

A young boy with short dark hair, wearing a white mesh basketball jersey with blue trim, is waving his right hand. He is looking directly at the camera with a slight smile. In the background, other children in similar jerseys are visible, some looking towards the camera and others looking away. The setting appears to be an indoor sports facility.

2018
report to the community



On the cover: Junior Knicks at the Sports Safety Workshop during Youth Sports Week on Long Island, New York.

On this page: Laura Gibofsky, MS, RD, CSP, CDN, educating students at P.S. 92 Harry T. Stewart Sr. School.



Louis A. Shapiro
President and CEO
HSS

HSS has a longstanding tradition of providing superior musculoskeletal care to the communities we serve. As we continue to expand our reach, we are designing innovative ways to connect people in those communities with programs to enhance their health and well-being. This report details those efforts, as well as others that promote a culture of inclusion and diversity and events that raise awareness of our commitment to supporting musculoskeletal health. Through the many programs we offer, our local, national and international partners share our dedication to enhancing public health and community wellness.

Our commitment to advancing the future of musculoskeletal care also extends to our research and educational efforts. Our laboratory and clinical researchers are collaborating to pursue avenues of study with the potential to enhance the health of people in our community, as well as those around the world who can benefit from new treatments. Through our educational programs, orthopedic residents are refining new ways to help patients here and are also bringing their expertise abroad to support people in underserved areas across the world.

HSS is always honored to receive recognition for our work, and 2018 was no exception. In addition to maintaining our top rankings in Orthopedics and Rheumatology, the Lerner Children's Pavilion achieved national ranking by *U.S. News & World Report* as a Best Children's Hospital for Pediatric Orthopedics. We're more committed than ever to further elevating our patient care, pushing the envelope through groundbreaking research, training the leaders of the future through our academic programs and supporting the health of people in our communities and across the globe.

A handwritten signature in blue ink, appearing to read 'Louis A. Shapiro'.

Louis A. Shapiro

POP screening at Hunter College High School.



about HSS

Hospital for Special Surgery (HSS) is a world leader in the diagnosis, treatment, rehabilitation, and prevention of musculoskeletal diseases and disorders.

What began as a single hospital building serving the needs of New York City residents has grown to become a multisite enterprise, with locations throughout the region and affiliations around the world. This growth has been possible due to a shared passion with our community health partners as well as advances in technology that enable HSS to connect with more individuals, bringing our expertise to their neighborhoods and homes in ways once considered unimaginable.

We were honored and excited this year to participate in the New York City Pride March for the first time, one of many ways HSS demonstrates our culture of inclusion and diversity. We also partnered with the Arthritis Foundation for the annual Arthritis Walk® and the Lupus Research Alliance New York for Walk with Us to Cure Lupus, as a supporting sponsor to raise awareness and funds to fight the nation's most common causes of disability. Through the many community programs we offer, our local, national, and international partners share our dedication to enhancing public health and community wellness.

Our commitment to enhancing the future of musculoskeletal care extends to our research and medical education efforts as well. Our investigators are exploring new ways drugs affect the bones, clarifying meaningful outcomes after hip surgery, and determining whether stem cells can improve patient outcomes. Through our medical education programs, orthopedic residents are studying the way patients use opioids after surgery and bringing their expertise abroad to help residents of underserved areas around the world.

Education is a critical component of our mission, and our programs continue to attract residents and fellows from all over the world seeking the training and expertise that will make them leaders in their fields. The knowledge they gain during their time with us, the guidance they receive from their instructors and mentors, and the personal connections they establish with their colleagues give them a firm foundation for rewarding careers, wherever they choose to practice.

HSS Outpatient Clinics: Ensuring Access to Care

HSS has more than 25 specialty clinics offering care to the medically underserved, including adult clinics focused on Scoliosis, Sports and Shoulder, Spine, Metabolic Bone, Physiatry, Pain Management, Foot and Ankle, Hand, Brachial Plexus, Neurology, Dermatology, Limb Lengthening, Prosthetics and Orthotics, the Center for Skeletal Dysplasia, and the Comprehensive Arthritis Program. Adult outpatient rheumatology care is offered through the Musculoskeletal, Rheumatology, and Lupus Clinics. Pediatric Orthopedic, Rheumatology, and Specialty Care Clinics at HSS focus on orthopedic issues, scoliosis, cerebral palsy, juvenile rheumatoid arthritis and other rheumatology disorders, osteogenesis imperfecta, hand issues, and sports medicine.

Financial Assistance

The Financial Assistance Program at HSS ensures that patients of all backgrounds across the United States can receive high-quality healthcare. We carefully take into account the ability of each patient to pay. In addition, the Hospital extended our financial assistance program beyond the state mandated level of 300% of the federal poverty level to include patients whose income is at or below 700% of the federal poverty level. We have also extended our policy to consider a patient's insurance co-pay, deductible, and co-insurance when considering eligibility for a discount. In addition, HSS currently participates in several Medicaid managed care plans and other plans for low income patients.

Care for Medicaid Patients in Pediatric Clinics

HSS has one of the largest elective pediatric orthopedic surgery services for Medicaid patients in New York. Patients and their families travel from across the state, with some even relocating from other countries for treatment at HSS. Our pediatric orthopedic surgery care is centralized in the Lerner Children's Pavilion (LCP). The LCP is quite different from most Medicaid clinics. "A lot of institutions create Medicaid clinics that are offsite and have different staff members and/or residents or fellows," says Dr. Widmann. "At HSS, all patients come to the same waiting room and exam rooms and see the same physicians and radiologists. Everyone is treated at the same high level of care for which HSS is known. As physicians, that's something we're enthusiastic about."

Girls volleyball team participating in a POP screening at Hunter College High School.



achieving excellence

HSS is recognized for exceptional patient care stemming from our commitment to innovation, education, and research.

For the ninth year in a row, HSS is ranked the #1 hospital in the country for Orthopedics in the *U.S. News & World Report* "Best Hospitals 2018-2019" survey. HSS is also a leader in Rheumatology, ranking #3 in the country. The Hospital is top-ranked in the northeast for both Orthopedics and Rheumatology for the 27th consecutive year.

The HSS Lerner Children's Pavilion achieved national ranking as a Best Children's Hospital for Pediatric Orthopedics by *U.S. News & World Report* (2018–2019).

HSS is the first hospital in New York State to receive Magnet Recognition® for Excellence in Nursing Service from the American Nurses Credentialing Center four consecutive times. The Hospital has also been repeatedly recognized for having one of the lowest infection rates in the country.

In 2018, HSS was nationally recognized with multiple awards from Healthgrades, the leading online resource to help consumers find the right doctor, the right hospital, and the right care, including:

- **Outstanding Patient Experience Award™ (fourth consecutive year)**
- **America's 100 Best Hospitals for Spine Surgery Award™ (2016–2019)**

In addition, CareChex®, an information service of Quantros, Inc., ranked **HSS #1 in the United States for medical excellence in both major orthopedic surgery and joint replacement for five consecutive years (2014–2018)**. HSS is also a recipient of the inaugural Employer of Excellence Award by the American Academy of Physician Assistants' Center for Healthcare Leadership and Management.



Working with Community Healthcare Centers

Federally qualified healthcare centers (FQHCs) are vital to communities because they connect residents with healthcare services they might not otherwise be able to access or afford. **HSS is expanding the access of underserved and medically vulnerable communities to its world-renowned care by partnering with FQHCs in the New York City area.** In 2018, two centers—one that serves the LGBTQ+ population and another that helps New York City's entertainment and performing arts community—have begun referring their clients to HSS for musculoskeletal care.

community investment by the numbers



Students participate in a Sports Safety workshop at NYCB Live during the New York Open.

Joan Altman, BSN, RN, MPH, RN, Community Program Coordinator educating seniors at Brown Gardens.

What is Community Benefit?

Community benefit includes programs or activities that are created to meet an identified community health need. These programs must seek to achieve one of the following objectives:

Improve

access to health services

Enhance

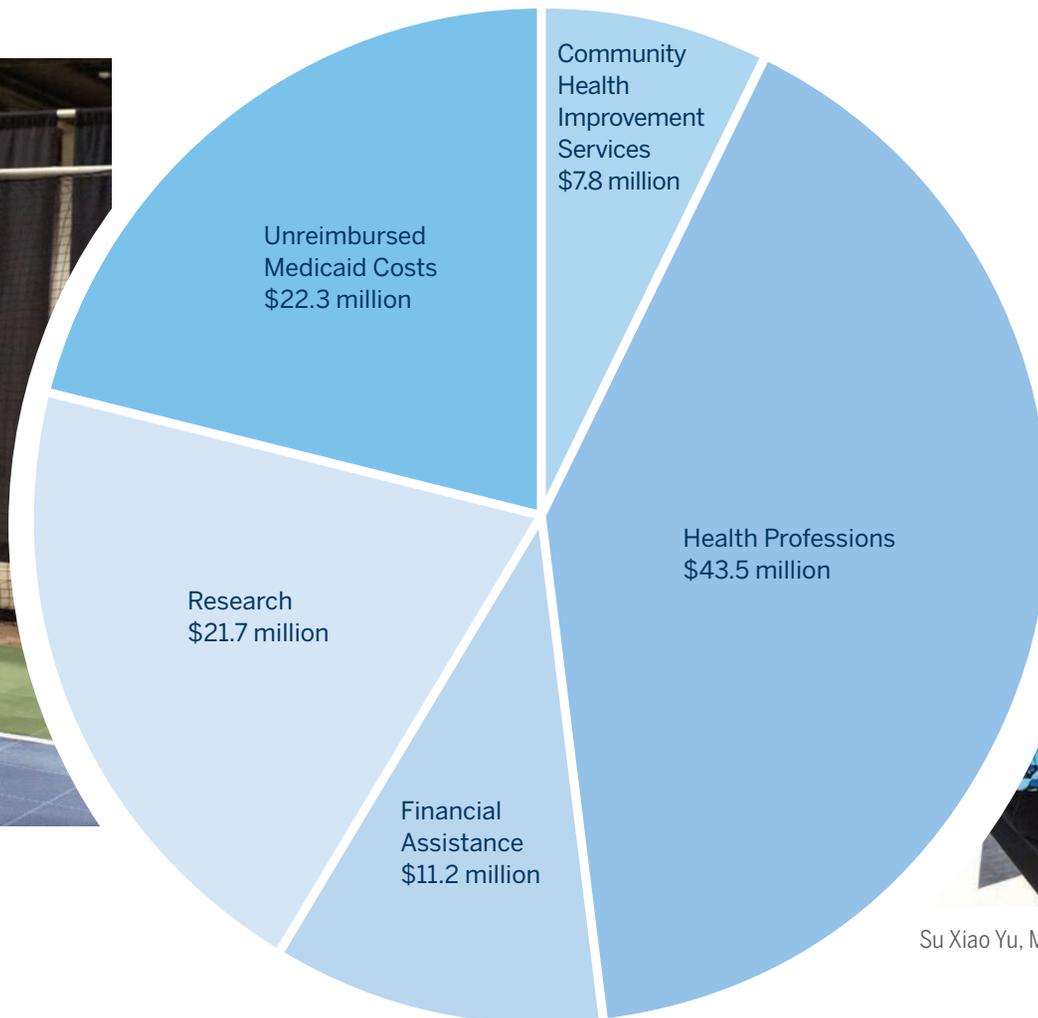
public health

Advance

medical or health knowledge

Relieve

or reduce burden on government or other community efforts



\$106.5 million spent on community benefits and services in 2017*



Su Xiao Yu, MS, RD, CDN, CDE educating Cantonese-speaking community members.

*As reported in the Hospital's 2017 IRS Form 990 filing.



Albairis Rosa, LMSW, VOICES 60+ Senior Social Worker with patient Beverly Dixon.

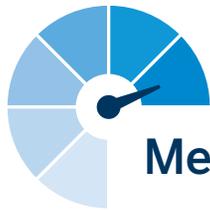
commitment to the community

The New York City metropolitan area is a blend of cultures, each with its own values and beliefs, medical needs, and healthcare preferences, which can impact health outcomes. HSS assesses the needs of community members and tailors education, interventions, and programming to best meet their needs and preferences.



Above: Student participating in Sports Safety workshop.

To accomplish this goal and maximize the impact of our initiatives, we ask community members what they know about their health, how they take care of themselves, and what they might wish to change. At each of our events, we assess self-management skills, knowledge, and satisfaction of those who attend. We use this valuable feedback to continuously customize our programs, with the ultimate goal of improving the health of the community.



Measuring Our Impact

HSS routinely collects data that are standard to every program, enabling us to assess the Hospital's community impact. For each program, we evaluate:



Reach

How many people took part in the event?

Knowledge

Did participants learn anything new?

Self-management

Can they take better care of themselves as a result of the program?

Satisfaction

Did they like the program, and would they refer a friend or family member?

Socio-demographic information

Who are we serving?

We use the collected data to enhance our programs going forward so that we can continue to meet the changing needs of the people we serve. The data are also valuable for determining the impact of our efforts on the community as a whole.

impact

Through 704 classes and events held in 2018, HSS reached 7979 people. Evaluations yielded the following outcomes that support the success of the Hospital's community programs:

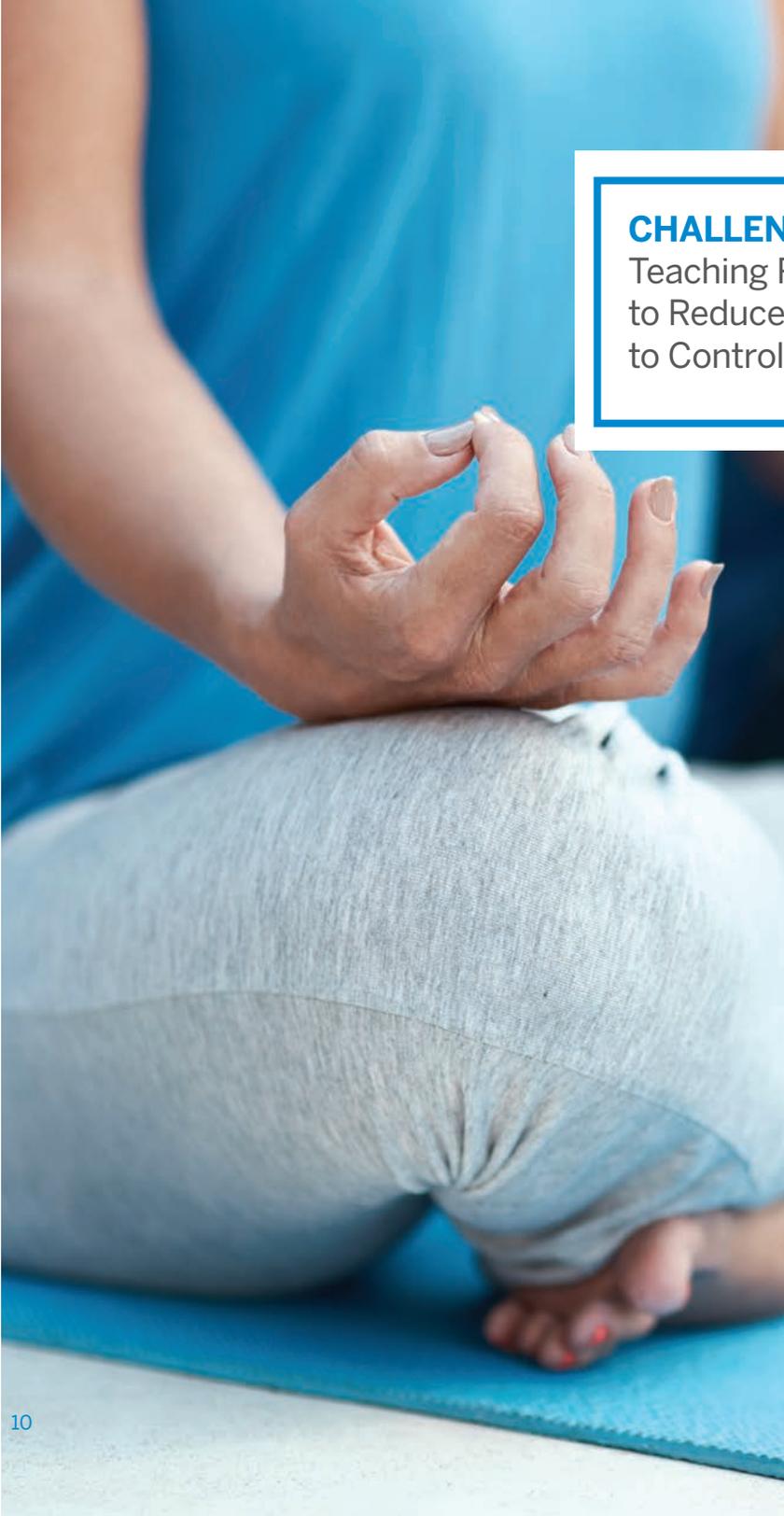
93% of participants gained knowledge

92% of participants gained self-management skills to manage a chronic condition

94% of participants were satisfied with our programs

91% of participants would recommend the program to a friend or family

28% increase in the diversity of the programs' participants



CHALLENGE

Teaching People How to Reduce Opioid Use to Control Chronic Pain

SOLUTION

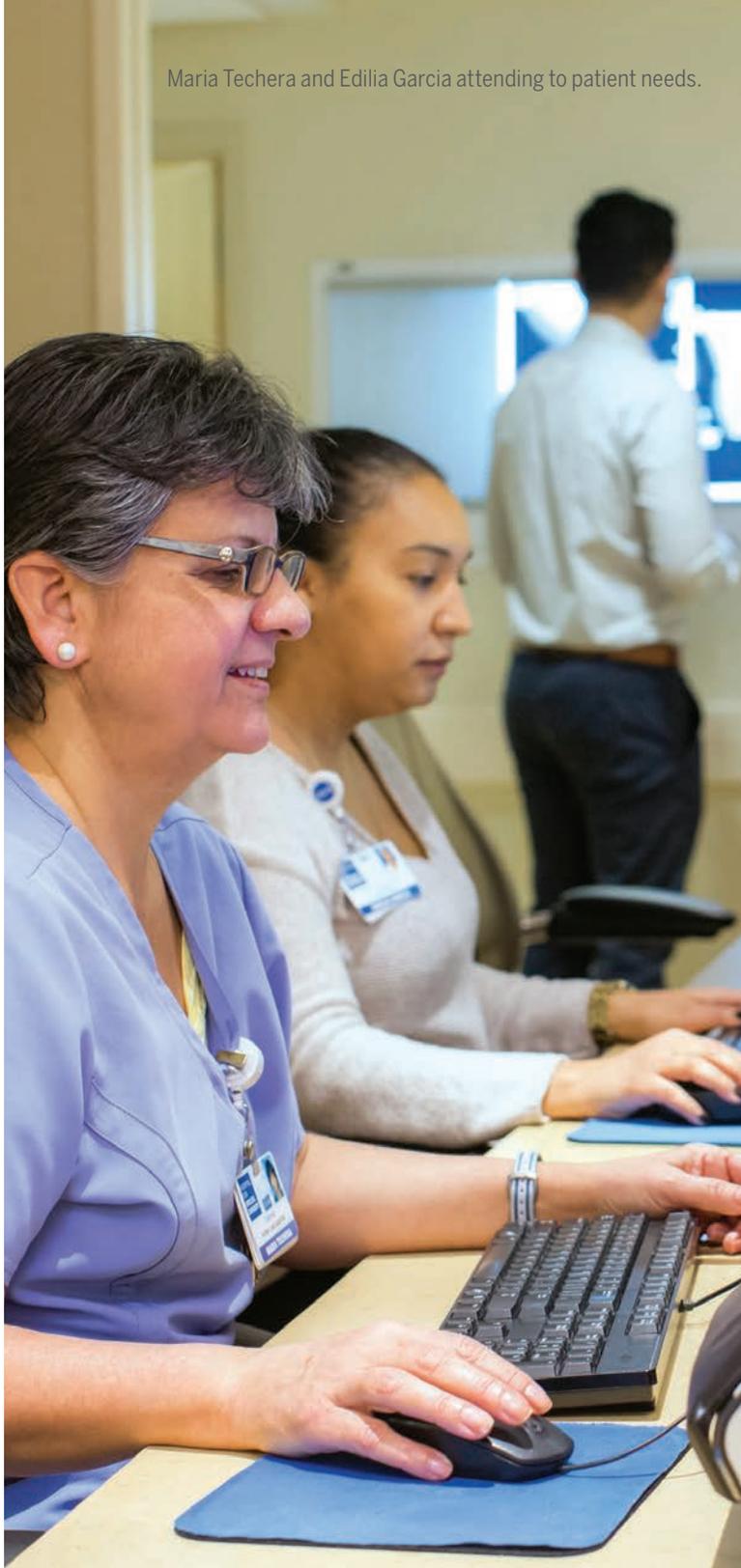
Mind-Body Programs to Manage Pain and Reduce Stress

By now, much of the country is aware that we are in the midst of an opioid epidemic, but much education is still needed. In 2016, more than 11 million people reported misusing prescribed opioids, many of them by taking a friend's or relative's pain relievers, and more than 2 million people had developed an opioid use disorder.¹ In 2017, preliminary data shows that 131 people died every day from an overdose.² To address this, HSS offers free educational lectures for the public about mind-body approaches such as yoga, meditation, exercise, and acupuncture and how they can help people manage chronic pain and reduce stress.

Two monthly on-site workshops are offered through the Ambulatory Care Center and Rheumatology Clinic, focusing on meditation, mindful breathing, and movement to achieve calmness and a sense of ease. Workshops include a 15-minute debriefing at the end of each session for participants to converse with a social worker about their in-class experience and to discuss how to incorporate mindfulness into their daily lives. Our patients can also opt to participate in a weekly 20-minute phone call to practice mindful breathing techniques remotely and experience a guided meditation designed to help participants cope with pain and stress.

The workshops and phone call enhance access to care and build a sense of community among attendees, which can reduce the isolation that some patients experience.

1. Substance Abuse and Mental Health Services Administration. Key substance use and mental health indicators in the United States: results from the 2016 National Survey on Drug Use and Health. HHS publication no. SMA 17-5044, NSDUH Series H-52. Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration; 2017. <https://www.samhsa.gov/data/sites/default/files/NSDUH-FFR1-2016/NSDUH-FFR1-2016.htm>
2. U.S. Department of Health and Human Services (HHS), Office of the Surgeon General. Facing addiction in America: the Surgeon General's spotlight on opioids. Washington, DC: HHS, September 2018. https://addiction.surgeongeneral.gov/sites/default/files/Spotlight-on-Opioids_09192018.pdf



Our workshop participants say...

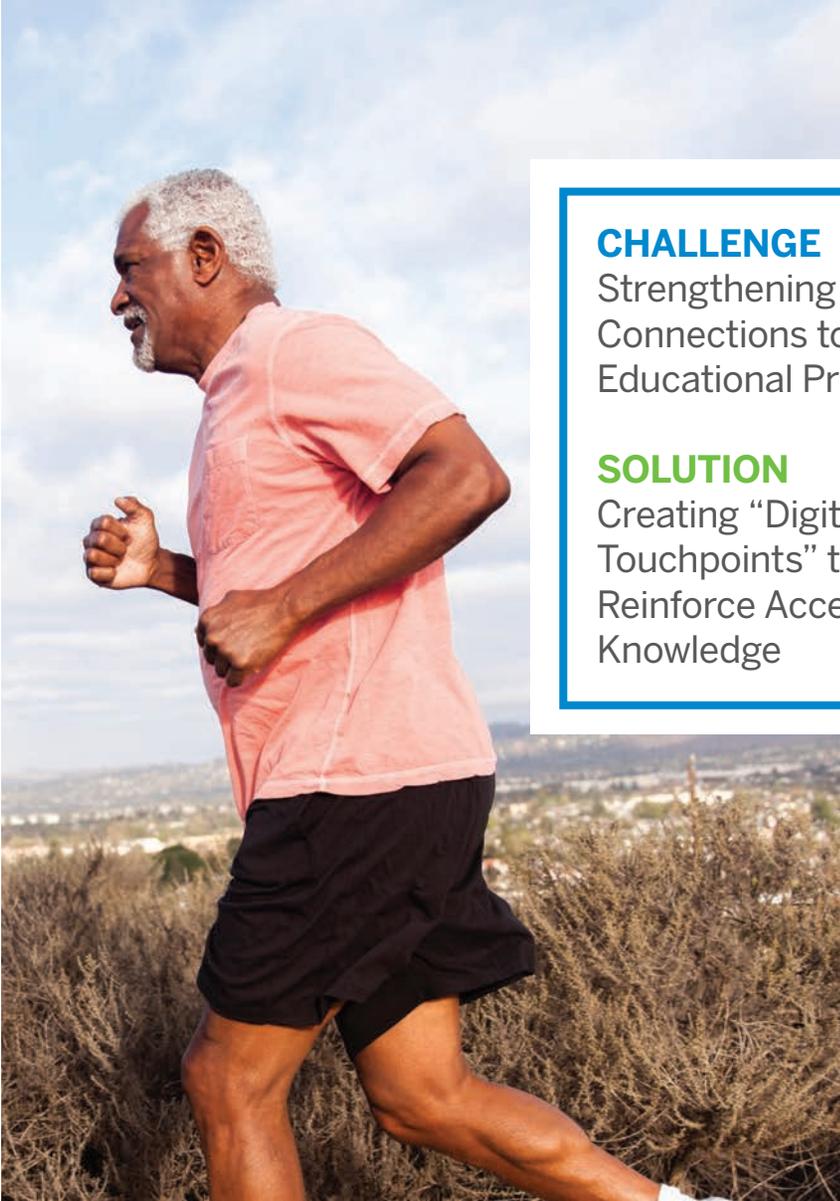
“It’s not just pills that help with pain. You can do it with your mind, using mindfulness and breathing exercises.”

“The group is empowering. Having this group is motivating and helps me stay accountable.”

“It’s like pressing a restart button. I center myself and deal with the here and now.”

Opioid Education: Addressing a National Crisis

As a leading provider of musculoskeletal care, HSS has a responsibility to our patients, their families, and the public to help prevent opioid dependency and addiction. Toward that goal, the Hospital dedicates a section of the website to comprehensive opioid education for patients and clinicians, with the aim of decreasing opioid use throughout HSS; increasing education of alternative pain management methods; and improving pain relief options through collaboration and research. Users can access a wide variety of articles, videos, guides, and other resources. HSS will continue to populate the web pages with timely, relevant content to reduce the burden of opioid use both within and beyond the Hospital’s walls.



CHALLENGE

Strengthening Connections to Educational Programs

SOLUTION

Creating “Digital Touchpoints” to Reinforce Access to Knowledge

HSS faculty and staff members have much to share with the public about ways they can improve their health. HSS has created numerous initiatives that serve as “digital touchpoints,” enabling users to access educational information provided by HSS.

- **The Health Video Library** playlists of streaming videos focusing on specific health needs at no cost. Topics cover active and aging adults; bone health; pain and stress management, featuring videos on complementary approaches; inflammatory arthritis; osteoarthritis; and general health and wellness. The library allows visitors to view informative videos when they want, where they want.
- HSS collaborated with **Project Play** of the Aspen Institute to create the Healthy Sport Index, an online tool to help athletes and families make informed decisions about the most appropriate sports, based on a child’s specific needs. Educators, civic leaders, health organizations, sport-governing bodies, and other stakeholders may also find the **Healthy Sport Index** useful for improving the delivery of sports experiences.



CHALLENGE

Enhancing Access to Care as HSS Expands Its Regional Network

SOLUTION

Programs Tailored to the Needs of Each Region Offering Multiple Points of Access



HSS has outpatient centers in multiple locations: Stamford, Connecticut; White Plains, New York; Paramus, New Jersey; Queens (Fresh Meadows); and Long Island (Uniondale). Inpatient and outpatient surgical care are also available through HSS Orthopedics provided by Stamford Health. At each location, patients can receive the same high standard of musculoskeletal care for which HSS is world renowned.

Each region has a different demographic composition, and therefore different needs and preferences for health education. Through customized regional programming, HSS tailors lectures, workshops, and other events to each region to ensure they meet the needs of community members and to enhance residents' access to care.

More than 2,800 people have participated in HSS Stamford community programming since 2015.

By assessing community demographics and needs, HSS has doubled the number of programs we offer through these outpatient centers, such as:

- Panel discussions bringing together HSS doctors, physical therapists, and other healthcare providers to address the prevention and treatment of musculoskeletal disorders.
- Monthly educational talks at senior living and other community centers and t'ai chi classes for seniors.
- Targeted seminars such as helping landscapers prevent tendonitis, nutrition, women's health, issues related to aging and program to instruct nannies and other caregivers about ways to lift properly to reduce the risk of a back injury.
- Programming for athletes, focusing on topics such as musculoskeletal injuries, pediatric concussions, and joint replacement.
- Educational community presentations on managing concussions in young athletes and preventing ACL knee injuries.

“We’re identifying what is working well in each region. What one region may want could be different from what another needs.”

—Pamela Sanchez-Villagomez, MPA
Manager, HSS Public & Patient Education





reaching across communities

Service Trips Send HSS Staff to Ghana

FOCOS Orthopedic Hospital in Accra, Ghana—a freestanding hospital with its own full-time staff—brings state-of-the-art care to an area of the world where the need is great. HSS supports the goals of FOCOS to provide high-quality orthopedic care and improve quality of life in Ghana and neighboring countries. HSS staff members make service trips twice each year to provide educational support and share best practices with the FOCOS team. Staff members from various areas who visit FOCOS include many who have never been on any humanitarian trip, let alone to Africa. Nurses, central sterile processing technicians, physical therapists, prosthetic technicians, procurement staff, and neuromonitoring technicians are among those who travel to FOCOS to work with staff for one week. When they return to HSS, the teams submit reports that are helpful to the next team preparing to go, enabling them to follow up on recommendations provided by the prior group and ensuring continuity.

Oheneba Boachie-Adjei, MD, with a patient at FOCOS Hospital in Accra, Ghana.

Nurturing Health through Creativity

Through a program called “**Feeding Creativity**,” HSS partnered with Lincoln Center Education for eight weeks to provide nutritional guidance and dance instruction to students ages 13–17 interested in the performing arts. Teens from New York City public schools and local community organizations gathered to learn about healthy food choices and to experience new forms of dance (including jazz, hip-hop, and ballet). At the end of the eight weeks, students performed dances they had choreographed themselves and incorporated nutritional themes they had learned. The program is designed to help students learn how to live a healthy lifestyle while expressing themselves creatively and trying new things, such as a new dance style or food choice. “It was an exploration on both sides—not just for them, but for us,” said Claudia Zurlini, Program Coordinator, HSS Public & Patient Education.

HSS “Moves with Pride”

Hospital for Special Surgery is committed to providing inclusive and sensitive care to meet the concerns and needs of the LGBTQ+ community. In 2018, 200 members enthusiastically participated in the New York City Pride March, the first time HSS participated in this event. Joining this event is one of the many ways the Hospital demonstrates its support of patients from all backgrounds and its culture of inclusion and diversity. LGBTQ+ people face many barriers when accessing or receiving health care, including discrimination, stigma, and fear that can impact their health. HSS is committed to ensuring that all people, including the LGBTQ+ community, receive the highest quality musculoskeletal care and service in a safe, welcoming environment.

HSS continues to be recognized as a Leader in LGBTQ Healthcare Equality for the fourth consecutive year by the Human Rights Campaign Foundation. The Hospital achieved high marks in the areas of nondiscrimination, LGBTQ+ education, training, and demonstration of commitment to equitable and inclusive care. Learn more: [hss.edu/diversity-inclusion](https://www.hss.edu/diversity-inclusion).





research and innovation

Research is essential for progress to be made in the understanding and treatment of musculoskeletal diseases and disorders.

At HSS, investigators in laboratories and clinics are collaborating to pursue pioneering medical research with the potential to improve the lives not only of our own patients, but people around the world. In 2018, HSS supported more than 250 research projects with \$44 million of critical funding. The areas of investigation under study by our scientists could be practice-changing and alter the way clinicians across the globe manage people with orthopedic and rheumatologic disorders.

Understanding How an Innovative Drug Affects Bone

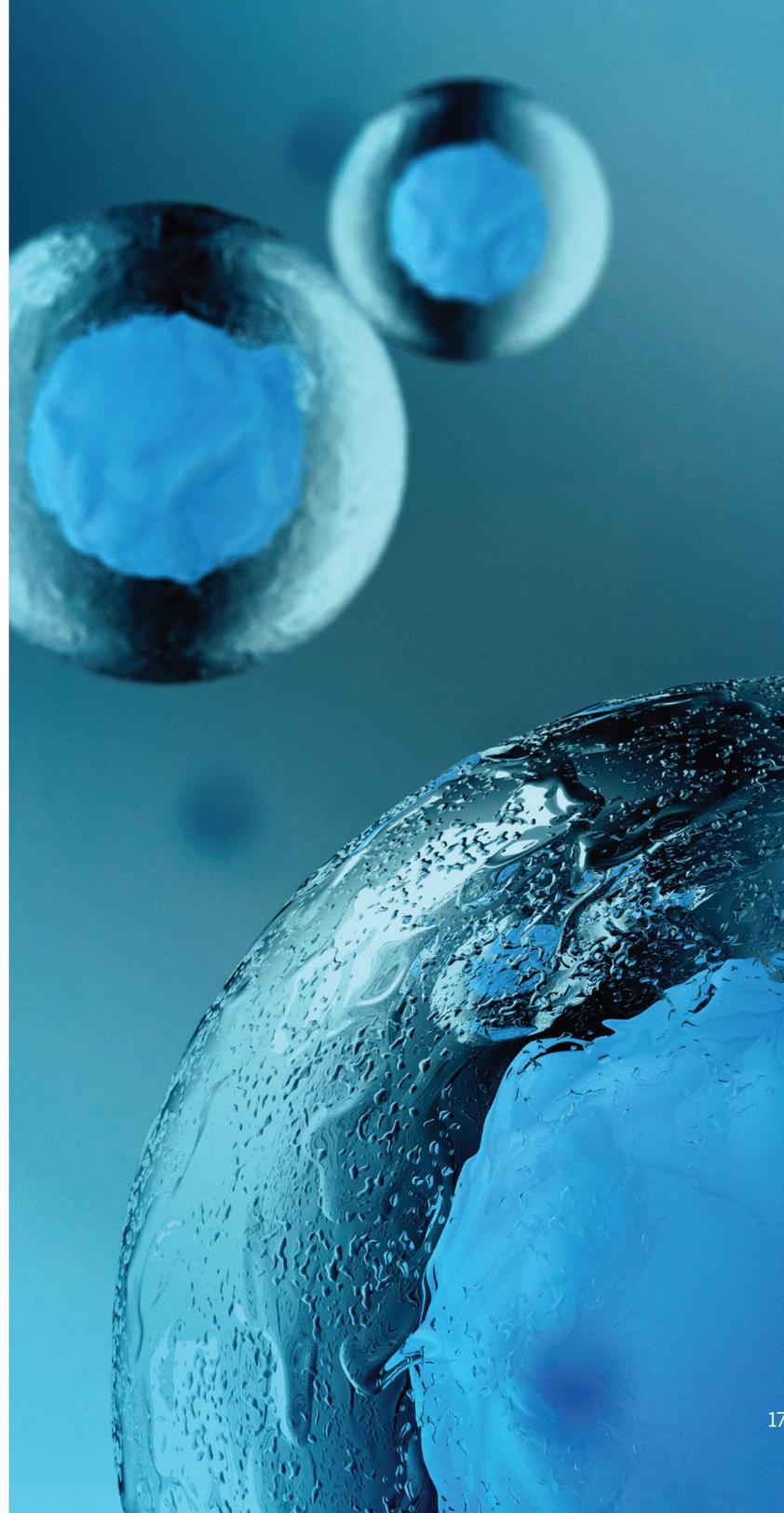
Ankylosing spondylitis (SpA), causes abnormal bone spurs that can cause vertebrae to fuse, leading to loss of motion, pain, and stiffness in the back. People with SpA also have double the risk of osteoporosis, due to interior bone that is abnormally weak and results in small fractures that can be crippling and painful. Secukinumab is a medication approved by the U.S. Food and Drug Administration for the treatment of ankylosing spondylitis. At HSS, investigators led by rheumatologist Susan M. Goodman, MD, are conducting a two-year study to better understand how secukinumab affects the bones. Adult men and women with SpA who are receiving secukinumab undergo periodic bone density testing and spine imaging as well as testing for various markers of bone growth and inflammation. “It’s very important to get a better understanding in a practical way of the effect of these drugs on bone metabolism,” said Dr. Goodman. “This study should really help us understand how they work.”

Surgeons Clarify Meaningful Outcomes after Hip Surgery

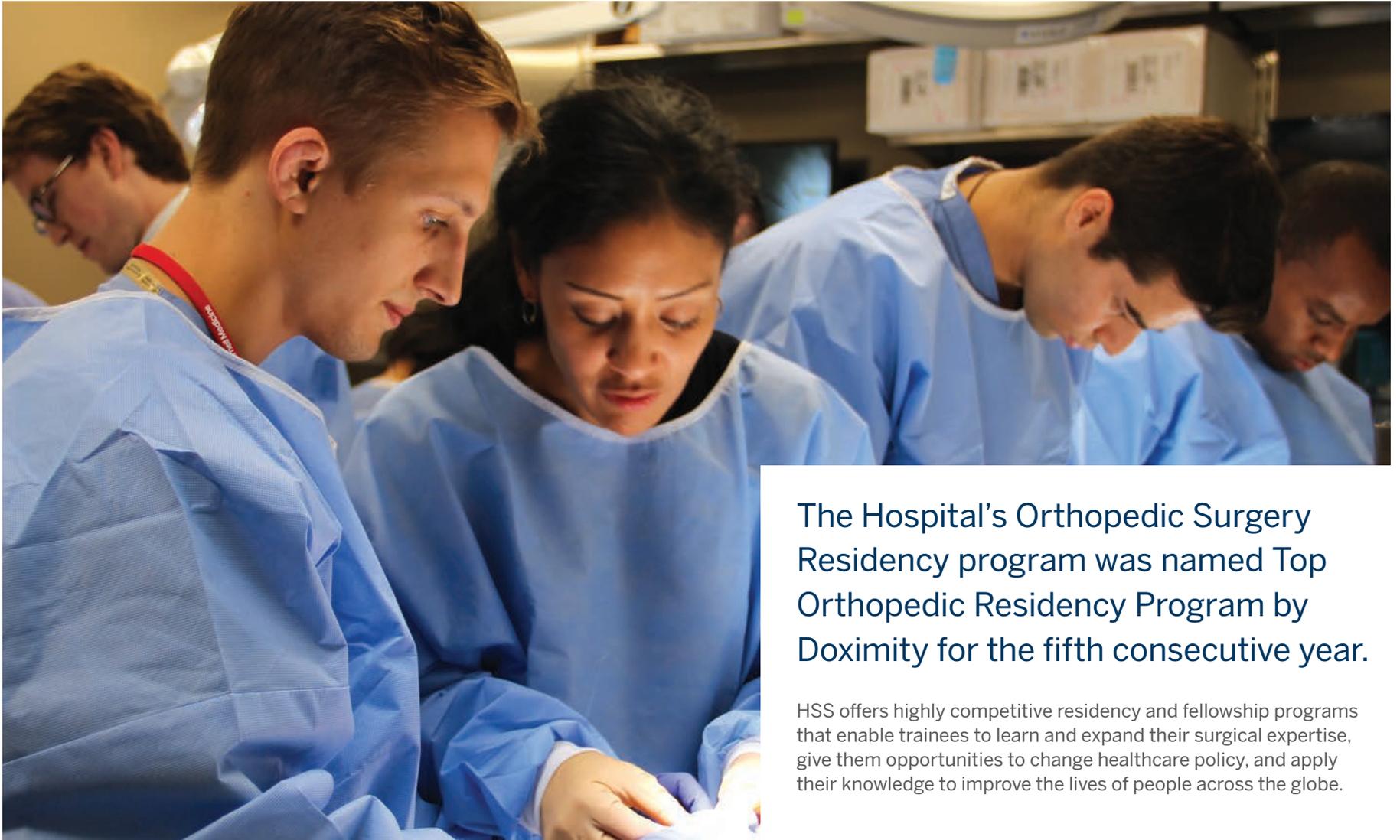
Minimally invasive arthroscopic hip surgery has increased in use in recent years to correct disorders such as impingement, snapping hip, labral tears, and degenerative conditions. It is not uncommon for patients to continue to experience discomfort after hip arthroscopy, necessitating a second “revision” surgery. HSS orthopedic resident Benedict Nwachukwu, MD, MBA, and his colleagues described the use of various scales that can help clarify the difference between a statistically significant outcome and a clinically significant one, with patients who experience the most improvement more likely to report clinically significant outcomes. “Surgeons can have practical conversations with patients after surgery about outcome scores and what they mean for their overall degree of improvement,” he said. “There’s an important need for studies like this to define what represents a clinically meaningful outcome after orthopedic surgery.”

HSS Receives Largest OREF Grant Ever

HSS received the largest grant ever awarded by the Orthopaedic Research and Education Foundation: \$800,000 to fund a clinical trial determining if stem cell therapy can improve outcomes for people with rotator cuff tears. Given in collaboration with the National Stem Cell Foundation, the grant will allow research—led by sports medicine surgeon Scott A. Rodeo, MD, and scientist Christopher Mendias, PhD—to move to a Phase II clinical trial to assess the safety and effectiveness of stromal vascular fraction cells (SVFCs) in patients undergoing arthroscopic surgery for rotator cuff tears. The researchers will assess patients’ shoulder strength, range of motion, muscle and tendon regeneration, and patient-reported outcomes over two years after surgery. Said Dr. Mendias, “This may be the first study to determine if stem cells from a patient’s own adipose tissue can improve outcomes after rotator cuff repair. We believe patients who receive the stem cell therapy may experience improved function and tissue healing.”



educating the leaders of tomorrow



The Hospital's Orthopedic Surgery Residency program was named Top Orthopedic Residency Program by Doximity for the fifth consecutive year.

HSS offers highly competitive residency and fellowship programs that enable trainees to learn and expand their surgical expertise, give them opportunities to change healthcare policy, and apply their knowledge to improve the lives of people across the globe.

Duretti Fufa, MD, working with residents Karim Shafi, MD, Yuri Pompeu, MD, PhD, and Ameer Elbuluk, MD, in the Bioskills Education Laboratory.

“Opioid stewardship means we recognize that although opioids can be extremely effective analgesics, they can also cause significant adverse effects. We want to prescribe, reduce, or avoid them according to what’s in the patient’s best interest—and mitigate their risks when we do prescribe them.”

—Seth Waldman, MD
Director, HSS Pain Management Division

Painting a Clear Picture of Opioid Use

While the country grapples with how to address the nation’s opioid crisis, one thing has become clear: there is a lack of quantitative data on how patients are using these potentially addictive medications. How many pills are they taking each day to control their pain? What are they doing with unused pills? And how can doctors harness this information to create more effective prescribing guidelines? HSS orthopedic surgery residents Francis Lovecchio, MD (PGY3), Ajay Premkumar, MD (PGY3), and Jeff Stepan, MD (PGY5), created a smartphone app to answer these critical questions and are evaluating it in over 500 patients who had joint replacement and other procedures at HSS. For six weeks after surgery, participants received a text message each evening asking them about:

- How many pills they took that day
- Their pain level, on a scale of 1–10
- Any side effects from the medications

Patients also received education about alternative ways to manage pain, such as meditation and deep breathing. At the end of the six-week study period, patients were asked how many pills they had left over and what they did with them. Participation was excellent, with 95% of patients returning feedback. The data, which will be presented at a national meeting and eventually published, may inform changes to national prescribing guidelines which may lead to safer use of opioids.

Bringing Advanced Care to International Communities

HSS residents bring the Hospital’s best practices to countries far and wide through travel electives and humanitarian initiatives, enabling them to share their expertise with fellow practitioners and patients who may not otherwise have access to such high-level care. Sariah Khormae, MD, PhD (PGY5), traveled to Vietnam and Myanmar for six weeks in summer 2018, participating in spine and hand surgeries and the repair of femur and tibia fractures. Sponsored by the Surgical Implant Generation Network (SIGN), she cared for patients with leg and arm fractures who would have been unable to return to work, had it not been for a novel implant designed by SIGN’s founder that can be placed without x-ray guidance. “Having their spine re-aligned or a fracture fixed enabled them to go back to work and support their families,” noted Dr. Khormae.

Christine Goodbody, MD (PGY4), accompanied HSS pediatric orthopedist Emily Dodwell, MD, in November 2017 to Buga, Colombia. The team visits twice yearly for a week at a time, performing 35–40 procedures and working with local physicians to teach them about patients’ postoperative care. Patients often have neglected limb deformities and rare syndromes with orthopedic manifestations, and come from all over South America for care. “People traveled for days to get there, taking a week out of their lives to help their children,” said Dr. Goodbody.



keeping the community in motion

The Hospital's community programs promote health education, support, and outreach services, with the goal of enhancing the mobility and quality of life of our community. At right is a comprehensive list of HSS community benefit programs and contact information.

Education to Improve Public and Patient Health

HealthConnection

Hospital for Special Surgery's Good Health Newsletter

hss.edu/health-connection-publication

HealthConnection Fast Facts

hss.edu/pped-fastfacts-publication

Health Video Library

hss.edu/health-video-library

Integrative Care Center (ICC)

hss.edu/integrative-care

Nursing Community Education Outreach

contact 212.606.1263

Public & Patient Education Musculoskeletal Health & Wellness Lectures

hss.edu/public-patient-education

Stamford Outpatient Center Community Education

hss.edu/hss-stamford

Focusing on Musculoskeletal Health

Musculoskeletal Exercise Wellness Programs

hss.edu/public-patient-education

Encouraging Safe Exercise

Orthopedic Physical Therapy Center Exercise and Wellness Program

hss.edu/joint-mobility-center-services

HSS Sports Safety Program

hss.edu/sports/sports-safety-program.htm

Pre-Season Football Medical Screening

hss.edu/psal

Support for People with Chronic Musculoskeletal Conditions

Living with RA: Lecture, Lunch & Conversation

hss.edu/RAGroup

Pain and Stress Management Program

contact 212.774.2647

Rheum to Heal

hss.edu/rheumtoheal/

The Early RA Support and Education Program

hss.edu/EarlyRA

The Myositis Support and Education Group

hss.edu/myositis-group

The Scleroderma, Vasculitis, and Myositis Center Education and Support Forum

hss.edu/scleroderma-vasculitis-center-programs

Caring for Children and Families

Feeding Creativity

contact 212.606.1613

Leon Root, MD Pediatric Outreach Program

hss.edu/pediatric-outreach-program

SNEAKER© (Super Nutrition Education for All Kids to Eat Right)

hss.edu/sneaker-about

Improving Health Among Older Adults

HSS Speaker's Bureau: contact 212-774-7041

The Greenberg Academy of Successful Aging

hss.edu/greenberg-academy-for-successful-aging

VOICES 60+ Senior Advocacy Program

hss.edu/voices60

Helping People with Lupus Charla de Lupus (Lupus Chat)®

hss.edu/CharladeLupus

LupusLine®

hss.edu/LupusLine

The SLE Workshop

hss.edu/SLEWorkshop

Reaching the Asian-American Community

HSS Asian Community Bone Health Initiative

hss.edu/hss-asian-community-bone-health-initiative

LANtern® (Lupus Asian Network)

hss.edu/LANtern-services

Assisting with Access to Care

VOICES Medicaid Managed Care Education Program

hss.edu/voices-managed-care

Reaching the International Community

The Foundation of Orthopedics and Complex Spine (FOCOS)

hss.edu/hss-international

Community Partnerships

Clinical/Academic Partnerships

- Asian American/Asian Research Institute, City University of New York
- Charles B. Wang Community Health Center
- Chinese Community Partnership for Health, NewYork-Presbyterian Lower Manhattan Hospital
- Clinical Translational Science Center, Community Engagement Core, Weill Cornell Medical College
- Coalition of Chinese American IPA
- HSS-China Orthopedic Education Exchange
- Mt. Sinai Medical Center, Adolescent Health Center
- NewYork-Presbyterian Morgan Stanley Children's Hospital at Columbia University Medical Center, Pediatric Rheumatology Service
- NewYork-Presbyterian/Columbia University Medical Center—The Mens Clinic at Audubon Clinic
- NewYork-Presbyterian/Weill Cornell Medical Center—Health Outreach® Program
- NewYork-Presbyterian Hospital
- New York University Silberman School of Social Work
- SUNY Downstate Medical Center's Asian Pacific-American Medical Students Association
- Touro College Graduate School of Social Work
- Translational Research Institute for Pain in Later Life (TRIPLL)
- University of Delaware
- Weill Cornell Medical College, Department of Psychiatry

Community-Based Organization Partners

- All Community Adult Day Centers
- American Heart Association, Fairfield & Westchester Counties
- American Red Cross
- AmeriCares Free Clinics
- Arthritis Foundation—NY Chapter & New England Region
- Asian Health and Social Service Council
- Asphalt Green
- Back2Basics
- Basketball City
- Brown Gardens Assisted Living Facility
- Breakaway Hoops
- Brooklyn Nets Basketball Academy
- Blue Ridge High School
- Blondes vs. Brunette Football
- Carter Burden Network, Leonard Covello Senior Program
- Centercourt Sports
- Children's Aid Society
- CUNYAC
- Chatham High School
- Chelsea Piers CT
- Chinese Consolidated Benevolent Association
- Chinese Planning Council
- Community Health Center, Inc.
- Dominican College
- Dorot, Inc.
- East Harlem Community Health Committee (EHCHC)
- East Side Council on Aging (ESCOTA)
- Fifth Avenue Presbyterian Church
- Golden Eagle Adult Day Center
- Gouverneur Court

- Greenwich Alliance for Education
- Harlem Lacrosse
- Isabella Geriatric Center
- Jr. Knicks
- Jr. Liberty
- Lenox Hill Neighborhood House and (St. Peter's Church)
- LaGuardia Senior Citizens Center
- Lincoln Center Education
- Litte Bucs Football
- Long Island Nets
- Long Island Youth Football Association
- Long Island Youth Football Player Academy
- Lupus Research Alliance
- Lupus Foundation of America
- Manhattan Country Day School
- Marywood University
- Medicare Rights Center
- Mott Street Senior Center
- Neighbors Link Stamford
- NJ Wildcats
- New York Chinatown Senior Citizen Center
- New York Foundation for Senior Citizens
- New York Road Runners Club (NYRR)
- New York Sports Connection
- New York Football Giants
- Oceanside Stallions Football
- Over 60 Senior Neighborhood
- Port Youth Activities
- Planned Parenthood of NYC
- Prime Care Home Health Agency
- Project Sunshine

- Public School Athletic League
- SelfHelp Innovative Senior Center
- Service Program for Older People
- Spondylitis Association of America
- Stamford YMCA
- Stanley M. Isaacs Neighborhood Center
- The Center for Information & Study on Clinical Research Participation (CISCRIP)
- The Myositis Association
- The Osborn
- The Scleroderma Foundation
- Up2Us Sports
- Urban Health Plan, Inc.
- Visiting Nurse Service of New York
- West Side Interagency Council on the Aging (WSIACA)
- Wyckoff Soccer
- YM & YWHA—Washington Heights/Inwood
- Young Women's Leadership School (Astoria)

Government/Public Partners

- National Institute for Arthritis and Musculoskeletal Disease (NIAMS)
—National Multicultural Outreach Initiative
- New York City Department for the Aging
- New York City Department of Health and Mental Hygiene
- New York City Public Schools
- New York Public Libraries
- New York State Department of Health
- Office of Women's Health, U.S. Department of Health and Human Services
- Department of Youth and Community Development

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Hospital for Special Surgery:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters; and
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If you need these services, contact Bella Elogoodin, Senior Director, languageservices@hss.edu, Tel.: 1.212.606.1760.

If you believe that Hospital for Special Surgery has failed to provide these services or discriminated in another way, you can file a grievance with Bruce Slawitsky, Senior Vice President, Hospital for Special Surgery, 535 East 70th Street, New York, NY 10021, TTY: 1.800.676.3777, Fax: 212.606.1961, slawitskyb@hss.edu. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, you may contact the office of Bruce Slawitsky for assistance.

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ATENCIÓN: Si usted habla español, le avisamos que tenemos servicios lingüísticos gratuitos a su disposición. **Llame al: 1-212-606-1760, TTY: 1-800-676-3777.**

注意: 如果您講中文, 可向您提供免費語言服務。致電 **1-212-606-1760 TTY: 1-800-676-3777。**

Внимание: Если Вы говорите по русски, примите к сведению, что Вы можете воспользоваться бесплатными услугами переводчика. **Звоните по номеру: 1-212-606-1760 TTY: 1-800-676-3777.**

ATANSYON: Si ou pale Kreyòl Ayisyen, gen sèvis asistans nan lang ki disponib pou ou gratis. **Rele nan 1-212-606-1760 TTY: 1-800-676-3777.**

알려드립니다: 귀하께서 한국어를 하시는 경우, 무료로 언어 도움 서비스를 이용하실 수 있습니다. **1-212-606-1760 (TTY: 1-800-676-3777) 번으로 전화하십시오.**

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אכטונג: אויב איר רעדט אידיש, זענען פאראייגט דא צו באקומען שפראך הילף סערוויס עס פריי פון אפצאל. **רופט 1-212-606-1760, TTY: 1-800-676-3777.**

দৃষ্টি আকর্ষণ: যদি আপনি বাংলায় কথা বলেন, তাহলে আপনি বিনামূল্যে ভাষাগত সহায়তা পরিষেবা পেতে পারেন। **ফোন করুন: 1-212-606-1760, TTY: 1-800-676-3777**

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ملاحظة: إذا كنت تتحدث اللغة العربية، فإننا نوفر لك خدمات مساعدة لغوية بالمجان. **اتصل على 1-212-606-1760، هاتف نصي (TTY): 1-800-676-3777.**

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HSS | Hospital for Special Surgery
535 East 70th Street
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