

**HOSPITAL FOR SPECIAL SURGERY
DEPARTMENT OF RADIOLOGY & IMAGING**

PROCEDURE INSTRUCTIONS: DISCOGRAM

Appointment Date/Time: _____

- You will receive a pre-procedure call from Radiology Nursing Team to review your medications, medical condition, and provide instructions. *
- Please arrive 1 hour before scheduled procedure and use the Radiology Department Map to locate *INTERVENTIONAL RADIOLOGY, 3rd floor of HSS Main Building.*
- If you are scheduled under SEDATION ANESTHESIA, please do not eat or drink 8 hours prior to procedure time, with the exception of blood pressure, cardiac, pain medications with sip of water. For LOCAL ANESTHESIA, (injection of Lidocaine or Xylocaine on the procedure site) you may have a light meal.
- If you are taking any blood thinners, please follow these guidelines:
Guidelines for patients on Anticoagulants/blood thinners.
[Patients **must** consult with their Private Medical Doctor to determine when to stop and when to restart these medications.]
 - NSAIDs (including ASA) do not have to be stopped if you are taking only 1 tablet per day.
 - Plavix (Clopidrogel) - stop intake 7 days before procedure. .
 - Ticlid (Ticlopidine) - stop intake 14 days before procedure.
 - Coumadin (Warfarin) - stop intake 4 -5 days prior to procedure, and PT/INR **must** be measured within 24 hours prior to procedure.
 - LMWH (Low Molecular Weight Heparin) **Lovenox.**
 1. Patients on 30 mgs to 40 mgs Lovenox should stop this medication at least **10-12** hours before the procedure.
 2. Patients on higher those than 40 mgs Lovenox should stop this medication at least **24** hours before the procedure.
- A **responsible adult** is required to escort you to home.
- If you have any **allergies to contrast agent (IV dye) or severe allergy to shellfish**, please contact us right away. *
- Patients who are pregnant or think may be pregnant, must inform their physician or us right away.*

***If you have any questions regarding your scheduled procedure, please contact us from 9am to 5pm**

- Radiology Nursing Team 212.774.7111 or
- Tess Leynes, Radiology Nurse Practitioner, Assistant Director, Interventional Radiology
212.774.7551

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