PROCEDURE INSTRUCTIONS:

☐ MYELOGRAM ☐ SPINE PROCEDURE

Appointment Date/Time: ____________
_________________________________________________________________________________

☐ You will receive a pre-procedure call from Radiology Nursing Team to review your medications, medical condition, and provide instructions. *

☐ Please arrive 1 hour before scheduled procedure and use the Radiology Department Map to locate INTERVENTIONAL RADIOLOGY, 3rd floor of HSS Main Building.

☐ If you are scheduled under SEDATION ANESTHESIA, please do not eat or drink any liquids 8 hours prior to procedure time, with the exception of blood pressure, cardiac, pain medications. For LOCAL ANESTHESIA, (injection of Lidocaine or Xylocaine on the procedure site) you may have a light meal.

☐ If you are taking any blood thinners, please follow these guidelines:
  Guidelines for patients on Anticoagulants/blood thinners.
  [Patients must consult with their Private Medical Doctor to determine when to stop and when to restart these medications.]
  - NSAIDs (including ASA) do not have to be stopped if you are taking only 1 tablet per day.
  - Plavix (Clopidogrel) - stop intake 7 days before procedure.
  - Ticlid (Ticlopidine) - stop intake 14 days before procedure
  - Coumadin (Warfarin) - stop intake 4 - 5 days prior to procedure, and PT/INR must be measured within 24 hours prior to procedure.
  - LMWH (Low Molecular Weight Heparin) Lovenox
    1. Patients on 30 mgs to 40 mgs Lovenox should stop this medication at least 10-12 hours before the procedure.
    2. Patients on higher than 40 mgs Lovenox should stop this medication at least 24 hours before the procedure.

☐ For Myelogram patients only: If you are taking Welbutrin or Abilify, please consult with your prescribing physician regarding possible stopping intake of this medication as either could possibly lower seizure threshold during a Myelogram.

☐ A responsible adult is required to escort you to home.

☐ If you have any allergy to contrast agent (IV dye) or severe allergy to shellfish, please contact us right away. *

☐ Patients who are pregnant or think may be pregnant, must inform your physician or us right away.*

* If you have any questions regarding your scheduled procedure, please contact from 9am to 5pm
  - Radiology Nursing Team 212.774.7111 or
  - Tess Leynes, Radiology Nurse Practitioner, Assistant Director, Interventional Radiology 212.774.7551

535 East 70th Street New York, NY 10021
website: www.imaging.hss.edu or e mail: radinfo@hss.edu