



PROCEDURE INSTRUCTIONS: RADIOFREQUENCY ABLATION

Appointment Date/Time: _____

- You will receive a pre-procedure call from Radiology Nursing Team to review your medications, medical condition, and provide instructions. *
- Please arrive 1 ½ hours before scheduled procedure and use the Radiology Department Map to locate *INTERVENTIONAL RADIOLOGY, 3rd floor of HSS Main Building*.
- This procedure is normally scheduled under SEDATION ANESTHESIA with either Epidural or Spinal Anesthesia. Please do not eat or drink 8 hours prior to procedure time, with the exception of blood pressure, cardiac, pain medications.
- If you are taking any blood thinners, please follow these guidelines:
Guidelines for patients on Anticoagulants/blood thinners.

[Patients **must** consult with their Private Medical Doctor to determine when to stop and when to restart these medications.]

- **NSAIDs (including ASA) do not have to be stopped if you are taking only 1 tablet per day.**
- **Plavix (Clopidrogel)** - stop intake 7 days before procedure.
- **Ticlid (Ticlopidine)** - stop intake 14 days before procedure
- **Coumadin (Warfarin)** - stop intake 4 -5 days prior to procedure, and **PT/INR must** be measured within 24 hours prior to procedure.
- **LMWH (Low Molecular Weight Heparin) Lovenox.**
 1. Patients on 30 mgs to 40 mgs Lovenox should stop this medication at least **10-12** hours before the procedure.
 2. Patients on higher dose than 40 mgs Lovenox should stop this medication at least **24** hours before the procedure.
- A **responsible adult** is **required** to escort you to home.
- Patients who are pregnant or think may be pregnant, must inform their physician or us right away.*
- * **If you have any questions regarding your scheduled procedure, please contact us from 9am to 5pm**

- Radiology Nursing Team 212.774.7111 or
- Tess Leynes, Radiology Nurse Practitioner, Assistant Director, Interventional Radiology
212.774.7551