The Early RA Support and Education Program
A Free Workshop Series for People with
Early or Newly Diagnosed Rheumatoid Arthritis

PRE-SCREENING AND REGISTRATION ARE REQUIRED FOR ATTENDANCE
*COMMITMENT TO ATTEND ALL FOUR WORKSHOPS IS STRONGLY ENCOURAGED*

Fall 2011 Workshop Series

**Wednesday, September 21, 2011**
An Overview of RA: Early Diagnosis and Treatment
*Speaker: Theodore Fields, MD, Attending Physician, HSS; Professor of Clinical Medicine, Weill Cornell Medical College*

**Wednesday, October 19, 2011**
RA and Nutrition: Myths and Realities
*Speaker: Sotiria Everett, MS, RD, CDN, CSSD*  
  *Clinical Nutritionist, HSS*

**Wednesday, November 16, 2011**
RA and Infectious Diseases: Recommendations for Staying Well
*Speaker: Barry Brause, MD, Attending Physician, Director of Infectious Diseases, HSS; Professor of Clinical Medicine, Weill Cornell Medical College*

**Wednesday, December 14, 2011**
Exercising with RA While Protecting Your Joints
*Speaker: Karen Yanelli, PT, DPT*  
  *Physical Therapist, HSS*

**Co-Facilitated by:**
Kathryn Klingenstein, LMSW  
Linda Leff, RN, BSN, BC

All workshops will be held from 5:00 to 7:00 PM in the
Richard L. Menschel Education Center Conference Room A, 2nd floor
Hospital for Special Surgery * 535 East 70th Street * New York, NY 10021

Please contact Kathryn Klingenstein for required pre-screening and registration at
(212) 774-7378 or klingensteink@hss.edu

This program is a collaboration of Hospital for Special Surgery Inflammatory Arthritis Center and the Department of Social Work Programs. The Hospital for Special Surgery is an affiliate of NewYork-Presbyterian Healthcare System and Weill Cornell Medical College. This activity is supported by educational donations provided by Amgen, Abbott, and by generous support from CKEW Fund, Rosenwald Family Fund, Mamdani Foundation, and Manon and Ian Slome.