HOSPITAL
FOR
SPECIAL
SURGERY

535 East 70th Street
New York, NY 10021

DEPARTMENT
OF
RADIOLOGY
AND
IMAGING ®

INTERVENTIONAL RADIOLOGY

Discharge Instructions:

☐ **MYELOGRAM** ☐ **DISCOGRAM** ☐ **SPINAL INJECTIONS**

After your procedure, you may develop a headache or some mild nausea and vomiting within 24 hours of the study. On rare occasions, it may last a little longer.
Please follow these instructions:

1. Do not drive for the first 24 hours.
2. Minimize activity for 24 hours after the procedure.
3. Your diet can be the same as usual.
4. Increase fluid intake (up to 8 glasses) such as juice, soda, jello, soup or tea. Avoid alcoholic beverages for 24 hours.
5. Call us using the contact numbers below if you have any of these symptoms:
   a. severe dizziness
   b. difficulty standing
   c. excessive vomiting
   d. persistent headache or stiff neck
   e. fever or chills
   f. numbness or tingling in your affected extremity

6. If you have any other questions or if the above symptoms persist, please call:

Radiology Nurse -	Monday – Friday 8:00am to 5:00pm 212.774.7111
Radiology Fellow "On Call" -	Monday- Friday – 5:00pm to 8:00am Weekends & Holidays – 24 hours 212.606.1188 and ask for the Radiology Fellow "On Call"

7. Should your symptoms become more severe, go to the nearest hospital emergency room.

8. Medication prescribed for you after this test, if needed:

_____

9. Special Instructions: _____

_____MD
Physician Signature

I hereby accept, understand and can repeat these instructions.

_____
Patient Signature

DATE: _____

_____
RN / PA / NP Signature