

Fall 2018 Community Education Calendar of Events



Managing Concussions in the Youth Athlete

Monday, September 24, 2018
5:30–6:30 pm



Emerald Lin, MD
Physiatrist
Hospital for Special Surgery



Deborah N. Roche, PhD
Sport Psychologist
Hospital for Special Surgery



**Jorge Giral, PT, DPT,
SCS, COMT, CSCS**
Clinical Supervisor
HSS Westchester
Rehabilitation and Sports
Performance Center

While each child and teen experiences concussions differently, sustaining a concussion is distressing for the competitive athlete and often, athletes do not report their concussions to a coach. Yet, returning to learn or play too soon after receiving a concussion puts a child or teen at risk for getting another concussion. Join us for a comprehensive panel discussion where our experts will address returning to learn after a concussion, managing the psychological aspects of multiple concussions along with vestibular and vision therapy treatments available to concussion patients.

ACL Injuries in the Youth Athlete: Prevention & Management

Monday, October 22, 2018
6:00–7:00 pm



Andrew D. Pearle, MD
Orthopedic Surgeon
Sports Medicine
Hospital for Special Surgery



**Jimmy Russomano,
MS, CSCS, USAW1**
Program Manager
HSS Sports Safety



**Laurey Lou, PT, DPT,
SCS, CSCS**
Physical Therapist
HSS Westchester
Rehabilitation and Sports
Performance Center

ACL injuries are among the most common and devastating injuries a young athlete may sustain. They are particularly prevalent in sports that involve quick changes in speed or direction such as soccer or lacrosse or sports that require frequent jumping and landing such as basketball or volleyball. Join us for this unique program that addresses three ACL injury prevention strategies: ACL injury screening, ACL injury education programs for coaches, parents, and athletes, and ACL injury treatment and rehabilitation options.

LOCATION HSS Westchester
Outpatient Center
1133 Westchester Avenue
White Plains, NY 10605

HOW TO REGISTER Visit hss.edu/pped or contact Pamela Villagomez at **203.705.2956** or email at villagomezp@hss.edu

Space is limited; register early!
Programs are free of charge and open to the public.