Information for Jewish Patients

Local Housing
Belaire Guest Facility (in the HSS building)
212.606.1989 (x1989)

Helmsley Medical Tower
1320 York Avenue
212.472.8400 • Toll free: (800) HM TOWER

Home Hospitality for Shabbos and Yom Tov
Lenox Hill Bikur Cholim
131 East 78th St (Park & Lex), Suite 1A
212.744.4748

Manhattan Friendship House
434 East 66th St (between York & First Ave)
212.933.9033

For additional resources contact the Department of Spiritual Care at 212.606.1757.

Note: Out of consideration for others, please do not “overbook” by reserving more than one hospitality option. This creates difficulties for others who may be seeking a place to stay.

Prayer Suggestions

Prayer for Healing on Behalf of a Patient
May the One who was a source of blessing for our ancestors bring blessings of healing upon (insert name here), a healing of body and a healing of spirit. May those in whose care they are entrusted be gifted with wisdom and skill, and those who surround them be gifted with love and trust, openness and support in their care. And may they be healed along with all those who are in need. Blessed are You, Source of Healing

Personal Prayer
Hear my prayer, O Lord, heed my plea for mercy. In time of trouble I call You, for You will answer me. When pain and illness are my companions, let there be room in my heart for strength. Where there is darkness, let the light of courage find its place. Help me through the challenges and dissolve the fear. Renew within me the calm spirit of trust and peace.

Minyanim
Mincha Minyan between Simchat Torah and Passover is held Monday through Thursday, 4PM at the chapel on the Main Floor of Memorial Sloan Kettering Hospital, located at 68th & York Ave. The closest daily Minyanim are held at Park East Synagogue (167 East 67th St). Shacharit: Monday through Friday 7:45AM; 9AM on Shabbat and Sunday. Call for times for Mincha/Ma’ariv 212.737.6900.

Visiting Before or After Regular Hours
For visiting before and after hours, please speak with the chaplain or the nurse on your floor to make arrangements with security.

Bikur Cholim Room • Kosher Hospitality Room
The Bikur Cholim Room (a kitchenette) is located on the 2nd floor in Room 2W-167 (between the mail room and the East elevator). Chesed 24/7 provides light kosher food and snacks, a refrigerator, coffee urn, shabbos warmer, “shabbos in a box” with candles, and seforim for your use.

Chapel
Our chapel, located in Room 1W-021 is open to everyone. It is a quiet room for prayer or meditation with no religious symbols. There are siddurim (prayerbooks) on or in the wooden stand.

Sabbath Elevator
HSS has a Sabbath Elevator located on the East side of the hospital which stops automatically on each floor. The elevator is programmed to go to the top floor and then stop on each floor on the way down and runs continuously from the hours of 4PM on Friday to 8PM on Saturday and all major Jewish holidays.

Candles • Sabbath Candles/Shabbos in a Box
Candles (“Shabbos in a Box”) can be obtained by calling the Spiritual Care Department at 212.606.1757 or by going to the Bikur Cholim Room located on the 2nd Floor. It is prohibited to light regular candles anywhere on the hospital premises. NO EXCEPTIONS.

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**Kosher Food**
Glatt Kosher meal service (OJ acceptable, a Chassidic certification) is available for patients through arrangements with department of Food and Nutrition. You will meet a dietician prior to and after surgery to discuss any dietary needs, and you can request kosher food at those times.

Glatt Kosher guest trays may be ordered by family and guests. As with all guest trays, there is a charge. Speak to the unit clerk by the nurse’s station about ordering.

For Passover, to get Matzah and other Seder requirements, you must be on the Kosher Meal Plan.

Extra kosher food during your hospital stay may be ordered by contacting the Satmar Bikur Cholim at 718.387.7749 six days a week, Sunday—Friday, 8AM—10AM.

**Kosher Refrigerator**
If you would like a refrigerator in your room, please contact a chaplain or your nurse to make arrangements.

There is also a kosher refrigerator on 8 East in the Nourishment Room (kitchenette). Please label your food clearly with name and date so that it is not discarded.

**Local Kosher Restaurants**
- **Bagels & Company** (dairy); NY Kosher & OU 1428 York Ave (76th St)  tel 212.717.0505
- **Saba’s Pizza Dairy**: National Kosher Supervision 1376 Lexington Ave (91st St)  tel 212.987.9130
- **VeBene** (dairy); OU 1589 Second Ave (82-83 St)  tel 212.517.4448
- **Mendy’s Deli** (meat); OU 875 Third Ave (52–53 St)  tel 212.308.0101
- **Nargila Grill** (meat); OK 1599 York Ave (84–85 St)  tel 212.535.3700
- **Tevere 84**: OU 155 East 84th St (Lex-Third Ave)  tel 212.744.0210

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**LOCAL SYNAGOGUE DIRECTORY**

**REFORM**
- **Congregation Emanu-El**
  Rabbi Joshua Davidson
  1 East 65th St at 5th Ave • 212.744.1400

- **Central Synagogue**
  Rabbi Angela Buchdahl
  652 Lexington Ave (between 54-55th St) • 212.838.5122

- **Temple Shaaray Tefila**
  Rabbi Deborah Hirsch
  250 East 79th St (at Second Ave) • 212.535.8008

- **Temple Israel**
  Rabbi David Gelfand
  112 East 75th St (between Park & Lexington) • 212.249.5000

**ORTHODOX**
- **Park East Synagogue**
  Rabbi Arthur Schneier
  163 East 67th St • 212.737.6900

- **Sephardic Synagogue of Fifth Ave**
  5 East 62nd St • 212.327.2611

- **Fifth Avenue Synagogue**
  Rabbi Yaakov Kermaier
  5 East 62nd St • 212.838.2122

- **Yorkville Synagogue**
  Rabbi David Bleich
  352 East 78th St • 212.249.0766

- **Manhattan Sephardic Congregation**
  Rabbi Raphael Benchimol
  325 East 75th St • 212.988.6085

- **Congregation B’nai Isreal**
  Rabbi R.J. Ralbag
  335 East 77th St • 212.877.1823

- **Congregation Kehilath Jeshurun**
  Rabbi Haskel Lookstein
  125 East 85th St • 212.774.5600

- **Edmond J. Safra Synagogue** (Sephardi)
  Rabbi Elie Abadie
  11 East 63rd St • 212.754.9555

- **Chabad of the Upper East Side**
  Rabbi Ben Tzion Kransianski
  419 East 77th St • 212.717.4613