88th Alumni Meeting: Continuing the Tradition of Academic Excellence
See pages 8-9 for more about the AAOS Reception in San Diego.
who’s who in your HSS alumni association

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thank you
Hospital for Special Surgery gratefully thanks their Alumni who attended the 2006 Alumni Gala Benefit at the New York City Opera. A portion of the proceeds from the benefit helped to make this issue of Alumni News possible.
Thank you to all Alumni for your continued support.

Hospital for Special Surgery gratefully acknowledges funding support, in part, by an unrestricted educational grant from Genzyme which supported this newsletter.

hospital for special surgery is an affiliate of NewYork-Presbyterian healthcare system and weill cornell medical college.

alumni association presidents fund

Class of 1980 alumnus, Gary M. Gartsman, MD, has pledged a gift to support the establishment of the Alumni Association President’s Fund. As requested by the donor, this fund has been established to offset expenses incurred by the Alumni Association President.

For more information regarding this fund or ways to support the Alumni Association, contact Wendy George at 212.606.1823.

HSS.edu Presents ........................................... 18

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HSS continues to provide the highest quality patient care, while expanding our facilities and training the future leaders in musculoskeletal health. HSS has been fortunate to recruit an outstanding Chief Executive Officer, Louis Shapiro, who joined us in October 2006 from the Geisinger Clinic. Mr. Shapiro brings tremendous experience in health care management and strategic planning to the institution, and the transition has been seamless. We also welcome Steven Goldring, MD, who has joined us from Boston as the Chief Scientific Officer and has already made tremendous contributions to improving our basic and clinical research.

HSS is currently embarking on the largest expansion program in its history to add needed clinical facilities, particularly, operating rooms, physician office space, and patient beds. The first phase is approaching completion, and two new ambulatory surgery units have been opened, increasing our state-of-the-art ambulatory operating rooms to 10, significantly improving the space and amenities for our patients. An additional 30 bed in-patient unit has been opened on the eighth floor of the hospital with spectacular views of the East River. The expanded Post-Anesthesia Care Unit will increase our recovery room to 51 beds, part of which will be used as an intermediate critical care unit. Three additional in-patient operating rooms will be completed in June of this year.

The residency program remains extremely strong under the leadership of Mathias Bostrom, MD, Academic Director, and Edward Craig, MD, Residency Program Director. Riley Williams, III, MD, heads up the Residency Selection Committee, and under his leadership, we have completed our most successful match. We still have eight residents per year but are actively requesting additional resident positions from the Residency Review Committee. HSS also has over 60 fellows distributed over a variety of musculoskeletal specialties. The tradition of Golf and Tennis Day and the annual Skating Party at Rockefeller Center continues and are extremely popular among the residents and fellows.

The success we have achieved would not have been possible without the support of our exceptional faculty members, and we celebrate their contributions to HSS. In March 2007, HSS faculty, staff, and grateful patients gathered for the dedication of the Leon Root Motion Analysis Lab. As founding Clinical Director, Leon Root, MD, was instrumental in establishing the research agenda for the Lab and mentoring the biomechanical engineers and orthopaedic surgeons involved in its investigations. Howard Hillstrom, PhD, Director of the Motion Analysis Lab, gave an overview and demonstrations of the facility.

Eduardo Salvati, MD, has been with HSS for almost 40 years and will receive the HSS Lifetime Achievement Award at the annual Hospital Gala in June 2007, and we are still accepting contributions to the Eduardo A. Salvati Chair in Arthroplasty. HSS is pleased to announce the creation of The Richard S. Laskin Chair in honor of Dr. Laskin’s dedication to teaching and graduate medical education. Funds from this chair will support educational initiatives such as the HSS Journal and a new data registry for the Arthroplasty Service. Please contact the Development Department for more information about either fund.

We look forward to hearing from all of you, and even better, seeing you at HSS! The Alumni Meeting this fall should be a great one, and please plan to come. See page 16 for further event details.
88th Annual Meeting – November 9-10, 2006
It was the largest alumni meeting in our history with total attendance of 389. 2006 President Gary Gartsman, MD, created an HSS crossword puzzle that almost no one was able to solve, and his presidential address, “The Economic Realities of a Physician Owned Specialty Hospital” was both humorous and thought-provoking.

Many regulars and others from coast to coast and four foreign countries returned to hear the presentations, see old friends, and have fun in New York. John Braun, MD, who recently joined the faculty in Burlington, Vermont presented his current investigational work on scoliosis.

From the windy city of Chicago was Brian Cole, MD, who spoke on, “Non-Arthroplasty Alternatives for Arthritis,” while Clifford Colwell, MD, Chief of Orthopaedics at the Scripps Clinic, moderated a plenary session and presented some interesting work on invivo forces in the knee after TKA.

Both 20-year and 10-year Class Presentations by Thomas McCoy, MD, (1986) and Steve Zabinski, MD, (1996) brought us up-to-date on current activities of the residents of those years and rekindled memories for many of us. Thursday’s program ended with Thomas Sculco, MD, presenting Allan E. Inglis, MD, with the third Distinguished Alumnus Award. Dr. Inglis’ devotion to teaching orthopaedics and anatomy gained him a special recognition not only among his students, but also his colleagues.

Meeting Social Events
Some 150 alumni and guests joined HSS staff for the reception at Rockefeller University. This evening has always given returning alumni and spouses a chance to talk with old friends. The Friday evening reception, dinner, and opera performance of The Elixir of Love at Lincoln Center was also very successful with over 300 attending. Please see pages 6-7 for photos from the Annual Meeting.

HSS Archives
Goals for this year include expanding our HSS Audio Archive project with interviews of designated HSS staff and friends. Members of the committee are working with administration to establish a program of a pictorial history of the hospital for its walls, particularly in the new expansions.

Alumni News: Share your Memories
As you may have noticed, Alumni News took on a new look beginning with our last issue (fall 2006). We are striving to increase our alumni interviews and solicit your memories of HSS. You may email them to alumni@hss.edu or send them to the Alumni Office and we shall be happy to edit them for publication. We need your input, involvement, and support to make our organization so special.
Something special is happening at HSS. At the American College of Rheumatology (ACR) national meeting in November 2006, HSS did itself proud with over 50 presentations or posters, Peggy Crow, MD’s presidential address, our booth, and cocktail party. It was wonderful seeing a record number of HSS alumni, all of whom seemed to be thriving in their personal, medical, and academic lives. Catching up with all of you is very important to us, so please come and say hello if you are either at the meeting or in town.

The following five items are timely and nicely reflect the state of HSS and rheumatology in general:

- **Rheumatology Fellows**
  Throughout the world, the quality of rheumatology fellows is back on track, a reflection of the explosions in science/immunology, technology, clinical outcomes research, and the attractiveness of our field. While a recent workforce study performed by the ACR demonstrates that, unless we make some changes soon, there will be major shortages of rheumatologists in the U.S., we can be sure of the high quality of the ones that we are now teaching. They are smart, they care, and they are committed to making a difference in the quality of our patients’ lives. While we are still training world-class clinicians, our goal is to produce the future leaders in rheumatology research.

- **HSS Website: www.hss.edu**
  The Division of Rheumatology launched this site in 1999 as an educational portal for both patients and physicians. Today, more than 100,000 unique users visit the site each month where you will find more than 700 active articles, video, audio, CPCs, and CME programs. We are actively working on translations of our website components into six languages and online pre- and post-operative outcome surveys. Theodore Fields, MD, and Edward Jones, MD, are to be congratulated for leading this important initiative.

- **HSS Rheumatology Infusion Unit**
  As you know, rheumatology is primarily an outpatient subspecialty, mainly because of the amazing advances in patient care and the development of infusion units. The only RA patients admitted now are those with a side effect from a medication, or those with diseases at the far end of the clinical spectrum. Whereas 25% of joint replacements were performed in RA patients between 1970’s and 1990’s, now only 5% of such patients have RA. Our infusion unit performs more than 4,000 infusions per year and this is growing as more parenteral, biologic medications are being developed for RA, SLE, myositis, and the vasculitides.

- **Gosden Robinson Early Arthritis Center**
  Three important investigative findings resulted from the work of this three-year old center that is focused on caring for and studying patients with early arthritis. An important collaborative study done by Lisa Vasanth, MD, MS, Hollis Potter, MD, Ronald Adler, MD, PhD, and Lisa Mandl, MD, MPH, employs magnetic resonance angiography and has demonstrated that the finding of early, neoangiogenesis in the hand can help to predict which early, undifferentiated polyarthritis patients may go on to develop RA, and further, which patients may develop more severe disease. The second is a finding by Eric Meffre, PhD, that the break in tolerance in RA occurs at two specific immunological sites. The third arose from a study by Lionel Ivashkiv, MD, that demonstrated that interferon alpha plays an important role in the evolution of early arthritis in an animal model.

- **Mary Kirkland Center for Lupus Research**
  Six years ago, Arnold and Katherine Snider searched the country to find the right institution with which their foundation Rheumations, Inc. could form a partnership. From that initial $7.8 million gift, HSS has fulfilled its promises to the Sniders in the form of obtaining more than $15 million in NIH and foundation grants, over 100 publications in high-quality, peer-reviewed journals, and a myriad of national and international collaborations in basic, translational, and clinical research. For these achievements, the Sniders have agreed to renew their support of the Kirkland Center for another five years with a $7 million contribution.

While we are thriving for the reasons mentioned above, there is still much more to do. This includes a constant upgrading of our information technology and clinical research to ensure every patient is involved in ongoing research activities that improve the outcomes of future patients.
For Paul Pellicci, MD, the choice to pursue a career in medicine began after reading an issue of *Life* magazine at age 14. The cover story featured Michael DeBakey, MD, and his pioneering work in open-heart surgery and bypass. The article profoundly inspired Dr. Pellicci and led him to devote his life to medicine, beginning with summers spent in hospitals emptying bedpans, shaving patients for surgery, and eventually working his way into operating rooms to pass instruments to surgeons. “I felt like I was home,” recalls Dr. Pellicci of his first experiences in the operating room.

After attending Johns Hopkins University, Dr. Pellicci earned his medical degree from Cornell University Medical College in 1975. His attraction to orthopaedics stemmed from the ability to drastically improve the quality of a patient’s life through a single operation. He went on to complete his surgical residency at New York Hospital, Cornell Medical Center, and HSS, graduating in 1980.

“When I was a resident, hip and knee were on the cutting edge of what was happening in orthopaedics,” says Dr. Pellicci. Some of his professors and role models were Philip D. Wilson, Jr., MD, Eduardo A. Salvati, MD, Chitranjan Ranawat, MD, and his most important mentor, Lee Ramsay Straub, MD. Dr. Pellicci maintains that, “Dr. Straub was the biggest influence on my career. He was not only a great surgeon, but a great man—he was devoted to patients and he had an absolute zeal for everything he did in life.”

Upon graduating from HSS, Dr. Pellicci went on to Brigham and Women’s Hospital, Harvard Medical School, to complete a fellowship in Adult Reconstructive Orthopaedic Surgery. In 1980, he returned to New York because, “HSS was an oasis in a desert of medical care. I am proud of my colleagues and am honored to be working with them.”

Currently, Dr. Pellicci is Attending Orthopaedic Surgeon, Professor of Clinical Orthopaedic Surgery at Weill Cornell Medical College, and Chair of the Perioperative Services Committee which oversees both ambulatory and inpatient surgery. Throughout his career, he has been highly involved with the HSS training programs, serving on the Curriculum Committee, Resident Advisory Committee, Graduate Medical Education Committee, among others. Perhaps inspired by his mentors, he finds that “It keeps you young and keeps you thinking. Also, the residents keep getting better and better—there are amazing types of people coming through HSS.”

Dr. Pellicci has over 60 publications in orthopaedic literature and is a member of several societies, including the American Academy of Orthopaedic Surgeons, the Hip Society, and American Orthopaedic Association. As a testament to his commitment to the HSS training programs, Dr. Pellicci received the Philip D. Wilson, Jr. Teaching Award in 1996 and again in 2005.

Outside of his work, Dr. Pellicci enjoys spending time with his family. His wife Virginia, a retired dermatologist, stays very busy with her intellectual and athletic pursuits. His daughter, Christina, is a history teacher and his daughter Kelly graduated from Cornell Law. She is a first-year Associate with Latham and Watkins. Dr. Pellicci is also a runner and enjoys golf, bike riding, skiing, and sailing.
Alumni Association
88th Annual Meeting:
Alumni Gather to Gain & Share Knowledge

On November 9-10, 2006, HSS alumni and staff convened for another dynamic academic program. The two days of lectures, symposia, debates, and scientific papers featured multi-specialty talks given by presenters from orthopaedics, rheumatology, research, radiology, and anesthesiology.

In the Alumni Meeting tradition, HSS welcomed distinguished guest faculty lecturers to share their expertise. Physician-in-Chief Pro-Tempore, Robert Davies Inman, MD, Professor of Medicine at the University of Toronto, began the academic program with his talk entitled, “The Interplay of Germs and Genes in Spondyloarthritis.” Frederick A. Matsen, III, MD, Professor and Chairman of the Department of Orthopaedics at the University of Washington School of Medicine, served as the Surgeon-in-Chief Pro-Tempore. He delivered the Philip D. Wilson Orthopedic Lecture on “Shoulder Arthroplasty from the Socket Perspective.” Chief Scientist Pro-Tempore, Regis O’Keefe, MD, PhD, Associate Chair of Academic Affairs and Professor of Orthopaedics at the University of Rochester School of Medicine, spoke about “The Role of Periosteal Stem Cells in Bone Repair.”

The Resident/Fellow Awards Session took place on Friday afternoon, with Lewis Clark Wagner Award Recipient, Joshua Dines, MD, (left) and Philip D. Wilson Award Winner, Vonda Wright, MD, (right) returning to present their research.

△ Left to right, Victor Zayas, MD, Andrew Weiland, MD, and Teena Shetty, MD, discussed, “New Techniques in Regional Anesthesia: Post-Operative Neurologic Symptoms Following Upper Extremity Surgery.”

△ Former Oxford CEO, Norman Payson, MD, (left) joined John Reynolds, (center) former HSS CEO, and Chief-Scientist Pro-Tempore, Regis O’Keefe, MD, PhD, (right) for the symposium, “Economic Conditions of Running an Orthopaedic Department and Research Effort.”

△ Left to right, Jo Hannafin, MD, Carolyn Hettrich, MD.

△ Left to right, Kevin Trapp, MD, Andrea Baldini, MD, John Anderson, MD, Blaire Biase, PA-C.
Left to right, David B. Levine, MD, Allan Inglis, Jr., MD, Distinguished Alumnus Award recipient, Allan E. Inglis, MD, Thomas P. Sculco, MD.

Left to right, Peter Stovell, MD, and Jon Wang, MD, admire the HSS Archives Exhibit "The History of the Total Knee Replacement at HSS."

Left to right, David Inman, Stephen Paget, MD, Straughn Inman, Kathryn Inman, Norman Johanson, MD, Robert Davies Inman, MD.

Left to right, Steven and Mary Goldring, Michael Alexiades, MD, Cynthia Sculco.

Left to right, Dermot O’Farrell, MD, his wife Julie, Amy Broffman.

Left to right, Bruce Moeckel, MD, Jose Rodriguez, MD, Neel Anand, MD, John Braun, MD.

Physician-in-Chief Pro-Tempore, Robert Davies Inman, MD (far right), and his family mingled with HSS alumni and staff during the Alumni Cocktail Reception. From left to right, David Inman, Stephen Paget, MD, Straughn Inman, Kathryn Inman, Norman Johanson, MD, Robert Davies Inman, MD.

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HSS Reception at AAOS
February 16, 2007

This year’s reception at the annual AAOS meeting in San Diego at the Hotel Del Coronado was very well attended with over 200 guests. It was a time for alumni to renew old friendships and catch up with current activities.

“Joseph Hoffman, MD, looked as young as when he was a resident in 1972. Judy Smith, MD, who finished her residency in 1988, has lived around the world and is now located in Missouri. Robert Wilson, MD, is still as spirited as he was when he worked on a scoliosis project with me during his resident years. He made a good choice going into Hand. I had not seen David Mohler, MD, since he left HSS in 1989, but he has not changed at all. Robert Atkinson, MD, came back from Honolulu. I enjoyed talking with Wun-Jer Shen, MD, who was my last Scoliosis Fellow in 1994 before I retired. Dr. Shen is a professor in Taiwan, specializing in the spine and returns often to orthopaedic meetings. I was particularly happy to see Fran Farley, MD, who brought her husband and four very active children to meet me. Although Fran was not on our house staff, she was a Cornell medical student who rotated on the HSS Scoliosis Service. She is now Chief of Pediatric Orthopaedics at the University of Michigan. I am sorry I cannot name everyone I met at the reception, but I am limited by time, space, and a little bit of memory.”

— David B. Levine, MD
Recalling the Past: Nursing at R&C and HSS

David B. Levine, MD, Director, Alumni Affairs, Chair, Archives Committee

Just three years before the Hospital for the Ruptured and Crippled (R&C) was founded, the first school of nursing was established in 1860 by Florence Nightingale at St. Thomas Hospital in London. Nightingale was a pioneer of nursing and reformer of hospital sanitation methods. She pushed for reform of the British military health care system. With that, the profession of nursing gained respect and was born.

On May 1, 1863, in New York City, the R&C opened its doors—first located in the home of its founder, James Knight, MD, and not staffed with any nurses. Nursing care was provided by Knight’s wife, daughter, and hired domestics. The nation was in the middle of the Civil War. Confederate General Stonewall Jackson had just been mortally wounded by his own soldiers. New York City was going through its so-called draft riots, the worst civil disorders in the history of the city. In July of that year, there were large-scale bloody riots for four days, uncontrolled by local police. It took troops from the seventh regiment, West Point cadets, Navy, and other militia to squelch these riots.

Clara Barton

During this Civil War era, the nursing profession was in its infancy, dominated by men. Women were generally considered too frail to cope with the rigors of caring for the sick. Clara Barton, of Massachusetts, who later founded the American Red Cross, formally organized relief groups for supplies and care of the wounded. The first formal School of Nursing in the United States was established at Bellevue Hospital in 1873.

Second Hospital Location

In 1870, when R&C moved to its second location on 42nd Street and Lexington Avenue, the nursing shortage was critical as there were no trained nurses. Our first recorded matron (now known as Vice-President of Patient Care Services and Chief Nursing Officer) was Ella S. Murdock in 1896. By 1909, there were seven graduate nurses, including the matron, and by 1926, R&C had 28 graduates and 80 attendants, with a bed capacity of 234. Over the years, the title of Chief Nursing Officer has evolved through a number of changes (Table 1).

Nursing wages were always an issue. In 1866, Dr. Knight stated, “In the domestic department, matters have not been quite so favorable — the help having been dissatisfied with the work and the wages given them, only one being allowed $10 a month and some as low as $6, but at present we are tolerably well-supplied.”

In 1908, nurses’ salaries skyrocketed to $50 per month for twelve hour shifts. It was not until 1947 that the entire nursing staff began the three eight-hour shifts per twenty-four hours.

Nursing’s Role in Hospital Relocation

In 1912, the hospital moved to its third location on 42nd Street and 2nd Avenue. On May 25, 1955, it moved to its current location, and nursing played a significant role in the transfer of patients from these facilities. In the latter move, 73 patients were transferred in the morning, in less than two and a half hours, to have lunch at their new home at 535 East 70th Street.

Magnet Recognition

Over the years, from the latter part of the nineteenth century, the nursing staff has continued to play a critical role in providing the very best care for all patients with musculoskeletal disorders. The latest honor bestowed on our nursing staff was the highly prized Magnet Award. On January 18, 2007, the American Nurses Credentialing Center (ANCC) re-designated HSS as a member of their prestigious Magnet Recognition Program®. This makes HSS the first hospital in New York City and New York State to be re-designated for nursing excellence. It was initially named a Magnet hospital in 2002—the first hospital in Manhattan to earn this reputation.

HSS alumni applaud our nursing staff! Alumni around the globe have always had very special memories and respect for HSS nurses. While working with them over the years, they have depended on their expertise in orthopaedic nursing.

Table 1: CHIEF NURSING OFFICERS

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<thead>
<tr>
<th>Title</th>
<th>Name</th>
<th>Years</th>
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<tr>
<td>Directress of Nursing</td>
<td>Cleanthe E. Logotheton</td>
<td>1942-1954</td>
</tr>
<tr>
<td>Matron and Directress of Nursing</td>
<td>Ella E. Patterson, RN</td>
<td>1912-1916</td>
</tr>
<tr>
<td>Matron</td>
<td>Jean L. England</td>
<td>1917-1924</td>
</tr>
<tr>
<td>Vice President of Nursing</td>
<td>Ethel B. Ridley, RN</td>
<td>1924-1942</td>
</tr>
<tr>
<td>Director of Nursing</td>
<td>Mary Jeanne Clapp, RN</td>
<td>1954-1965</td>
</tr>
<tr>
<td>Director of Nursing</td>
<td>D. Dean Smith, MA, RN</td>
<td>1965-1977</td>
</tr>
<tr>
<td>Director of Nursing</td>
<td>Barbara J. Kelly, MA, RN</td>
<td>1977-1989</td>
</tr>
<tr>
<td>Vice President of Nursing</td>
<td>Susan Bower-Ferres, PhD, RN, CNAA</td>
<td>1989-1997</td>
</tr>
<tr>
<td>Vice President of Nursing</td>
<td>Jacqueline Kostic, MS, RN, CNAA</td>
<td>1997-2005</td>
</tr>
<tr>
<td>Vice President of Patient Care Services and Chief Nursing Officer</td>
<td>Stephanie J. Goldberg, MS, RN, CNAA</td>
<td>2005-Present</td>
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</tbody>
</table>
As I review all of the images and experiences ranging from the research labs, to the numerous operating rooms, to the grandeur of our geographic location, I feel the most important influences at HSS were the people I met and worked with. There were so many involved in the education process, but six people stand out in my mind.

**Philip Wilson, Jr., MD,** was the Surgeon-in-Chief when I interviewed at HSS in the Fall of 1979. I was a surgical intern at Yale-New Haven Hospital applying for the residency position. Dr. Wilson personally interviewed all of the candidates in his prestigious office overlooking the East River. I felt I was at the most important place in the orthopaedic world while in his presence. He looked me squarely in the eye and asked me why I should be selected over all of the other qualified candidates. I told him that my father did not go to high school and worked long hours in a grocery store to put me through school. I told him that it was particularly evident to me while I was at Yale that I did not get the same start as others, and I was proud of myself for what I achieved and Dr. Wilson’s integrity, humility, grace, and power were evident on a daily basis and continue to be evident today. He was and continues to be the most impressive leader I have encountered in medicine.

**Chitranjan Ranawat, MD,** was the most celebrated surgeon in New York City at that time and for obvious reasons. He completed fellowships in arthritis and hand surgery at HSS and was the chief of the Hand Service in the early 1980’s. His main specialty, obviously, was total joint arthroplasty, and it seemed like the muscles and tendons moved out of the way when he operated. I never saw him waste a move in the operating room, encounter excessive bleeding, or even struggle, no matter how difficult the revision. Watching Dr. Ranawat operate was like watching Derek Jeter play shortstop for the Yankees — smooth and effortless. He was the best I have seen.”

“Watching Dr. Ranawat operate was like watching Derek Jeter play shortstop for the Yankees—smooth and effortless. He was the best I have seen.”

Continued on page 12
Russell Warren, MD, ran the Sports Medicine Service. His powerful presence was justified by his intellectual curiosity and tireless work ethic, but, primarily, because he demanded excellence from himself and from everyone around him. He would do a Bankart repair or an ACL reconstruction, and he would take the patients limb in his massive hands and give the joint the ultimate stress test to be certain it was stable. Many other surgeons at that time would tell you not to stress the joint right away because it needed time to heal. Dr. Warren knew that if it was not stable at the time, it was not done right, and we had to get to the lab and figure out a new way to do it properly. He would see patients, operate all day, and then go to the anatomy lab and work with the residents and fellows on research projects. His work ethic and demand for the “truth” in orthopaedics were unparalleled.

Lee Ramsay Straub, MD, was a legendary surgeon, but in the early 1980’s, he was losing his own battle with the ravages of rheumatoid arthritis, and he limited his practice to the office and an occasional upper extremity procedure. I was a resident on his private service, taking care of two of his in-house patients. One was an older woman with RA whose joints were crippled, and she was there for pain management. The other was an elderly man with lumbar spinal stenosis who was being treated with traction which was common at that time. The man’s last name was Murdoch and he had special duty nurses which were unusual because the regular nurses were so good even at that time at HSS. He talked to me about his mining company in Africa when I would see him on rounds. I rounded with Dr. Straub and he chose to inject the woman’s hands with cortisone to alleviate her pain. He performed the injection, and he took every possible precaution to limit her discomfort during the procedure. He showed her total compassion and respect. Dr. Straub himself was in pain yet he was only concerned about his patient’s well-being. We rounded next on the man with back pain and Dr. Straub took a history, examined him, and treated the patient with the exact same compassion and care. When we left the room he asked me if I knew who Mr. Murdoch was, and I replied that I did not. He told me he was the richest man in the world and said no more. Dr. Straub treated two different people from two different walks of life, and he treated them exactly the same. I learned more about patient care in fifteen minutes with him than I had learned before.

Jean McDaniel, MD, was the resident and fellowship coordinator at that time, but her unofficial title was our “surrogate mother” while at HSS. The hospital was a demanding and intimidating place, and her warm spirit, kindness, and social wisdom eased our transition. She was a proper New Yorker, well dressed and sophisticated, but she held our hands and helped us survive. Her warmth and acceptance made HSS feel a little bit like our second home.

Harry Bade, MD, was my senior resident when I was a PGY-2. Dr. Bade was the ultimate chief resident. He was tall, had a tremendous smile, and a loud laugh. Dr. Bade’s greatest asset, however, was his wit, and he was the consummate henchman for the annual attending roast at Golf and Tennis Day. The attendings allowed themselves to be verbally skewed one day a year, and Harry was quick to take full advantage of this. Harry fed me all my lines and the residents were able to remind the attendings that they had their weaknesses and insecurities as well. Golf and Tennis Day as well as our voyages to Caspary Lodge are treasures which completed the HSS experience.

“These thoughts keep me humble and allow me to laugh at my own weaknesses and limitations. The ability to laugh at ourselves and at our intense lifestyle is good medicine.”
These six people, and others like them, have been instrumental in shaping the type of orthopaedic surgeon that I am today. Each time I enter an examining room to greet a new patient I think about how Dr. Wilson would handle this encounter and how I could display the same appearance. How could I possibly appear confident and make the patient feel that they are in the presence of a powerful yet humble and caring doctor? Of course I cannot, but I had the ultimate professional role model that I strive to resemble on a daily basis.

“These six people, and others like them, have been instrumental in shaping the type of orthopaedic surgeon that I am today.”

My memory of Chitranjan Ranawat, MD, haunts me every time I struggle in the operating room. Why didn’t he struggle? How could he do this surgery and make it seem so easy? I will never be him, but I am sure that my hands and outcomes are better because of his influence.

Not one day goes by in the office or in the operating room without asking myself the same questions I have asked thousands of times, “What would Dr. Warren do? What am I missing that Dr. Warren would see? Is this ACL reconstruction acceptable to him?”

Anyone who has trained with him asks themselves these same questions routinely, and we are all better surgeons because he trained us.

When I perform any procedure, I remember Dr. Straub and ask myself if I am limiting the patients discomfort and pain as much as I can. I also try to treat everyone with the same respect and compassion no matter what their economic circumstances.

Each time I encounter a new employee in the office or the hospital or a quivering sales rep who is showing a new device, I am reminded of Jean McDaniel. She saw our insecurities when we first arrived at HSS, and her warmth melted them away. Orthopaedic surgeons are in a power position, but I am reminded of how I was treated when I was new and insecure, and I think I am a better person to those around me because of Ms. McDaniel.

Finally, I remember Harry Bade, MD. Every time I think I am so special and such a great surgeon, I am haunted by what insults would be hurled at me by the residents on Golf and Tennis Day and what weaknesses they would exploit throughout the night. These thoughts keep me humble and allow me to laugh at my own weaknesses and limitations. The ability to laugh at ourselves and at our intense lifestyle is good medicine.

So we move on. We build our practices and our reputations and the years pass by. We promise ourselves we are going back to HSS to an Alumni Meeting or to a conference to remind ourselves of the old times. HSS, however, has moved on as well and is no longer the quaint little hospital we fondly recall. The buildings are new and massive, the operating rooms too numerous to count, and most of the faces are different and much younger! We are amazed at this growth but saddened at the same time that HSS has changed. It is at that moment that we remember that the people at HSS are what makes the experience there so special, and we take a closer look at who is running the place now.

Chitranjan Ranawat, MD, is no longer there, but I have watched David Altcheck, MD, effortlessly scope the elbow, and, without wasting a move, perform an arthroscopic double-row rotator cuff repair. A new generation of surgeons will be haunted by him when their sutures are tangled and they wonder how he made it seem so easy. Russell Warren, MD, is still there challenging the residents, and everyone will be better surgeons because of it. It is hard to imagine HSS without Dr. Warren, but I am sure Scott Rodeo, MD, and others are going to adequately replace him in time.

Lee Ramsay Straub, MD’s legacy lives on through the surgeons he trained. Harry Bade, MD, is of course no longer there, but I understand Golf and Tennis Day is still a special day.

New York City more than ever is the center of the world, and the excitement and glamour continues to make the HSS experience unique. HSS has changed, but the educational experience continues to be the same, if not better. I thank all of the people I worked with for my magical time at HSS and for allowing me and all of the other residents to become leaders in our own communities.

See you in November at the next Alumni Association Meeting.

“I thank all of the people I worked with for my magical time at HSS and for allowing me and all of the other residents to become leaders in our own communities.”
Fast-paced growth and expansion for the Department of Radiology and Imaging continued this past year and first quarter of 2007. The Department implemented a number of measures to meet the anticipated growth at HSS. Our staff now has over 200 employees, and our faculty has increased also. Theodore T. Miller, MD, a former HSS Fellow, returned to join our elite Radiology faculty and Li Foong Foo, MD, an HSS MR Fellow for the past two years, joined our Faculty in March 2007. Faculty recognition was substantial this year. I was designated as number five out of the 25 Most Influential in Radiology by RT Image. Hollis G. Potter, MD, was the first female and radiologist to be admitted to The Hip Society. Dr. Potter also received the Nicholas Andry Award for outstanding advancement in the field of orthopaedic surgery. Theodore T. Miller, MD, received the 2006 President’s Medal from the International Skeletal Society. Faculty members were recognized by Castle Connelly, Best Doctors Metro 2006; Consumers’ Research Council of America’s Top Radiologists; and New York magazine’s Top Doctors issue.

Patients remain our most important concern. In order to improve the patient experience, the patient registration area has been completely renovated to accommodate more patients along with updated ambience. The waiting area, also refurnished, now offers patient liaison services, complimentary bottled water, and, on occasion, complimentary massages.

As physical space within the hospital is limited, under leadership of Ed White, Assistant Vice President of Radiology and Imaging, we have focused on conserving space, streaming processes, and increasing efficiency. The Department has converted to filmless interpretation of images and paperless reporting via PACS. Voice recognition has been implemented to help improve report turnaround time. Richard Fleury, Director of Practice Operations, has also converted our entire billing operations to paperless.

Under the direction of Hollis G. Potter, MD, the MR division continues to expand as we have added two MR units for a total of seven high field strength magnets all with state-of-the-art platforms. HSS patients benefit from the MR protocols developed and validated at HSS to image cartilage non-invasively and predict early changes around joint arthroplasty. A report in the media detailing how we obtain diagnostically accurate images around orthopaedic hardware such as a replacement knee or hip can be seen on our website.

The Center for Musculoskeletal Ultrasound and Nuclear Medicine opened under the direction of Ronald Adler, PhD, MD. There was a twenty-five percent increase at HSS in the number of patients seeking ultrasound examinations and treatments this past year. Our most popular out-patient procedure treatments are ultrasound guided injections of painful tendons, bursae, and neuromas. Drs. Gregory Saboeiro, Chief of Interventional Procedures and CT, Theodore T. Miller, MD, and Carolyn M. Sofka, MD, complete the U.S. Division Faculty. Dr. Adler has appeared on television and in the press explaining the use of ultrasound to precisely navigate needles to the target area for a pain-relieving injection.

Sherri Birchansky, MD, Chief of the Division of Neuroimaging, has increased our depth of knowledge in this area, and Richard J. Herzog, MD, Chief of Teleradiology, has provided high level MR interpretations to various orthopaedic groups in New York and other states. The extensive expertise HSS offers in these areas has been recognized by referring physicians, and the volume in both areas have been increasing.

On the academic front, the Department continues to lead the way in Musculoskeletal Imaging Research, receiving numerous awards, accolades, and research grants to help support Faculty.

“In 2006, we had 23 peer review publications, 17 submission/in-press, 62 research presentations, six posters, and provided 20 instructional courses.”

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The websites of different U.S. government agencies provide a wealth of information on everything from health care statistics, to emerging research, to medical device malfunctions.

**Centers for Disease Control and Prevention: www.cdc.gov**

Whether it is the Avian Flu, E. coli, or whatever disease comes next, the Centers for Disease Control is tracking it and developing a plan to help prevent its spread. Their website is a well organized source of information for patients, practitioners, and researchers.

Their site also utilizes Really Simple Syndication (RSS). This is an easy way to receive automatic updates from the Centers for Disease Control and Prevention right on your desktop or browser. RSS feeds are available for hot topics like E. coli and emergency preparedness along with many of their publications like *Morbidity and Mortality Weekly Report* and *Emerging Infectious Disease Journal*. Look for the link in the left sidebar.

**ClinicalTrials.gov: www.ClinicalTrials.gov**

ClinicalTrials.gov currently contains thousands of clinical studies sponsored by the National Institutes of Health, other U.S. government agencies, and the pharmaceutical industry.

Selecting the Listings tab will allow you to browse through trials. They are listed by condition, (alphabetically or by disease heading) by location, (there is even a map) by sponsor, or by status.

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**Librarian’s Corner**

Timothy Roberts, MLS
Medical Librarian
Kim Barrett
Memorial Library
Education Division

initiatives. In 2006, we had 23 peer review publications, 17 submission/in-press, 62 research presentations, six posters, and provided 20 Instructional Courses. Our 2005-2006 Musculoskeletal MR Fellow, **Sebastian Fung, MBBS**, received the Charles Christian Award from the HSS Alumni Association. At the 2007 ORS, AAOS and Specialty Day sessions, Dr.’s Potter and Adler were involved in nine presentations and/or instructional courses and poster presentations.

The Department is dedicated to research, and, for the first time, has a dedicated Clinical Research Coordinator, Kristi Clinco, to assist with research projects utilizing imaging. Corporate relations continue to support research projects and dedicated MR and US research fellows.

The Department is committed to Education. Carolyn M. Sofka, MD, Director of Education, oversees compliance with all Academic Training mandates including scheduled assignments for Fellows, NYPH residents, and medical students. For the current 2006-2007 academic year, we have five musculoskeletal Fellows, one of which is a dedicated MR Fellow. For the 2007-2008 academic year, we have six MSK Fellows and a dedicated MR Fellow. Resident and peer education was manifest at the 2007 NYRS Musculoskeletal Radiology Session which I moderated. Dr. Eric Bogner quizzed the attendees, and Drs. Sofka, Saboeiro, and Herzog, presented “Multi-modality Imaging” approaches to the knee, shoulder, and spine respectively, with Dr. Potter speaking on the “Future of Imaging in Orthopaedics.”

Other outreach educational initiatives include an innovative “What’s Your Diagnosis,” edited by **Eric Bogner, MD**, as a monthly addition on the HSS website. High-tech DICOM digital monitor projection systems were installed to provide state-of-the-art educational facilities for teaching in the filmless environment. The Robert H. Freiberger Academic Center and Library, under John Roberts, Academic Technology Coordinator, is archiving interesting cases selected for future teaching purposes. Similarly, the Academic Ultrasound Center, under the Ultrasound Preceptor Amy Taylor, is capturing and archiving ultrasound examinations in real time for later review. A student program for NYU’s Ultrasound Sonographers School was initiated this year with a look forward to education of the next generation of sonographers in musculoskeletal ultrasound imaging.

Many more exciting developments are happening in the Department. I invite you to read about our ongoing growth and projects, view video news reports with our physicians, see interesting cases, and learn more about some of our other achievements by visiting our website at **www.imaginghss.org**.
Selecting the Right Practice: Alumni and Trainees Connect

On January 27, HSS held a new course for residents and fellows, “From Training to Practice: Strategies for Making Effective Career Choices.” Daniel Rich, MD, Associate Director of Alumni Affairs and Course Chair, organized an impressive faculty to discuss the transition from graduate medical education to practice. David Lovett, JD, and Steven Fisher, MBA, from the American Academy of Orthopaedic Surgeons (AAOS) began the program with stimulating talks entitled “The Future of Medicine” and “Selecting the Right Practice.” Lectures covered topics such as contract elements, limiting liability, and negotiating techniques. Alumnus John F. Mendes, MD, spoke about avoiding burnout, and Alan J. Sarokhan, MD, gave an insightful talk on medical ethics.

A highlight of the course was the alumni panel discussion moderated by Anil Ranawat, MD, featuring alumni from a range of orthopaedic and musculoskeletal specialties. Sanjay Gupta, MD, James O’Holleran, MD, Kevin Trapp, MD, and Yusuf Yazici, MD, returned to HSS to join attendings Aaron Daluiski, MD, Christopher Lutz, MD, and Gregory Saboeiro, MD, for a lively question and answer session about their own practice searches. Panelists came from both academic and private practices, and several had already transitioned from their first practice. The feedback received from evaluations was extremely positive and strongly supported the course being repeated in the future—all participants felt better prepared for the transition to practice after attending the course.

If you are interested in participating in a future alumni panel, please email alumni@hss.edu or call 212.606.1823.

HSS Presents at Thai Orthopaedic Meeting

In October 2006, HSS attendings, Mathias Bostrom, MD, Douglas Padgett, MD, and Bryan Nestor, MD, traveled to Pattaya, Thailand to represent the AAOS at a combined meeting of the AAOS, Association of Southeast Asian Nations Orthopaedic Association (ASEAN-OA), the Royal College of Orthopaedic Surgeons of Thailand (RCOST), and the Thai Orthopaedic Association (TOA). The program focused on hip and knee surgery, and HSS faculty presented four days of didactic lectures and instructional courses. While at the conference, they reunited with several international alumni including, Thana Turajane, MD, Thamrongrat Keokarn, MD, and Sam Mansgirit, MD.
David W. Altcheck, MD, (1988) and Riley J. Williams, III, MD, (1997) have been appointed as team physicians for the New Jersey Nets. Dr. Williams will serve as head team physician, and Dr. Altcheck will serve as medical director.

Harlan Amstutz, MD, (Resident 1961) has been awarded the 2007 American Orthopaedic Association-Zimmer Award. This award is presented annually to recognize outstanding leadership in the advancement of the art and science of orthopaedics. The award is bestowed on an individual who has enhanced and shaped the specialty and recognizes sustained and substantial contribution and leadership to orthopaedic surgery through clinical, educational, research, or other meritorious means.

HSS residents Larry Gulletta, MD, (2008) and James Voos, MD, (2009), received awards during the OREF 2007 New York Metropolitan Area Resident Research Symposium. Dr. Gulletta received the first place award for his podium presentation entitled, “Chondrocyte Apoptosis and Necrosis Following Osteochondral Autologous Transplantation Surgery (OATS) and Lapine Model.” Dr. Voos received the third place award for his poster presentation, “Outcomes of Combined Arthroscopic Rotator Cuff and Labral Repair.”

Craig Mahoney, MD, (Fellow 2002) is Chairman of the Department of Orthopaedics at Mercy Hospital in Des Moines, Iowa.

L. Nandini Moorthy, MD, MS, FAAP, (Fellow 2003) was awarded the AF Investigator Award for “Cross-Cultural Adaptation and Preliminary Validation of a New Health Related QOL Scale.” Dr. Moorthy developed SMILEY© (Simple Measure of Impact of Lupus Erythematosus in Youngsters) from her research as an HSS fellow. She is also in the process of creating a “Pediatric Rheumatology Measure of Impact of Lupus Erythematosus in Youngsters) from her research as an HSS fellow. She is also in the process of creating a “Pediatric Rheumatology Center of Excellence” at Robert Wood Johnson Medical School, University of New Mexico School of Medicine.

Moheb S. Moneim, MD, (Fellow 1963) retired in September 2006 after 30 years as a faculty member and 16 years as Professor and Chairman of the Division of Hand Surgery in the Department of Orthopaedics and Rehabilitation at the University of New Mexico School of Medicine.

Eduardo Salvati, MD, Nigel Sharrock, MD, Geoffrey Westrich, MD, Hollis Potter, MD, Alejandro Gonzalez Della Valle, MD, and Thomas P. Sculco, MD, received the 2007 Nicholas Andry Award from the Association of Bone and Joint Surgeons. The award was granted for the paper, “Three Decades of Basic Applied and Clinical Research on Thromboembolic Disease Following Total Hip Arthroplasty.”

Steve Sharon, MD, (Fellow 2002) opened an MRI center in Staten Island, New York. He was also a speaker at the Annual Arthroscopy Association of North America Conference and was co-author on the text Orthopaedic MRI; Articular Cartilage Chapter.

William Walter, MD, (2003) was awarded a PhD in Surgery from the University of New South Wales in December 2006 for his thesis entitled “Severe Biomechanical Conditions in Total Hip Replacement.”

Hendricks Whitman, III, MD, (Fellow 1980) is Chairman of the Department of Rheumatology at Overlook Hospital in Summit, New Jersey and Director of the Rheumatology Clinic for medical residents at Morristown Memorial Hospital. He is also a physician at the HSS Outpatient Rheumatology Clinic.

William F. Donaldson, Jr., MD, (1953) received his medical degree in 1943 from the University of Pittsburgh and served as a physician in the South Pacific during World War II. Following his discharge from the U.S. Navy, he completed his orthopaedic residency in Pittsburgh and continued with a scoliosis fellowship at HSS. Upon completing his training, Dr. Donaldson returned to Pittsburgh and was active on the staff of Presbyterian University Hospital and Children’s Hospital of Pittsburgh for 40 years, where he was a pioneer and innovator in children’s spinal surgery. He was also a founding partner of Oakland Orthopaedic Associates where he practiced until his retirement from surgery and served as Medical Director of Children’s Hospital for 13 years. Dr. Donaldson was president of numerous organizations including the American Academy of Orthopaedic Surgeons, the Pittsburgh Academy of Medicine, Allegheny Medical Society, and Vice President of the American College of Surgeons. He was also recognized for his contributions to orthopaedic surgery with the William F. and Jean W. Donaldson Chair in Pediatric Orthopedic Surgery at Children’s Hospital of Pittsburgh.

Dr. Donaldson’s first love was always his family, and he orchestrated many joyful family reunions, bringing family members together from across the country for ski trips and beach vacations.

Edward Berry Leahey, Sr., MD, graduated from Georgetown Medical School in 1944 and served as a captain in the U.S. Army Medical Corps, assigned to an orthopaedic service. He continued his training in orthopaedics at Bronx Veterans Hospital, HSS, and New York State Rehabilitation Hospital. Dr. Leahey began a private surgical practice in South Nyack in 1952 and saw patients in his home office until his retirement to Dover in 1996. He was affiliated with Good Samaritan Hospital, Columbia University’s College of Physicians and Surgeons, and Nyack Hospital, where he was the founder and director of the Rehabilitation Department, (1959-1989) medical director, (1959-1959) and senior attending orthopaedist (1953-1972). Dr. Leahey’s hobbies included photography and boating, and during his retirement, he enjoyed frequent visits from his family and friends.

Francis A. Slowick, Sr., MD, (1930) passed away at the age of 105 and was the Association’s oldest living alumnus. Dr. Slowick graduated from Tufts Medical School in 1928 and completed his residency at Boston City Hospital and HSS. He maintained his practice in Pittsfield from 1934 to 1978 and was affiliated with the former St. Luke’s, Pittsfield General, Hillcrest Hospitals, and Fairview Hospital in Great Barrington. He was a fellow of the American College of Surgeons and past member of the Massachusetts and American Medical Associations. Dr. Slowick enjoyed art, reading, music, and playing golf.
Fall 2007 Professional Education Programs

HSS offers CME programs throughout the year. All courses listed below will be held in New York City. Register online at www.hss.edu/shopping. Questions? Email professionaleducation@hss.edu or call 212.606.1057.

- **Foot & Ankle Sports Injuries**
  - **Friday, September 7**
  - Target Audience: Orthopaedic Surgeons, Nurses, PAs, PTs, Physiatrists, Residents, and Fellows

- **Complex Injuries About the Shoulder & Plexus: A Multidisciplinary Approach to Treatment**
  - **Friday, November 2**
  - Target Audience: Orthopaedic Surgeons, Neurologists, Neurosurgeons, Physiatrists, Plastic Surgeons, Sports Medicine Practitioners, Occupational Therapists, Physical Therapists, Nurse Practitioners, Physician Assistants, Residents, and Fellows

- **The Third Annual Tri-City Hand Meeting: Modern Technology in the Field of Hand Surgery-How Far Have We Come?**
  - **Saturday, November 3**
  - Target Audience: Orthopaedists, Residents, and Fellows

- **Elbow, Wrist & Hand Disorders: Evaluation and Treatment**
  - Annual HSS Musculoskeletal Medicine Course for the Primary Care Physician
  - **Thursday, December 6**
  - Target Audience: Primary Care Physicians, Physiatrists, Physician Assistants, Physical Therapists, Medical Students, Residents, and Fellows

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HSS.edu presents...

**What’s the Diagnosis?**

This new feature on the Hospital for Special Surgery website, provides cases for physicians and medical students to analyze, with further information provided in successive screens. The cases are intended to demonstrate the comprehensive, collaborative care of Orthopaedics Rheumatology, Radiology and Imaging, and related services, as evidenced by the staff at HSS. A special emphasis of this feature is the careful selection of especially clear and representative images from the teaching collection of the Department of Radiology and Imaging at HSS. A new case is added at least once a month; visit www.hss.edu to view both current and archived cases.