INTERVENTIONAL RADIOLOGY

Discharge Instructions:

☐ MYELOGRAM    ☐ DISCOGRAM    ☐ SPINAL INJECTIONS

After your procedure, you may develop a headache or some mild nausea and vomiting within 24 hours of the study. On rare occasions, it may last a little longer.

Please follow these instructions:

1. Do not drive for the first 24 hours.
2. Minimize activity for 24 hours after the procedure.
3. Your diet can be the same as usual.
4. Increase fluid intake (up to 8 glasses) such as juice, soda, jello, soup or tea. Avoid alcoholic beverages for 24 hours.
5. Call us using the contact numbers below if you have any of these symptoms:
   a. severe dizziness
   b. difficulty standing
   c. excessive vomiting
   d. persistent headache or stiff neck
   e. fever or chills
   f. numbness or tingling in your affected extremity
6. If you have any other questions or if the above symptoms persist, please call:

   Radiology Nurse - Monday – Friday 8:00am to 5:00pm
   212.774.7111

   Radiology Fellow “On Call” - Monday- Friday – 5:00pm to 8:00am
   Weekends & Holidays – 24 hours
   212.606.1188 and ask for the Radiology Fellow “On Call”

7. Should your symptoms become more severe, go to the nearest hospital emergency room.

8. Medication prescribed for you after this test, if needed:
   ___________________________________________________________________

9. Special Instructions: ________________________________________________

   ___________________________ MD
   Physician Signature

I hereby accept, understand and can repeat these instructions.

______________________________
Patient Signature

DATE: _____________________

______________________________
RN / PA / NP Signature