



The **Joint Mobility Center** at **Hospital for Special Surgery** offers ergonomic evaluations to help you optimize the fit of your workstation and improve your workspace.

The ergonomic evaluation includes:

- Individualized musculoskeletal evaluations
- Analysis of your current workstation setup (through photos and/or video)
- Individual exercise programs
- Recommendations and strategies for proper body mechanics and workstation layout



Ergonomic evaluations are performed by our specially trained therapists who have completed the Matheson Ergonomic Certification Program, a leading organization in the field of occupational rehabilitation.

The Joint Mobility Center is located at Hospital for Special Surgery, 535 East 70th Street, Room 2W-121. Ergonomic evaluations are offered Monday thru Friday from 7:30am to 5:30pm.

[For more information or to schedule an ergonomic workplace evaluation, contact the Joint Mobility Center at 212.606.1213](#)