



## PROCEDURE INSTRUCTIONS:

**MYELOGRAM**

**SPINE PROCEDURE**

Appointment Date/Time: \_\_\_\_\_

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- You will receive a pre-procedure call from Radiology Nursing Team to review your medications, medical condition, and provide instructions. \*
  - Please arrive 1 hour before scheduled procedure and use the Radiology Department Map to locate ***INTERVENTIONAL RADIOLOGY, 3<sup>rd</sup> floor of HSS Main Building.***
  - If you are scheduled under **SEDATION ANESTHESIA**, please do not eat or drink any liquids 8 hours prior to procedure time, with the exception of blood pressure, cardiac, pain medications. For **LOCAL ANESTHESIA**, (injection of Lidocaine or Xylocaine on the procedure site) you may have a light meal.
  - If you are taking any blood thinners, please follow these guidelines:**  
**Guidelines for patients on Anticoagulants/blood thinners.**  
[Patients **must** consult with their Private Medical Doctor to determine when to stop and when to restart these medications.]
    - **NSAIDs (including ASA) do not have to be stopped if you are taking only 1 tablet per day.**
    - **Plavix (Clopidogrel)** - stop intake 7 days before procedure.
    - **Ticlid (Ticlopidine)** - stop intake 14 days before procedure
    - **Coumadin (Warfarin)** - stop intake 4 -5 days prior to procedure, and **PT/INR must** be measured within 24 hours prior to procedure.
    - **LMWH (Low Molecular Weight Heparin) Lovenox**
      1. Patients on 30 mgs to 40 mgs Lovenox should stop this medication at least **10-12** hours before the procedure.
      2. Patients on higher those than 40 mgs Lovenox should stop this medication at least **24** hours before the procedure.
  - For **Myelogram patients only:** If you are taking **Welbutrin** or **Abilify**, please consult with your **prescribing physician regarding possible stopping intake of this medication as either could possibly lower seizure threshold during a Myelogram.**
  - A **responsible adult** is required to escort you to home.
  - If you have any **allergy to contrast agent (IV dye) or severe allergy to shellfish**, please contact us right away. \*
  - Patients who are pregnant or think may be pregnant, must inform your physician or us right away.\*
- \* **If you have any questions regarding your scheduled procedure, please contact from 9am to 5pm**
- **Radiology Nursing Team 212.774.7111** or
  - **Tess Leynes, Radiology Nurse Practitioner, Assistant Director, Interventional Radiology 212.774.7551**