:

Access-A-Ride (AAR): 1-877-337-2017, http://www.mta.info/nyct/paratran/guide.htm Transportation program for people unable to use public transportation. Fare is the same as full fare on mass transit. Call for application.

Reduced Fare Metrocard: 1-718-330-1234, www.mta.info. Half-fare to seniors 65 and older.

Health and Aging Resources and Websites:

Hospital for Special Surgery: Articles on orthopedic and arthritis-related conditions and an overview of the support programs available at the hospital. www.hss.edu

National Institute on Aging: www.nia.nih.gov

The Arthritis Foundation: Advocacy, programs, services, research, information and resources regarding the over 100 different types of arthritis. www.arthritis.org

Mental Health:

Lifenet: 1-800-LIFENET (1-800-543-3638) NYC's toll-free, multilingual, multi-cultural, confidential referral hotline available 24 hours/day, 7 days/week for those seeking help for mental health and/or substance abuse treatment.

- English: 1-800-LIFENET (1-800-543-3638)
- Spanish: 1-877-AYÚDESE (1-877-298-3373)
- Mandarin: Asian LifeNet (1-877-990-8585)

Housing:

NYC Affordable Housing Resource Center:
http://www.nyc.gov/html/housinginfo/html/seniors_disabled/seniors_disabled.shtml

NYC Housing Authority Contact numbers:
http://www.nyc.gov/html/nycha/html/contact/contact.shtml, or call 311

NYC Housing Connect: www.nyc.gov/housingconnect

NYC Housing Search: www.nyhousingsearch.gov

New York Foundation for Senior Citizens: Information for older adults on job training and placement, senior centers, free transportation, housing alternatives and support services, 1-212-962-7559, www.nyfsc.org

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