The mission of LANtern (Lupus Asian Network) is to support, empower, and enhance the quality of life of Asian-Americans with lupus and their families through our bilingual peer health education program. Our goal is to create and expand networks of hope and understanding, which will provide enlightenment concerning this complex illness.

Call LANtern at 866.505.2253 toll free.
www.hss.edu/lantern

Hospital for Special Surgery’s LANtern Program, made possible through funding by Rheuminations, Inc., reaches out to the communities we seek to serve in cooperation with the following organizations: The S.L.E. Lupus Foundation, Charles B. Wang Community Health Center, Chinese Community Partnership for Health at New York Downtown Hospital, Hospital for Joint Diseases, and the Center for the Study of Asian American Health at NYU Langone Medical Center.

Lupus: Myths & Facts
紅斑狼瘡：傳說與事實

紅斑狼瘡之曙光 - 亞裔關懷聯盟的使命是透過我們的病友互助計劃來支援，加強和改善患有紅斑狼瘡的美國亞裔人士及其親屬的生活品質。目標是為患病者及其家人建立一個聯盟，一個協作網以便有更深入的理解，和效力對付這一複雜疾病之難題。

請致電紅斑狼瘡之曙光 - 亞裔關懷聯盟
866.505.2253（免費電話）
www.hss.edu/lantern

由 Hospital for Special Surgery 成立的紅斑狼瘡之曙光 – 亞裔關懷聯盟是全賴 Rheuminations, Inc. 公司的慷概贊助，及得以下列服務機構的精誠合作：S.L.E. 紅斑狼瘡基金會，玉嘉廉社區醫療中心，紐約下城醫院（福安康寧）華人社區保健計劃，Hospital for Joint Diseases，紐約大學醫學院美國亞裔健康研究中心。
What is lupus?
Lupus is an illness where the body attacks itself. Lupus is chronic, meaning it does not go away. Lupus affects both men and women, but mostly women. There is no cure for lupus, but effective treatments can control symptoms and prevent serious complications.

Is lupus common?
Almost 2 million Americans have lupus. Asians are affected by lupus 2-3 times more often than Caucasians.

Is lupus serious?
Lupus affects each person differently. It can be mild or serious. Lupus can be life-threatening if major organ systems are involved. With proper treatment, someone with lupus can lead a long and normal life.

Is lupus contagious?
Lupus is not contagious. You cannot catch lupus or pass on lupus to anyone else.

Is lupus a skin disease?
Lupus can affect the skin, as well as many other parts of the body, including the joints, blood, heart, lungs, and kidneys. Simply having a rash does not mean you have lupus.

What causes lupus?
There is no single cause of lupus. Genetics and environment may both play a role. Nothing you do can cause you to have lupus.

What are the symptoms of lupus?
Every person with lupus has different symptoms that may come and go. Common symptoms include joint pain, unusual fatigue, a butterfly-shaped rash on the face, and unexplained fevers. You may look OK, but only your doctor can determine if you have lupus and if the disease is active (called a flare).

How is lupus treated?
Western medicine can help control your lupus flares. Visiting a rheumatologist (a doctor who specializes in lupus) regularly is important.

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