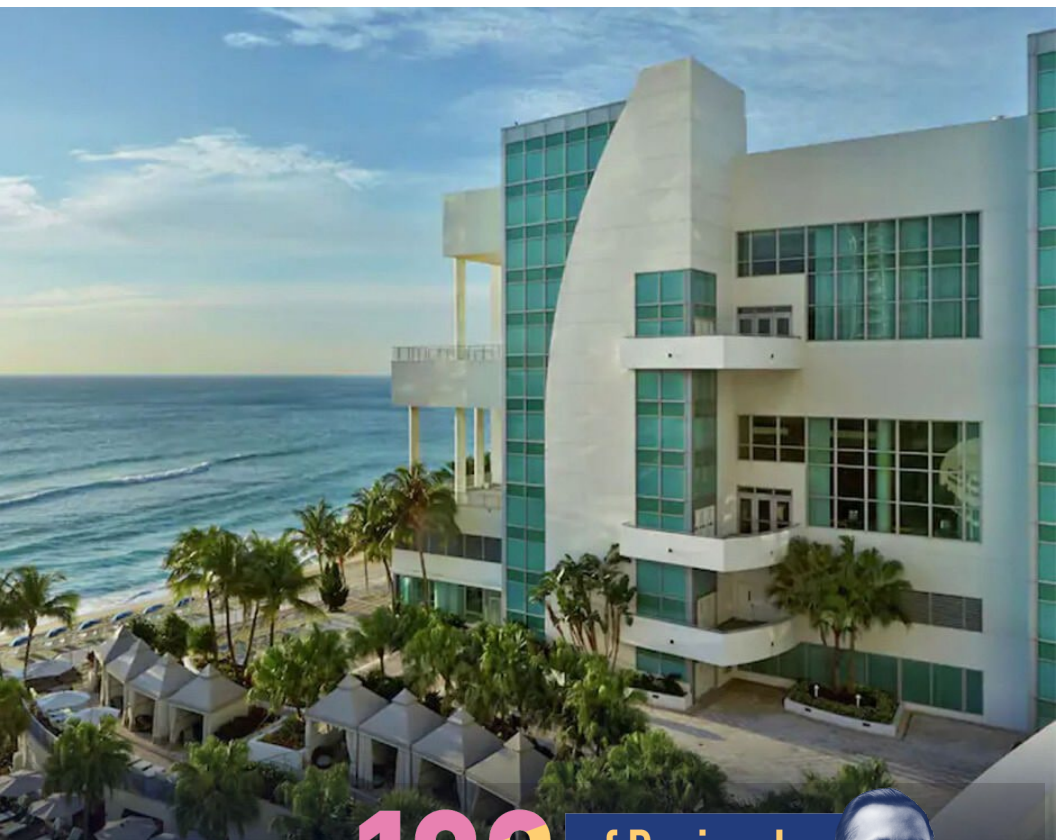


# HSS

## HSS at the 48<sup>th</sup> Annual Regional Anesthesia and Acute Pain Medicine Meeting



100  
YEARS

of Regional  
Anesthesia &  
Pain Medicine



Louis  
Gaston  
Labat  
founder  
1923

April 20-22, 2023  
The Diplomat Beach Resort  
Hollywood, Florida

## ASRA 2023

This year, the Department of Anesthesiology, Critical Care & Pain Management is thrilled to have our very own Dr. Stephen Haskins Chair the 48<sup>th</sup> Annual Regional Anesthesia & Acute Pain Medicine Meeting taking place in sunny Hollywood, Florida! This is a very special year for ASRA as we are celebrating the 100<sup>th</sup> Anniversary of the founding of the original American Society of Regional Anesthesia in 1923 by Dr. Gaston Labat and his colleagues.



**Stephen Haskins, MD**  
ASRA2023 Program Chair

Dr. Haskins has put together an impressive program, with the assistance of the other Members of the Meeting Planning Committee, which included



**Nigel Sharrock, MB ChB (right)**  
2017 Labat Award Recipient

Mary Hargett. In addition, Dr. Haskins, Mary Hargett, and the other 100<sup>th</sup> Anniversary Task Force Members have created several commemorative events and materials highlighting a century of innovation and leadership that will be featured throughout the meeting. We are also very honored that Dr. Nigel Sharrock will be featured during the ASRA Saturday Night Dinner and Celebration. He was the recipient of the prestigious Labat

Award in 2017 for his pioneering achievements in regional anesthesiology.

We have created this booklet that lists the presentations and workshops by our HSS faculty and research staff. **As information is subject to change, please be sure to visit the ASRA website for the updated program schedule and details about presentations and events.**

Enjoy the meeting!

# Day 1: Thursday, April 20<sup>th</sup>, 2023

**6:30a – 7:45a** **RAPM Editorial Board Meeting (invitation only)** - *South Tower Room 312-313C*

**7:45a – 8:15a** **Welcome and Opening Address** - *Great Hall 4*  
Meeting Chair: **Dr. Stephen Haskins**

**8:15a – 9:45a\*** **Spec-01 Special Session** - *Great Hall 4*  
Physician Mental Health, Wellness, and Burnout  
Moderator: **Stephen Haskins, MD**

**MP-01a POSTER SESSION\*** - *South Tower Room 212-213*

**WS-01 Hands on Ultrasound Workshop** – *Diplomat Ballroom 1*  
POCUS Station- DVT  
Faculty: **Christopher Wu, MD**

**WS-02 Hands on Ultrasound Workshop** – *Diplomat Ballroom 2*  
POCUS Station – Hypovolemia  
Faculty: **Carrie Guheen, MD**

**10a – 12p** **MP-02b POSTER SESSION\*** - *South Tower Room 214*

**11:25a – 11:45a** **RC-01 Refresher Course** - *Great Hall 4*  
The Elderly Hip Fracture Patient: What Are Best Practices Given Conflicting Literature  
Speaker: **Stavros G. Memtsoudis, MD, PhD, MBA**

**12:15p - 1:15p** **Problem-Based Learning Discussion Lunches** - *Great Hall 5*  
(open to all, \$90, lunch included)

- **PBLD-08** Point-of-Care Ultrasound – Its Role in LAST  
Speaker: **Oliver Panzer, MD**
- **PBLD-10** Global Health Work – How Do I Get Started?  
Speaker: **Swetha Pakala, MD**
- **PBLD-18** Contract Negotiation Tips with Your Group and Hospital  
Speaker: **Gregory Liguori, MD**
- **PBLD-19** RA in Trauma - When to Avoid or Pursue the Block?  
Speaker: **Christopher Wu, MD**

**1:30p – 3:30p** **WS-05 Hands on Ultrasound Workshop** – *Diplomat Ballroom 1*  
POCUS Station – DVT Faculty: **Swetha Pakala, MD;** Associate Faculty: **Mandip Kalsi, MD**

**MP-03a POSTER SESSION\*** - *South Tower Room 212-213*

**3:45p – 5:15p** **WS-05 Hands on Ultrasound Workshop** – *Diplomat Ballroom 1*  
POCUS Station – Lung US Faculty: **Meghan Kirksey, MD, PhD**

**7:00p** **HSS Dinner and Reception** (by invitation)  
**GG's Waterfront** - *see back of booklet for address*

## Day 2: Friday, April 21<sup>st</sup>, 2023

**8:00a – 9:30a**      **WS-10 Hands on Ultrasound Workshop – Diplomat Ballroom 2**  
POCUS Station – Hypovolemia [Faculty: Daniel Maalouf, MD; M. Singleton, MD](#)

**MP-05b POSTER SESSION\*** - *South Tower Room 214*

**10:15a – 12:15p**      **WS-11 Hands on Ultrasound Workshop – Diplomat Ballroom 1**  
POCUS Station – DVT [Faculty: Jacques Ya Deau, MD, PhD](#)

**10:15a – 12:15p**      **WS-12 Interactive Demonstration Workshop – Diplomat Ballroom 2**  
Complimentary Acupuncture & Hypnosis Medicine Workshop  
[Lead: Stephanie Cheng, MD; Faculty: Meghan Kirksey, MD, PhD](#)  
[Associate Faculty: Chris Li, MD](#)

**MP-06b POSTER SESSION\*** - *South Tower Room 214*

**10:35a - 10:55a**      **PS-02a Parallel Session - Great Hall 4**  
Regional Anesthesia and Pain Medicine in Global Health Initiatives  
[Speaker: Swetha Pakala, MD](#)

**2:15p – 3:45p**      **WS-13 Hands on Ultrasound Workshop – Diplomat Ballroom 1**  
Focused Cardiac Ultrasound for the Regional and Obstetric Anesthesiologist  
[Faculty: Chris Tanaka, MD; Michael Singleton, MD](#)  
**WS-14 Hands on Ultrasound Workshop – Diplomat Ballroom 2**  
Blocks for Spine Surgery [Lead: Carrie Guheen, MD](#)

**2:20p – 2:40p**      **PS-03b Parallel Session - Great Hall 5**  
The role of genetics and Inflammatory Markers in Acute and Chronic Pain  
[Speaker: Meghan Kirksey, MD, PhD](#)

**2:40p – 3:00p**      **PS-03a Parallel Session\* - Great Hall 4**  
The Business Case for Diversity, Equity, and Inclusion (DEI):  
Organizational/Developmental Sustainability and Wellness  
Through DEI [Speaker: Jillian Rose, PhD](#)

**PS-03b Parallel Session - Great Hall 5**  
Analgesia Nociception Index (ANI): Can We Quantify Pain in Real-Time During Surgery?  
[Speaker: Oliver Panzer, MD](#)

**4:35p – 4:50p**      **PS-04a Parallel Session - Great Hall 4**  
Acupuncture for Acute Pain: What's the Evidence, How Does it Work, and How Do I Start?  
[Speaker: Stephanie Cheng, MD](#)

**4:50p – 5:05p**      **PS-04a Parallel Session - Great Hall 4**  
Hypnosis, Meditation, and Relaxation for Pain: What's the Data and When Should I Use it?  
[Speaker: Meghan Kirksey, MD, PhD](#)

## Day 3: Saturday, April 22<sup>nd</sup>, 2023

- 6:45a-7:30a**      **RA/APM Fellowship Directors Meeting** (current Fellowship Directors and Group Founding Members only) [Moderators: Greg Liguori, MD & Mary Hargett](#)
- 8:00a-8:15a**      **PS-05b Parallel Session – Great Hall 5**  
ASRA Pain Medicine History: A Journey Through the Decades  
The First 50 years  
[Speaker: Gregory Liguori, MD](#)
- 8:30a-8:45a**      The 1980s  
[Speaker: Nigel Sharrock, MB ChB](#)
- 8:00a-11:45**      **WS-18 Resident/Fellow comprehensive Workshop – Diplomat Ballroom 2**  
Plan A Blocks  
[Faculty: Chris Tanaka, MD](#)
- 8:00a – 9:30a**      **MP-09b POSTER SESSION\* - South Tower Room 214**
- 8:35a – 8:50a**      **PS-05a Parallel Session Practice Management Session – Great Hall 4**  
What to Do When You Have a Complication  
[Speaker: Carrie Guheen, MD](#)
- 9:30a – 10:15a**      **EXP-07 POSTER SESSION\***
- 10:20a - 10:40a**      **Spec-04: Special Session – Great Hall 5**  
Advocacy and Policy: Why and How to Make your Voice Heard  
The Role of the Regional Anesthesiologist as a Political Advocate for Legislative Reform  
[Speaker: Ansara Vaz, MD](#)
- 1:45p – 1:50p**      **PS-06a POSTER SESSION\* - President Choice\*\* - Great Hall 4**
- 1:45p – 3:15p**      **MP-11b POSTER SESSION\* - South Tower Room 214**
- 1:45p – 3:45p**      **WS-20 Interactive Workshop – Diplomat Ballroom 1**  
Simulation Crisis Management for the Regional Anesthesiologist  
[Faculty: Oliver Panzer, MD](#)  
[Associate Faculty: Mandip Kalsi, MD; Chris Tanaka, MD](#)
- WS-21 Interactive Special Workshop – Diplomat Ballroom 2**  
The Art of Regional Anesthesia Surface Anatomy, Back to Basics  
[Faculty: Daniel Maalouf, MD](#)
- 2:20p – 2:35p**      **PS-05a Parallel Session – Great Hall 4**  
Why are Diversity and Inclusion Important in Regional Anesthesia and Pain Medicine?  
Disparities in Obstetric Anesthesia Care: What Are They, and How Can They Improve?  
[Speaker: Uchenna Umeh, MD](#)
- 3:30p – 5:00p**      **MP-12a POSTER SESSION\* - South Tower Room 212-213**
- 6:00p**              **100 Year ASRA Celebration** - (There are 3 HSS Tables which are now full; inquire at ASRA website or meeting for any available tickets for purchase)

# Poster Presentations\*

## Day 1: Thursday, April 20<sup>th</sup>, 2023

### MP-01a - Thu., April 20, 8:15-9:45am

- "PILOT STUDY OF FELLOW-DRIVEN REGIONAL ANESTHESIOLOGY CURRICULUM FOR MEDICAL STUDENTS UTILIZING THE FLIPPED CLASSROOM MODEL"

Authors: Max Zhukovsky, Mandip Kalsi, Mary Hargett, Niharika Thakkar

### MP-02b - Thu., April 20, 10:00am-12:00pm

- "GENDER, RACIAL AND ETHNIC REPRESENTATION IN REGIONAL ANESTHESIOLOGY CLINICAL TRIALS: A SYSTEMATIC REVIEW FROM 2010 TO 2020"

Authors: Uchenna Umeh, Shivani Mehta, David Kozuch, Caeley Gullett, Navdeep Singh, Bridget Jivanelli, Lisa Doan

- "DEVELOPMENT OF A NEEDS ASSESSMENT FOR POINT-OF-CARE ULTRASOUND CURRICULUM IN LIMITED RESOURCE SETTING"

Authors: Lucia Lee, Erica Tafuro, Swetha Pakala, Niharika Thakkar

### MP-03a - Thu., April 20, 1:30-3:30pm

- "ENHANCED RECOVERY AFTER SURGERY UTILIZATION AMONG VARIOUS RACIAL POPULATIONS -- A RETROSPECTIVE COHORT TREND ANALYSIS"

Authors: Michael Reynolds, Haoyan Zhong, Christopher Wu, Alex Illescas, Crispiana Cozowicz, Jashvant Poeran, Stavros Memtsoudis, Jiabin Liu

- "ANESTHESIA PRACTICE AMONG JOINT ARTHROPLASTY PATIENTS WITH A PREVIOUS LUMBAR SPINE SURGERY"

Authors: Alex Illescas, Haoyan Zhong, Jiabin Liu, Crispiana Cozowicz, Jashvant Poeran, Stavros Memtsoudis

- "STAGED VERSUS SIMULTANEOUS CERVICAL AND LUMBAR FUSIONS: A NATIONWIDE COMPARATIVE STUDY"

Authors: Alex Illescas, Jashvant Poeran, Haoyan Zhong, Jiabin Liu, Crispiana Cozowicz, Federico Girardi, Stavros Memtsoudis

- "THE IMPACT OF MULTIMODAL ANALGESIA IN CORONARY ARTERY BYPASS GRAFT SURGERY: A POPULATION-BASED ANALYSIS"

Authors: Crispiana Cozowicz, Haoyan Zhong, Jashvant Poeran, Alex Illescas, Lazaros Poultsides, Vassilis Athanassoglou, Stavros Memtsoudis

- "COMPARATIVE OUTCOMES AFTER KNEE ARTHROSCOPY UNDER CHLOROPROCAINE VS. MEPIVACAINE SPINALS; A RETROSPECTIVE STUDY"

Authors: Abigail Kerson, Elaine Yang, Sarah Ortolan

## Day 2: Friday, April 21<sup>st</sup>, 2023

### MP-05b - Fri., April 21, 8:00-9:30am

- "THE IMPACT OF SUGAMMADEX AND NEOSTIGMINE ON POSTOPERATIVE OUTCOME IN TOTAL JOINT ARTHROPLASTY SURGERY"

Authors: Crispiana Cozowicz, Haoyan Zhong, Jashvant Poeran, Alex Illescas, Jiabin Liu, Lazaros Poultsides, Vassilis Athanassoglou, Stavros Memtsoudis

- "BIBLIOMETRIC ANALYSIS OF THE TOP 100 MOST-CITED PAPERS IN ACUTE PAIN, PERIOPERATIVE PAIN, AND POSTOPERATIVE PAIN FROM 2000 TO 2022"

Authors: Julia F. Reichel, Miriam Sheetz, Marko Popovic, Pa Thor, Alex Illescas, Justas Lauzadis

# Poster Presentations continued\*

## Day 2: Friday, April 21<sup>st</sup>, 2023, continued

### **MP-06a – Fri., April 21, 10:15-11:45am**

- “INTRAOPERATIVE ACUPUNCTURE FOR NOSOCOMEFOBIA: THE UNSEEN PATIENT”  
[Authors: Andrew Moreno, Stephanie Cheng](#)

### **MP-06b – Fri., April 21, 10:15-11:45am**

- “USE OF GLOBAL ASSESSMENT MEASURES IN CLINICAL TRIALS OF CHRONIC PAIN: ACTION SYSTEMATIC REVIEW AND CONSIDERATIONS”  
[Authors: Dale Langford, Remington Park, Fallon France, Mahd Nishtar, Meghan Park, Sonia Sharma, Philip Conaghan, Thomas Schnitzer, Dennis Turk, Robert Dworkin, Jennifer Gewandter](#)

## Day 3: Saturday, April 22<sup>nd</sup>, 2023

### **MP-09b – Sat., April 22, 8:00-9:30am**

- “POINT-OF-CARE ULTRASOUND TO DIAGNOSE AND MANAGE INTRAOPERATIVE PULMONARY EMBOLISM IN A PATIENT UNDERGOING TOTAL KNEE ARTHROPLASTY”  
[Authors: Prashant Rao, Priscilla Huang, William Qiao, Oliver Panzer](#)

### **EXP-07 – Sat., April 22, 9:30-9:45am**

- “DR. NIGEL SHARROCK: FATHER OF THE MODERN-DAY PRACTICE AT HOSPITAL FOR SPECIAL SURGERY” [Authors: Mary Hargett and George Go](#)

### **EXP-07 – Sat., April 22, 9:45-10:00am**

- AN ASSESSMENT ON THE EDUCATIONAL VALUE OF AN USRA CADAVER LAB CURRICULUM FOR RA/APM FELLOWS [Authors: Christopher A. DiMeo, David H. Kim, Douglas Wetmore, Marko Popovic, George Go, Mary Hargett](#)

### **EXP-07 – Sat., April 22, 10:00-10:15am**

- “HISTORY OF THE ANESTHESIOLOGY DEPARTMENT AT HOSPITAL FOR SPECIAL SURGERY: MILESTONES DURING THE FIRST 100 YEARS 1887 – 1986”  
[Authors: Mary Hargett, George Go, Randolph Hawke, Pamela Kerns, Bridget Jivanelli](#)

### **PS-06a – Sat., April 22, 1:45-1:50pm – President Choice\*\***

- “DOES THE IMPACT OF PERIPHERAL NERVE BLOCKS VARY BY AGE AND COMORBIDITY SUBGROUPS? A NATIONWIDE POPULATION-BASED STUDY”  
[Authors: Haoyan Zhong, Marko Popovic, Jashvant Poeran, Crispiana Cozowicz, Alex Illescas, Jiabin Liu, Stavros Mentsoudis](#)

### **MP-11b – Sat., April 22, 1:45-3:15pm**

- “OPTIMIZATION OF A TOTAL HIP ARTHROPLASTY PATIENT WITH PULMONARY HYPERTENSION FOR COMBINED SPINAL-EPIDURAL ANESTHESIA”  
[Author: Christopher Li, MD](#)

### **MP-12a – Sat., April 22, 3:30-5:00pm**

- “MIDCAB (MID-CALF BLOCK) FOR FOOT AND ANKLE SURGERY: A PILOT STUDY”  
[Authors: Marko Popovic, Alex Illescas, Pa Thor, Jacques Ya Deau, Constantine Demetracopoulos, Scott Ellis, Vincent LaSala, Matthew Roberts, Anne Johnson, Mark Drakos, Enrique Goytizolo](#)

## The Diplomat Resort (Thursday- Saturday)



The venue for the main meeting from April 20-22, 2023 in The Diplomat Resort, located at 3555 South Ocean Drive, Hollywood, FL 33019. The resort phone number is (954)-602-6000

## GG's Waterfront (Thursday evening)



The "HSS Reception and Dinner" will take place on Thursday evening, April 20<sup>th</sup>, starting at 7pm at GG's Waterfront, located at 606 N. Ocean Drive in Hollywood, FL. For any questions, please reach out to Mary Hargett [hargettm@hss.edu](mailto:hargettm@hss.edu). The restaurant's phone number is (954) 929 - 7030.

## 100 Years of Regional Anesthesia Celebration (Saturday evening)



ASRA will be hosting a special celebration in honor of the ASRA Pain Medicine Centennial with an opportunity to recognize past presidents and Labat Award winners. The year's event will be held at the Diplomat Terrace and features a sit-down dinner.